



Armagh to Downpatrick, Northern Ireland

PILGRIM'S GUIDE

Walk in the footsteps of Saint Patrick



aint Patrick's Statue, Slieve Patric

Saint Patrick's Way: The Pilgrim Walk



Saint Patrick's life, legacy and landscape

Saint Patrick, the missionary who brought Christianity to Ireland, was born around AD 400, near the west coast of Roman Britain. Brought to Ireland as a slave around age 16, he tended animals, possibly on Slemish Mountain in County Antrim.

After escaping his captors and travelling to England and France, he studied to become a cleric, and eventually became Bishop. Patrick returned to Ireland in AD 432 as a missionary, believing he had been called by the angel Victoricus.

Saint Patrick brought his boat ashore on Stranaford Lough in County Down. at the mouth of the River Slaney near Downpatrick. He went on to establish Ireland's first Christian church in AD 432, in the barn of a local chieftain at Saul near Downpatrick.

His name and legacy are linked to many spiritual sites in County Down, and Patrick also died in this county. His final resting place is beside Down Cathedral in Downpatrick. Saint Patrick's link with Armagh is equally significant. During his mission, Patrick travelled around Ireland. converting thousands of pagans and baptising royal chieftains. At this time, Ireland was ruled by tribal chiefs. The Ulaid was one of the kingdoms in the north of the country. Its capital was Emain Macha, or Navan. close to Armaah.

Following negotiations with a local chieftain, Daire, Patrick was given a site on the hill at Armagh, where he built his church. The present-day Church of Ireland cathedral stands in this sacred spot. Patrick established Armagh as a great seat of Christian learning, and today it remains the ecclesiastical centre of Ireland.

I bind unto myself today The virtues of the starlit heaven, The glorious sun's life-giving ray, The whiteness of the moon at even, The flashing of the lightning free, The whirling wind's tempestuous shocks, The stable earth, the deep salt sea, Around the old eternal rocks.

Saint Patrick's Breastplate (The old lyrics of this traditional hymn have been attributed to Saint Patrick, and interpreted as a call for protection on a symbolic journey.)

Saint Patrick's Wau **The Pilgrim Walk**



Walk in the footsteps of Saint Patrick

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Saint Patrick's Way: The Pilgrim's Walk is a 132km (82 mile) trail connecting Armagh and Downpatrick as the two locations on the island of Ireland most closely related to Saint Patrick. Saint Patrick's Way is suitable for leisure walking and pilgrimages. The Walk begins at the Navan Centre outside Armagh City, winding through beautiful landscapes and historic cities, to end at Saint Patrick's final resting place at Down Cathedral in Downpatrick.

Pick up a Pilgrim's Passport at any of the Visitor Information Centres in the area. Stamp it at the 10 locations along the route, as a souvenir of your journey. When you show your completed Passport at The Saint Patrick Centre in Downpatrick, you receive a Certificate of Achievement.

The Pilgrim's Walk takes between 6 -10 days, depending on your pace. While the Walk is signposted and divided into manageable sections, as detailed here, it is recommended that you accompany this information with Ordnance Survey maps, available from Visitor Information Centres.



Get your Pilgrim's Passport stamped at all 10 locations along the route.





Every day is different

Country

The route covers varied topography, from rolling hills to canal towpaths. Every day offers different views and terrain, with a combination of off- and on-road trails. With plenty to do and see along the way, there are many cafés. restaurants and picnic sites for refuelling.

Armagh, the spiritual centre of Ireland and its oldest city is the starting point for exploring Saint Patrick's life and legacy. Fittingly called the 'Orchard County', Armagh has 4,000 acres of apple orchards. Beautiful pink blossom adorns the trees in May at the start of apple season. Saint Patrick

himself planted an apple tree at Ceangoba, an ancient settlement east of Armagh.

The Pilgrim's Walk leads you through Armagh and Down's rural, industrial and linen heritage, via canal towpath to the historic city of Newry.

The Walk takes a scenic route through the stunning Mourne Mountains, through beautiful forest to the seaside town of Newcastle. From here, the Walk travels through the untamed landscape of Murlough Bay Nature Reserve, by Dundrum Castle, Tyrella Beach and finally to Downpatrick.

Armagh & City Tour 5km/1 Dav

(B) Armagh to Scarva 20km/1 Day

(C) Scarva to Newry 20km/1 Day

(D) Newry to Rostrevor 15km/1 Dav

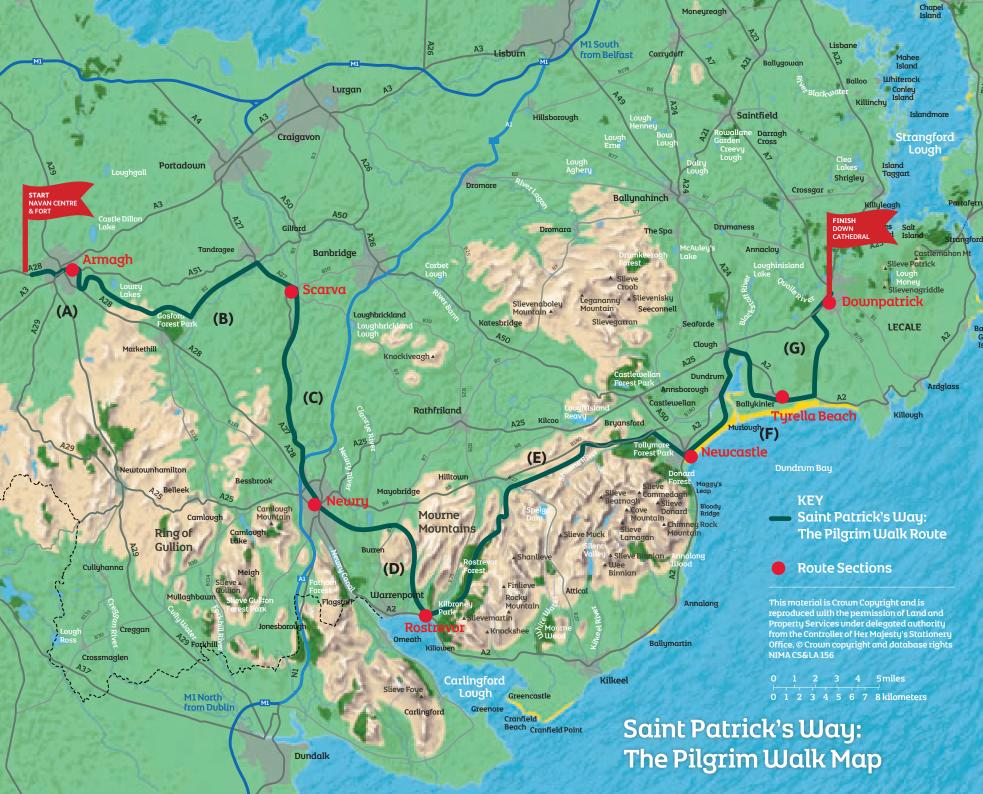
(E) Rostrevor to Newcastle 38km/2-3 Days

(F) Newcastle to Tyrella 18km/1 Day

(G) Tyrella to Downpatrick 16km/1 Day

All distances are approximate.

4 Saint Patrick's Way







Alan Graham

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Founder of the Saint Patrick's Way

How did I get the idea of an Irish Pilgrimage route?

"Well it goes back many years, after I read the exploits of the famous Irish explorer Sir Ernest Shackleton on his adventures in the Antarctic, in particular his epic journey from Elephant Island to South Georgia, in which he saved his men from certain death. The words that had a big impression on me. were how Shackleton described his inner feelings, that he was not alone. he knew there was another invisible force encouraging him to save his men. As I have been on many Arctic and Alpine exhibitions, I could

understand what Sir Ernest Shackleton meant, and how hardship on a long walk can develop your personality and spirituality.

When I was walking the Camino de Santiago I was lying in my bunk wide awake due to the noise of my fellow pilgrims and it came to me as if from that voice that Shackleton heard, why not develop a pilgrimage route for Saint Patrick?

I thought Saint Patrick should be honoured with a pilgrim route in his name. I asked many pilgrims en route and they encouraged

me to pursue the project. When I got home, I started to plan the route of the Pilgrimage. I looked to Armagh as the starting point. Saint Patrick had made Armagh the most important site for religion in Ireland and as he is buried in Downpatrick it was obvious to me that this would be the initial route for the walk. I did investigate another route from Croagh Patrick in County Mayo to Armagh, but it would need a lot of work to make it happen perhaps someday it will be a great coast to coast route across the Island. What has been developed is a wonderful pilgrim route with many variations of countryside from rural country lanes to canal

towpaths, over hills and wild places, reaching as far as the sea.

Saint Patrick's Way is a walk of many colours, feelings and memories to cherish. It is ideal for those who want to have the experience of nature and time to themselves."

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ALAN GRAHAM

Navan Centre to Armagh (A) 1 Day

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5km

Your journey begins in County Armagh, at the Navan Centre and the ancient city of Armagh.

The area is important archaeologically, with 7,500 years of history discovered here. Earthworks, settlement sites and sacred places have revealed many buried remains.

As Emain Macha, Navan Fort was the ancient seat of Kings and earliest capital of Ulster.

Saint Patrick is thought to have healed a local chieftain, Daire, who then gave him the site on the hill in Armagh to build his church. In Ard Macha, or Armagh, Saint Patrick established the city as a great seat of Christianity, as it remains today, and the city grew around his church. The sacred site on the hilltop is known as Sally Hill, from the Old Irish "Druim Saileach".

Brian Boru, last High King of Ireland came to Navan around 1005. In Armagh, a plaque marks the area beside St Patrick's Church of Ireland Cathedral where he was buried in 1014.

Armagh is the seat of the Primate of All Ireland for both the Roman Catholic Church and the Church of Ireland. The city is rich in elegant architecture and fascinating Christian heritage. The tree-lined Mall, Georgian streets and heritage sites are all must see.



Download the free 'Armagh Cathedrals' app on Apple or Android and take a self-guided tour



Armagh to Scarva (B) 1 Day

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Moving out of Armagh City, you can see the range of mountains ahead and you get a vivid sense of the challenges to come and the prize that lies beyond, when your pilgrimage is complete.

From Armagh, the countryside is scenic, passing Lowry Lakes then Gosford Forest, then on towards Tandragee. The destination for this section of the Walk is Scarva, with its award-winning floral displays and canal paths, close to the town of Banbridge. Scarva Cycle Hire offers a range of bicycle hire options for adults and children (seasonal opening).

The area offers brisk cycle routes and historical trails which trace the history of Newry Canal. Explore the charm and beauty of the local area with 20 miles of leisurely traffic free, family friendly trails.

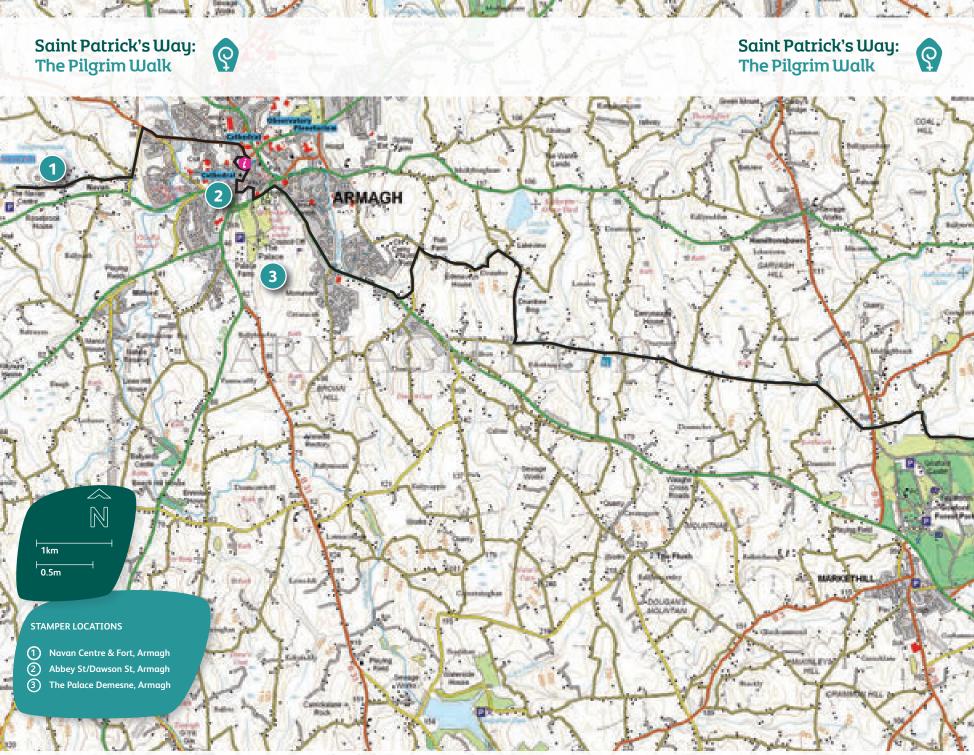
Banbridge is only a short distance from Scarva, and worth the detour. Proximity to the River Bann helped develop the linen industry in the area, and the town still flourishes. It's a friendly place with excellent visitor facilities. The Crozier Monument in Banbridge celebrates the town's most famous citizen - Captain Crozier of the North West Passage. Four polar bears look up at Crozier, who faces north-west.

20km

You'll find great shopping in the town centre, with many family-run stores and high street favourites, as well as cafés, restaurants and a Visitor Information Centre.

Come and visit the F.E. McWilliam Gallery and Studio, located one mile from Banbridge Town Centre. The F.E. McWilliam Gallery and Studio is dedicated to the memory of Banbridge-born sculptor Frederick Edward McWilliam, one of Ireland's most influential and successful artists.

Frederick Edward McWilliam was born in Banbridge on the 30th April 1909. He died in London in 1992 and the executors of his estate donated the sculptor's studio and its contents to the town of his birth. The gallery and studio houses the collection in a superb exhibition facility of gallery, garden and reconstructed studio. The Gallery hosts four significant exhibitions per year as well as seasonal displays in the Sculpture Garden. It also provides a Visitor Information Centre, Café and Craft Shop.



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Saint Patrick's Way 17

Sandy Hill

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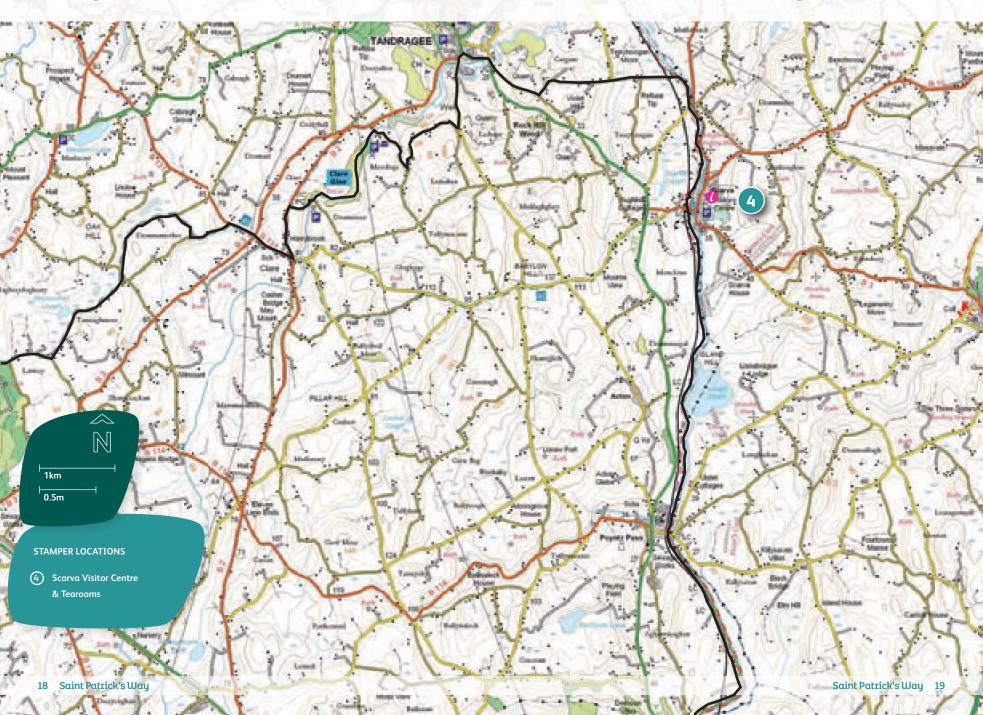
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Saint Patrick's Way: The Pilgrim Walk

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Saint Patrick's Way: The Pilgrim Walk

VARIATIONS See & Do Navan Centre to Armagh to Scarva

Saint Patrick's Cathedral

[Roman Catholic] **Cathedral Road** Armagh BT61 7QX T: 028 3752 2813 armaghparish.net

Saint Patrick's Cathedral

[Church of Ireland] Cathedral Close Armagh BT61 7EE T: 028 3752 3142 stpatricks-cathedral.org

The Navan Centre

81 Killylea Road Armagh BT60 4LD T: 028 3752 9644 navan.com

Armagh Planetarium

College Hill Armaah BT61 9DB T: 028 3752 3689 armaghplanet.com

Armagh Public Library

43 Abbey Street Armagh BT61 7DY T: 028 3752 3142 armaghpubliclibrary.arm. ac.uk

No 5 Vicars' Hill

No 5 Vicar's Hill Armagh BT61 7ED T: 028 3752 3142 armaghpubliclibrary.arm. ac.uk

Royal Irish Fusiliers

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Museum Sovereign's House The Mall Armagh BT61 9DL T: 028 3752 2911 royalirishfusiliersmuseum. com

Armagh County

Museum The Mall East Armagh BT61 9BE T: 028 3752 3070 armagh.co.uk/ armaghcountymuseum

Cardinal Thomas

O'Fiaich Memorial Library

15 Moy Road Armagh BT61 7LY T: 028 3752 2981 ofiaich.ie

Armaah

College Hill Armagh BT61 9DG T: 028 3752 2928 star.arm.ac.uk & climate.arm.ac.uk

Irish and Local Studies Library

39c Abbey Street Armagh BT61 7EB T: 028 3752 7851 librariesni.org.uk

Craftswirl & Visitor Information Centre

PLEASE CHECK FOR OPENING **HOURS & SEASONAL**

40 English Street Armaah BT61 7BA T: 028 3752 1800 armagh.co.uk

Milford House Collections

3 Victoria Street Armagh BT61 3DS T: 028 3752 5467 milfordhouse.org.uk

William McCrum Park - Home of **Penalty Kick**

Milford Village T: 028 3752 5467 milfordhouse.org.uk

Tavto Factory

The Square Tandragee BT62 2AB T: 028 3884 0249 tayto.com

The Market Place

Theatre Market Street Armaah BT61 7BW T: 028 3752 1821 marketplacearmagh.com

Gosford Forest Park Markethill

7 Gosford Demesne Markethill BT60 1UD T: 028 3755 1277 gosford.org.uk

The Palace Demesne Public Park

The Palace Demesne Armaah BT60 4EL T: 028 3752 9600 armagh.co.uk

The Mall The Mall Armagh

BT61 9AX

Clare Glen

Markethill Road (Moodage Road) Tandragee BT62 2ET T: 028 3884 1110 clareglen.co.uk

F.E. McWilliam **Gallery & Studio**

200 Newry Road Banbridge BT32 3NB T: 028 4062 3322 femcwilliam.com

Thomas Ferguson

Irish Linen 54 Scarva Rd Banbridge BT32 3QD T: 028 4062 3491 ferausonsirishlinen.com

Observatory

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Places to stay



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Navan Centre & Fort to Armagh to Scarva

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This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail. Ask at your accommodation about free wifi.



ARMAGH CITY HOTEL & CONFERENCE CENTRE

/ + HOTEL **

2 Friary Road Armagh BT60 4FR T: 028 3751 8888 armaghcityhotel.com

DOWNSHIRE ARMS HOTEL / 7KM

95 Newry Street Banbridge BT32 3EF T: 028 4066 2638 downshirearmshotel.com

BELMONT HOTEL

HOTEL ** Rathfriland Road Banbridge BT32 3LH T: 028 4066 2517 E: hotelbelmont@ btconnect.com

THE CHARLEMONT ARMS HOTEL

57-63 English Street Armagh BT61 7LB T: 028 3752 2028 charlemontarmshotel.com Ask your accommodation provider about:

LUNCH BOX & FLASK REFILLS

> TRANSPORT Pick up & Drop Off Service

BLACKWELL HOUSE / 3KM GUEST HOUSE *****

33 Mullabrack Road Scarva Banbridge BT63 6BP T: 028 3883 2752 blackwellhouse.co.uk

MONTAGU ARMS /+

GUEST HOUSE 9-19 Church Street Tandragee BT62 2AF T: 028 3884 0219 montagu-arms.com

DESART /+

BED & BREAKFAST Desart Lane Cathedral Road ArmaghBT61 8AE T: 028 3752 2387 E: sylviamcroberts@yahoo.co.uk

DRUMINARGLE HOUSE / 3KM

BED & BREAKFAST

29 Poyntzpass Road Scarva BT63 6LE T: 028 3831 8206 druminarglehouse.co.uk

DRUMSPITTAL HOUSE / 5KM

BED & BREAKFAST

9 Ballynagolan Road Milford BT60 3PW T: 028 3751 5305 dotsteenson@hotmail.com

FAIRYLANDS COUNTRY HOUSE /+

BED & BREAKFAST 25 Navan Fort Road Armagh BT60 4PN T: 028 3751 0315 fairylands.net

FRESH WINDS / 5KM

BED & BREAKFAST 30 Ringsend Road Banbridge BT32 3QQ T: 028 4062 2943 freshwindsbed andbreakfast.co.uk

HILLVIEW LODGE / 3KM BED & BREAKFAST

33 Newtownhamilton Road Armagh BT60 2PL T: 028 3752 2000 hillviewlodge.com

THE LAURELS / 2KM

BED & BREAKFAST 20 Monaghan Road Armagh BT60 4DA T: 028 3752 5318 E: thelaurelsarmagh@hotmail.com

THE MEADOWS / 2KM BED & BREAKFAST

18 Monaghan Road Armagh BT60 4DA T: 028 3752 5257 E: gerardmcgleenan@hotmail.com

15 VICTORIA STREET / 1KM

BED & BREAKFAST 15 Victoria Street Armagh BT61 9DS 7: 028 3752 4256 E: elizabeth.switzer@btinernet.com

BALLINAHONE LODGE / 2.5KM SELF CATERING

42 Hamiltonsbawn Road Armagh BT60 1EB T: 028 3752 2594 E: davidsonsnursery@ googlemail.com

GOLFKEEL / 7KM SELF CATERING *****

15 Ballykeel Road Ballykeel Banbridge BT32 3UE T: 028 4062 5580 golfkeel.co.uk

LIMEWOOD / 6KM

SELF CATERING *** 53 Limewood, Scarva Road, Banbridge BT32 3FH T: 028 4062 8395 banbridgeselfcatering.com

LOUGHBRICKLAND COURTYARD / 4.5KM SELF CATERING ****

Loughbrickland House, Scarva Street, Loughbrickland BT32 3NH T: 078 7329 0504 loughbricklandcourtyard.com

PRIMROSE COTTAGE & CHESTNUT HOUSE / 5KM SELF CATERING

87 Killylea Road Armagh BT60 4QL T: 075 4070 6255 armaghcountrycottages.co.uk

TANDRAGEE GATE LODGE / 5KM SELF CATERING **

36 Tandragee Road Markethill BT60 1TF T: 028 3752 4256 tandrageegatelodge.com

ARMAGH CITY

YOUTH HOSTEL /+ HOSTEL

45 Abbey Street Armagh BT61 7DY T: 028 3751 1800 armagh.co.uk

CLARE GLEN

CARAVAN PARK /+ CARAVAN PARK ****

Moodage Road Tandragee BT62 2ET T: 028 3884 1110 clareglen.co.uk

GOSFORD FOREST PARK /+ CARAVAN PARK

54 Gosford Road Markethill BT60 1UG T: 028 3755 1277 T: 028 3755 2169

TEEPEE VALLEY CAMPSITE / 5KM CAMPSITE

20 Shanecrackan Road Markethill BT60 1TS T: 028 3755 2092 tepeevalleycampsite.co.uk





Places to eat

Food is at the heart of Counties Armagh and Down. From independent award winning eateries to quirky cafés, enjoy an eclectic mix of new and traditional dishes and tastes made with the freshest of local ingredients.

We are proud of our local foods, not least the PGI ("protected geographical indication") status held by the humble Bramley Apple, grown throughout the Orchard County of Armagh. Sample the simple pleasure of apple tart, or a crisp glass of refreshing cooled cider or apple juice. We celebrate our delicious seafood, caught fresh in local waters and brought ashore to be enjoyed. Taste the fresh juicy langoustines, turbot, plaice, brill and shellfish for starters. Artisan producers abound across Saint Patrick's Country – sample locally produced beers, ciders, delis & patisseries, baked produce and much more.

If you want to practice your culinary skills, you can spend time at a local cookery school. Nearby, the Mourne Seafood Cookery School, Kilkeel is a must for seafood lovers, with expert staff helping you to develop your skills.

For information on places to eat visit: saintpatrickscountry.com

lourne Seafood Cookery School



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Scarva to Newry (C) 1 Day

This section of your journey is via Newry Canal towpath, on mainly flat waterside paths.

Newry Canal is the oldest summitlevel canal in Britain and Ireland, and opened in 1742, connecting Portadown and Newry. It once had 14 lock gates. The workers who dug the canal were known as 'navvies'. These men lived in camps alongside the canal as they worked.

The canal was a vital link to transport coal from Coalisland in County Tyrone.

Navigation stopped here in 1946. Around this area is much bogland, making it an important habitat for wildlife. There were once only three 'passes' through the bog - Scarva (once called Scarvagh Pass), Poyntzpass and Jerrettspass. These three villages still flourish today, and you will pass them en route. There are also woods and a lough nearby (Lough Shark or Acton Lake), with plenty of places to stop and enjoy the birdlife and scenery.

20km

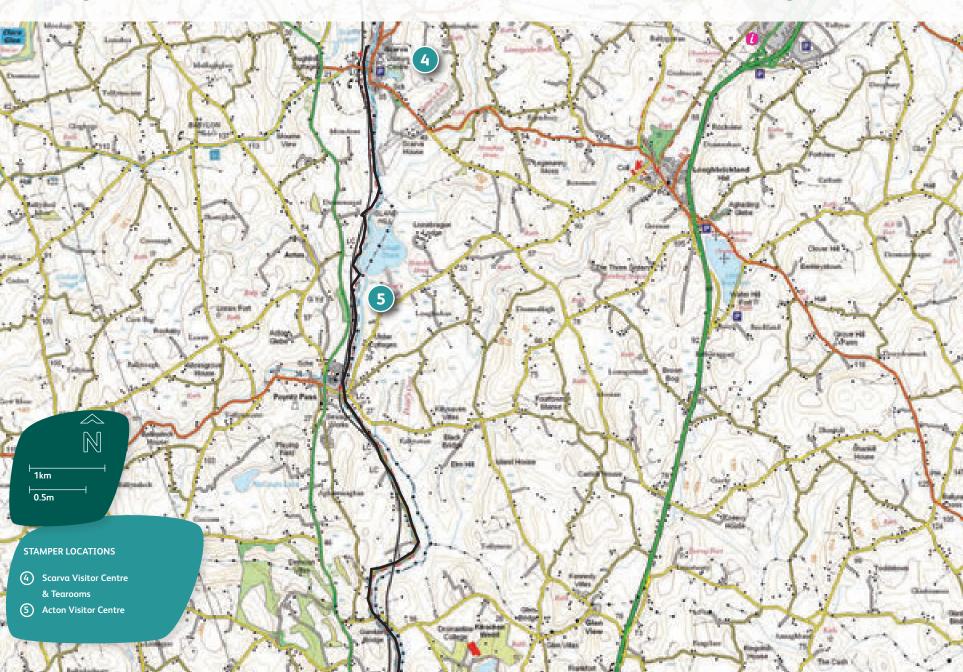
Your towpath walk will bring you to the historic city of Newry. While travelling on his mission in Ireland, Saint Patrick spent time in a place called Glen Righe, or Clanrye. Patrick planted a yew tree here above the Clanrye River that flows through Newry, as a symbol of his faith. Today, Newry city's coat of arms shows Saint Patrick between yew trees.

The city itself is vibrant, with bars, restaurants and plenty of shopping, as well as an interesting heritage trail and flourishing arts scene.

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Saint Patrick's Way: The Pilgrim Walk

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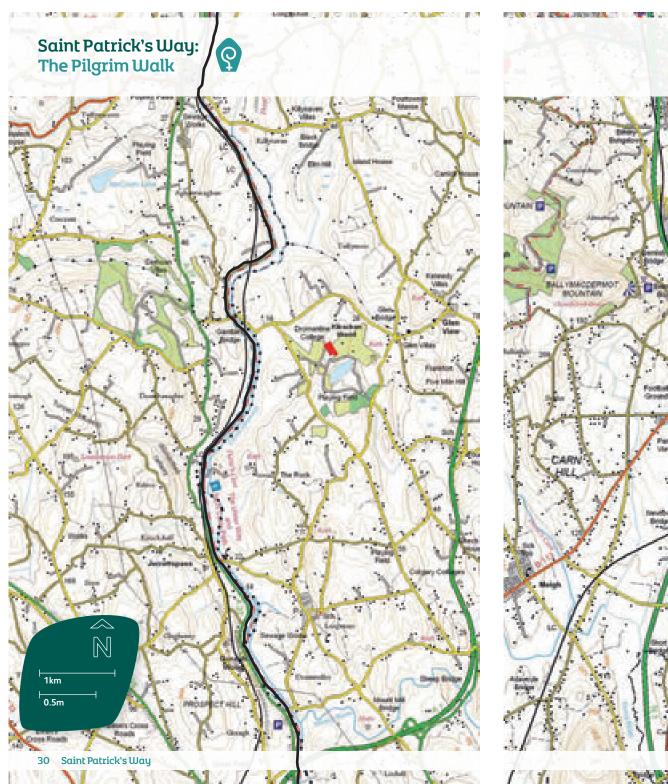


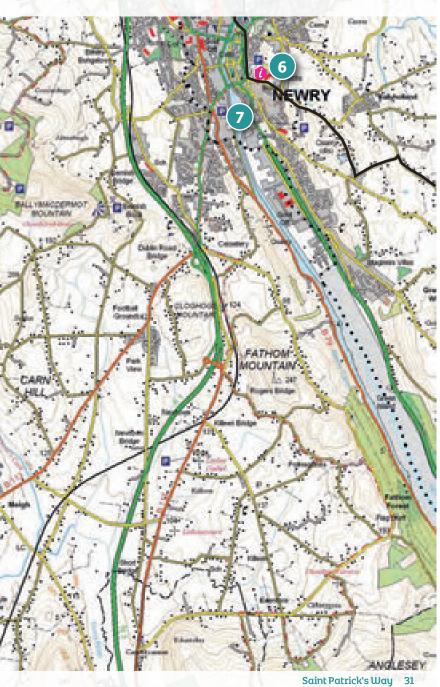
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Saint Patrick's Way: The Pilgrim Walk





Museum -

Newry and Mourne

Bagenal's Castle

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See & Do Scarva to Newry

Sluicekeeper's Heritage Centre

Towpath between Poyntzpass and Scarva M: 077 4227 7775 iwai.ie/newry

Bessbrook Model Village

Bessbrook BT35 7HD T: 028 3084 8190 visitmournemountains.co.uk

Craigmore Viaduct Newry BT35 6JR T: 028 3031 3170 visitmournemountains.co.uk

Derrymore House

Bessbrook BT35 7EF T: 028 8778 4753 nationaltrust.org.uk/ derrymore-house

Millworker's House

Bessbrook BT35 7HD T: 028 3083 7143 visitmournemountains.co.uk Camlough Lake Camlough BT35 7JJ T: 028 3031 3170 visitmournemountains.co.uk

Newry Heritage Trail (walking trail) Newry BT34 2BY T: 028 3031 3170 visitmournemountains.co.uk

Newry and Mourne Museum -

Bagenal's Castle Newry BT34 2BY T: 028 3031 3178 bagenalscastle.com

Albert Basin Newry BT35 8QS T: 028 3031 3170 visitmournemountains.co.uk

Newry Variety Market Newry BT34 2BP T: 028 3026 3004 visitmournemountains.co.uk PLEASE CHECK FOR OPENING HOURS & SEASONAL VARIATIONS

Cathedral of Saint Patrick & Saint Colman Newry BT34 1AT T: 028 3026 4154 newrycathedralparish.org

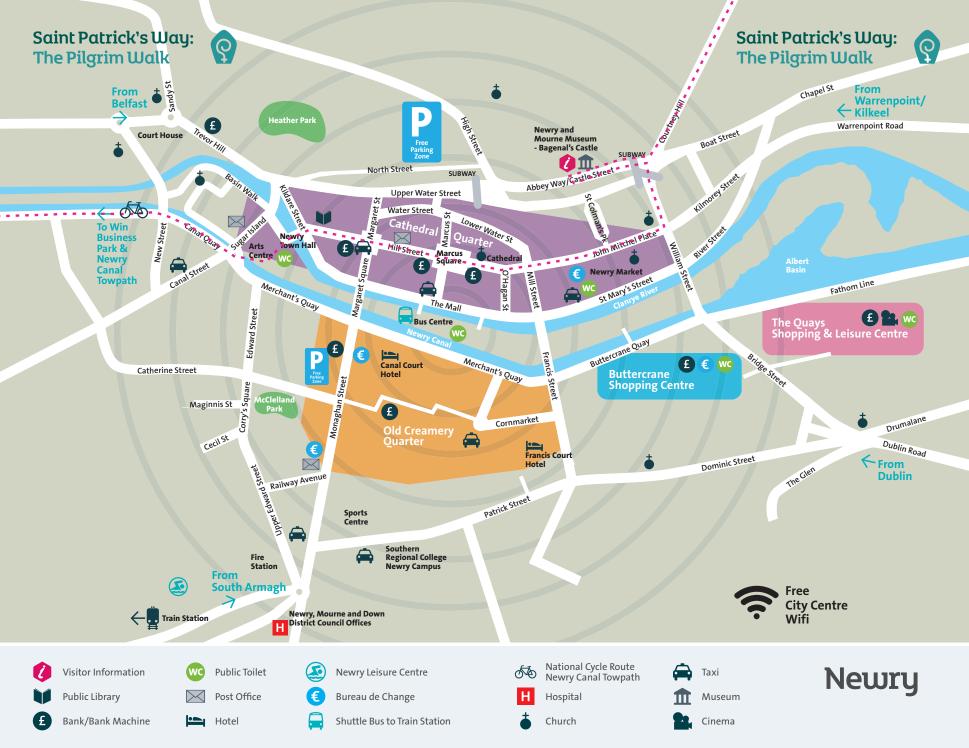
Newry Town Hall

Newry BT35 6HR T: 028 3031 3180 visitmournemountains.co.uk

St. Patrick's Church of Ireland Newry BT34 1HJ

stpatricks-newry.com

Craigmore Viaduct





Places to stay Scarva to Newry

KEY + = Places to stay 8km on the route Radius 1mile = 1.6km

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail. ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.

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CANAL COURT HOTEL AND SPA /+

HOTEL * Newry BT35 8HF T: 028 3025 1234 canalcourthotel.com

FRANCIS COURT HOTEL /+

HOTEL

Newry BT35 8BQ T: 028 3026 6926 franciscourthotel.com

MOURNE COUNTRY HOTEL / 1KM

HOTEL Newry BT34 1TR T: 028 3026 7922

mournecountryhotel.co.uk

BELMONT HALL / 1KM GUEST HOUSE

Newry BT34 1EE T: 028 3026 2163 belmont-hall.co.uk

Newry BT35 8LZ T: 028 3026 3871 E: enquiries@flagstafflodgenewry.

MOURNE DRIVE GUEST ACCOMMODATION / 2KM **GUEST HOUSE**

Newry BT34 1BN T: 028 3026 1660 E: stephencdowney @live.co.uk

ASHDENE HOUSE / 1KM

BED & BREAKFAST Newry BT34 1EG T: 028 3026 7530 bandbireland.com/ accommodation/3646/down/ ashdene-house.html

FLAGSTAFF LODGE / 4KM **GUEST HOUSE**

com flagstafflodgenewry.com

HIGHFIELDS B&B / 4KM

Saint Patrick's Way:

The Pilgrim Walk

BED & BREAKFAST Newry BT35 8UQ T: 028 3026 2335 highfieldsbandbnewry.com

LISMORE HOUSE / 4KM BED & BREAKFAST

Newry BT35 8QP T: 028 3026 1984 lismorehouse.com

MILLVALE HOUSE /1.5KM

BED & BREAKFAST Bessbrook BT35 7LP T: 028 3026 3789 E: catherinefarrello2@gmail.com

RAILWAY HOUSE /+ SELF CATERING

Jerrettspass BT35 6LU T: 028 3082 1342 E: ferrisgillian@yahoo.com





Saint Patrick's Way: The Pilgrim Walk



Newry to Rostrevor (D) 1 Day

From Newry you can see Carlingford Lough and mountain views on either side.

The Walk takes you through stunning scenery as you approach Warrenpoint and then Rostrevor. Looking across Carlingford Lough you can see the Cooley Mountains, while looking north-east, the Mourne Mountains tower before you. The walk towards Warrenpoint and Rostrevor leads you to approach the Mourne Mountains from the south.

The picturesque village of Rostrevor contains many fine eighteenth and nineteenth century homes, Rostrevor has barely changed from its Edwardian heyday. From the charming C.S Lewis inspired Narnia Trail to its worldclass mountain bike trails, Kilbroney Park in Rostrevor offers a host of attractions. Rostrevor is also home to the Holm Oak Tree, Northern Ireland's representative for the 'European Tree of The Year 2017' competition.

15km

On this stretch of walk, you'll get a great sense of the changing landscape. Where a short time ago you walked along an inland canal towpath, now you are in the midst of mountains, and can see the coastline.

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Places to stay Newry to Rostrevor

KEY + = Places to stay on the route Radius 1mile = 1.6km

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail. Ask at your accommodation about free wifi.

LUNCH BOX & FLASK REFILLS Ask your accommodation provider about lunch box and flask refills.

WHISTLEDOWN HOTEL / 4KM HOTEL ***

Warrenpoint BT34 3NH T: 028 4175 4174 thewhistledownhotel.com

SEAVIEW GUESTHOUSE / 4KM

GUEST HOUSE

Rostrevor BT34 3AD T: 028 4173 9143 seaviewquesthouseireland.com

THE BALMORAL / 4KM GUEST HOUSE

Warrenpoint BT34 3NJ T: 028 4175 4093 balmoralwarrenpoint.co.uk

THE LOUGH AND QUAY / 4KM GUEST HOUSE

Warrenpoint BT34 3NB T: 028 4175 2082 theloughandquay.com

THE OYSTERCATCHER /+

GUEST HOUSE Rostrevor BT34 3EU T: 079 6171 5772 oystercatcher.ie

THE ROSTREVOR INN /+

GUEST HOUSE Rostrevor BT34 3BG T: 028 4173 9911 therostrevorinn.com

FIR TREES / 2.5 KM BED & BREAKFAST **** Rostrevor BT34 3AD

T: 028 4173 8602 firtrees.co.uk

TRANSPORT

Ask your accommodation provider about

pick up & drop off

GREAT GEORGES STREET B&B / 4 KM

BED & BREAKFAST Warrenpoint BT34 3HR T: 075 1549 7611 E: kellymgrant@gmail.com

MOURNEFOOT / 1 KM BED & BREAKFAST

Mayobridge BT34 2JG T: 028 3085 1501

ROSS HOUSE / 1 KM

BED & BREAKFAST Rostrevor BT34 3DE T: 028 4173 8127 rosshouserostrevor.co.uk

THE SANDS / 1 KM

BED & BREAKFAST Rostrevor BT34 3EU T: 028 4173 8151

thesandsbandbrostrevor.co.uk

WARING BANK

BED & BREAKFAST Rostrevor BT34 3AB

T: 028 4173 8065 waringbank.com

AN RADHAIRC / 1KM SELF CATERING

Rostrevor BT34 3AX T: 00 353 47 85951 rostrevorselfcatering.com

BAILE / 2.5KM

SELF CATERING Warrenpoint BT34 3TU T: 078 3501 6836 E: fionnuala.gonzalez@outlook.com

CEDAR COTTAGE / 4 KM SELF CATERING *****

Warrenpoint BT34 3NW T: 028 4175 2999 cedarcottage44.com

CROTLIEVE BARN /+

SELF CATERING Rostrevor BT34 3DD T: 028 4173 8868 crotlievebarn.com

DOLLY'S COTTAGE / 4 KM SELF CATERING

Warrenpoint BT34 3NJ T: 028 4177 3669 dollysselfcateringcottage.com

GLENSHEELIN /+

SELF CATERING Rostrevor BT34 3AA T: 028 4173 8577 glensheelin.com

GLENWOOD COTTAGE / 4 KM SELF CATERING

Mayobridge BT34 2HY T: 028 3085 1278 E: elizabethfeaan@btinternet.com

NARROW WATER CASTLE / 4 KM

SELF CATERING ***** Warrenpoint BT34 3LE T: 077 8473 0826 E: ramonaoneill@gmail.com

ROSTREVOR HOLIDAYS / 1KM SELF CATERING

Rostrevor BT34 3BW T: 028 4173 8727 rostrevorholidays.com (10 COTTAGES ON ONE SITE).

SALLY'S GARDEN /+ SELF CATERING

Warrenpoint BT34 3PY T: 077 4903 8101 sallysgardencottage.com

SEAMOURNE / 4 KM SELF CATERING

Warrenpoint BT34 3NL T: 077 8443 5796 E: seamourne@gmail.com

12 SEAVIEW / 4 KM SELF CATERING

Warrenpoint BT34 3NJ T: 028 4063 1025 E: julie@analoguecat.com

TEACH NEID / 4 KM SELF CATERING

Mayobridge BT34 2HZ T: 028 3085 1506 teachneidselfcatering.com

THE RATH BARN / 4 KM SELF CATERING

Mayobridge BT34 2JG T: 028 3085 1451 rathbarn.co.uk

KNOCKBARRAGH HOSTEL / 4 KM

HOSTEL *** Rostrevor BT34 3LN T: 028 4173 9923 eastcoastadventure.com

THE KILBRONEY CENTRE / 2 KM

HOSTEL **** Rostrevor BT34 3BT T: 078 2486 1723 kilbroneycentre.com

KILBRONEY CARAVAN PARK /+ CARAVAN PARK ****

Rostrevor BT34 3AA T: 028 4173 8134 visitmournemountains.co.uk

42 Saint Patrick's Way



Saint Patrick's Way: The Pilgrim Walk



trail.

Saint Patrick's Way: The Pilgrim Walk



PLEASE CHECK FOR OPENING HOURS & SEASONAL VARIATIONS

Narrow Water Castle

View of Carlingford Lough from the Flagstaff, Newry

Q

See & Do Newry to Rostrevor

Burren Heritage Centre Burren BT34 3QT T: 028 4177 3378

Donaghaguy Reservoir Warrenpoint BT34 3RZ visitmournemountains.co.u

The Coronation Stone Warrenpoint BT34 3PF T: 028 4175 2256 visitmournemountains.co.uk

Warrenpoint Municipal Park Warrenpoint BT34 3HZ T: 028 4175 2256

visitmournemountains.co.u

Warrenpoint Harbour Warrenpoint BT34 3JR T: 028 4175 2878 warrenpointharbour.co.uk

Narrow Water Castle Warrenpoint BT34 3LE T: 028 4175 2256 visitmournemountains.co.uk Ross Monument Rostrevor BT34 4ET T: 028 4175 2256

Kilbroney Park & Cloughmore Stone Rostrevor BT34 3DQ T: 028 4173 8134

Kilbroney Old Graveyard Rostrevor BT34 3BW

Mill Pond Donaghaguy (Fishing) Newry BT34 2PT

Annett's Garden & Outdoor Living Centre

Warrenpoint BT34 3RX T: 028 4177 3237 E: annettgc@aol.com annettsgardencentre.com

Castle Cruises Ltd

Warrenpoint BT34 3UE T: 028 4175 3425 E: castlecruises3@yahoo. co.uk

Castaway Seaview Spa (Including seaweed baths)

Warrenpoint BT34 3HN T: 028 4177 3075 E: info@castaway.co.uk castawayspa.co.uk

Cloughmore Trail Rostrevor BT34 3DQ T: 028 4173 8134 visitmournemountains.co.uk

Narnia Trail Rostrevor BT34 3DQ T: 028 4173 8134 visitmournemountains.co.uk

Killowen Outdoor Education Centre

(Residential Youth Summer Courses) Killowen BT34 3AF T: 028 4173 8297 selb.org/killowen Saint Patrick is believed to have converted local hill folk in the Mourne Mountains. A rock in the small stream which marks the boundary of the Kingdom of Mourne is rumoured to have Saint Patrick's handprint on it, at the spot where he knelt to drink the water. Another legend persists that Saint Patrick banished the snakes from Ireland at the foothill of Slieve Donard.

9

Rostrevor to Newcastle (E) 38km 2/3 Days

This section begins and ends with a scenic town and forest trail, with the drama of the Mourne Mountains in between.

You'll follow parts of the Ulster Way and Mourne Way, through the foothills of the mountains on spectacular terrain. As with all sections of The Pilgrim's Walk, keep your camera close to hand!

The first part takes you through Rostrevor Forest towards Spelga Dam. CS Lewis, author of The Chronicles of Narnia, holidayed in the Mournes near Rostrevor, and the location inspired his fictional landscapes.

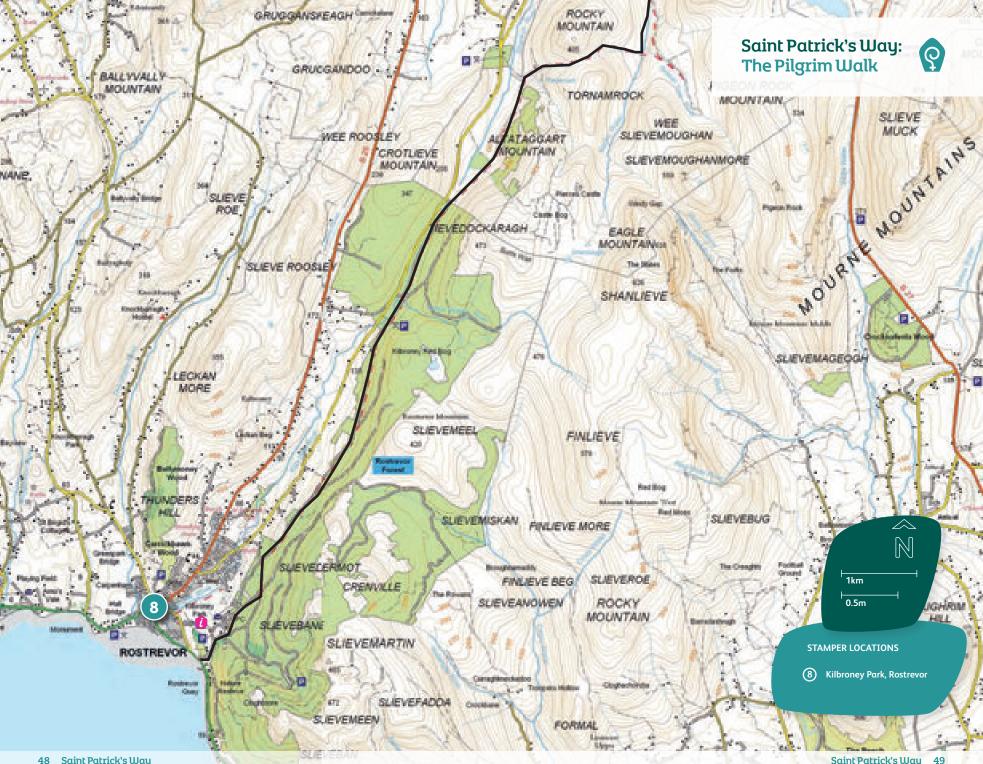
The Pilgrim's Walk then takes you around Slieve Bearnagh into Tollymore Forest Park and following through into Newcastle. Slieve Bearnagh is the fourth highest mountain in the range, with two large granite tors at the summit and a col lying between them. This is an Area of Outstanding Natural Beauty. The town of Newcastle is on the Irish Sea coast, at the base of Slieve Donard, the highest peak in Northern Ireland. Newcastle is the town that inspired Percy French when he wrote the famous song words "where the Mountains of Mourne sweep down to the sea".

Walking in the Mournes is exciting because of the varied terrain and wonderful views. You'll come across forest, water, sea views, and majestic granite tors and peaks.

Links with Saint Patrick are many. The summit of Slieve Donard has a hermit's cell in the Great Cairn and an oratory in the Lesser Cairn, both constructed by Saint Donard. He was the son of a local pagan chieftain, and an important disciple of Saint Patrick.

Donard's conversion to Christianity is said to have been prompted by Saint Patrick bringing Donard's bull back to life after it had been butchered.

ntain biking

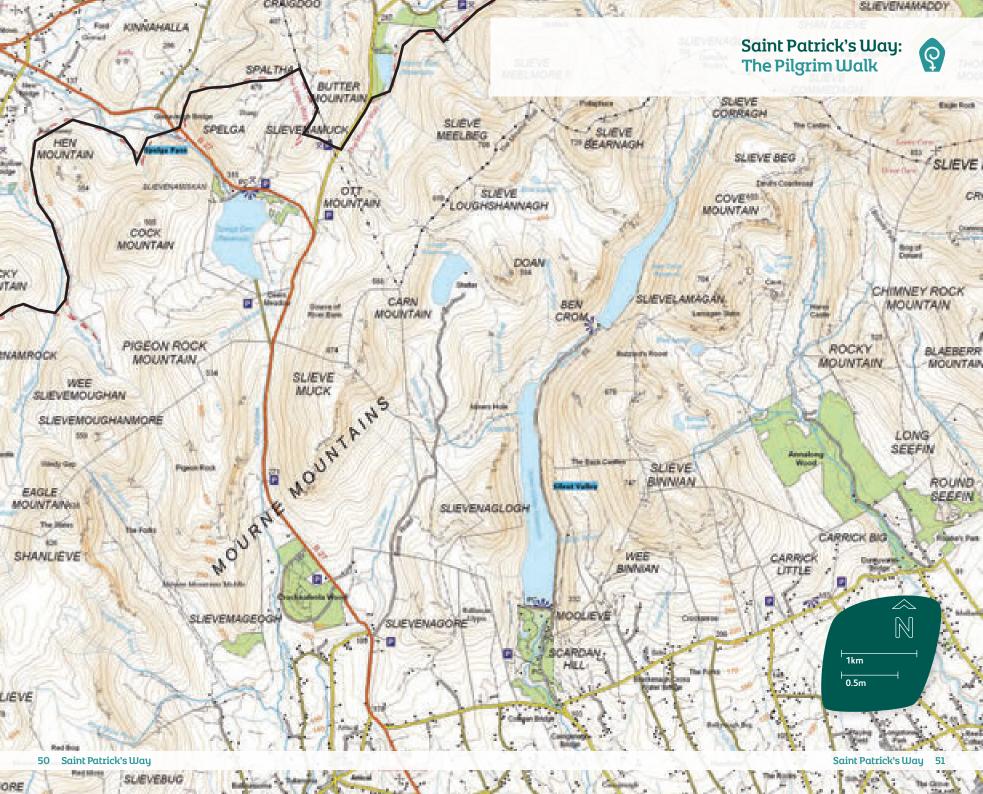


Saint Patrick's Way

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Margarian Street

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Places to stay

Rostrevor to Newcastle

KEY + = Places to stay on the route 8km Radius 1mile = 1.6km

This listing provides a range of accommodation to suit all tastes and needs. located within an 8km radius of the trail. ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.

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LUNCH BOX & FLASK REFILLS Ask your accommodation provider about lunch box and flask refills.

TRANSPORT Ask your accommodation provider about . pick up & drop off service.

BURRENDALE HOTEL. COUNTRY CLUB AND SPA /+ **HOTEL** ****

Newcastle BT33 0JY T: 028 4372 2599 burrendale.com

SLIEVE DONARD RESORT AND SPA /+ HOTEL ****

Newcastle BT33 0AH T: 028 4372 1066 hastingshotels.com

DONARD HOTEL /† HOTEL **

Newcastle BT33 0AD T: 028 4372 2203 donardhotel.co.uk

AVOCA HOTEL /+ HOTEL *

Newcastle BT33 0HH T: 028 4372 2253 avocahotel.co.uk

ENNISKEEN COUNTRY **HOUSE HOTEL /+**

HOTEL Newcastle BT33 0LF T: 028 4372 2392 enniskeenhotel.com

GOLF LINKS HOUSE /+ GUEST HOUSE

Newcastle BT33 OLN T: 028 4372 2054 golflinkshouse.com

HARBOUR HOUSE

INN / 2 KM GUEST HOUSE Newcastle BT33 0FX T: 028 4372 3445 harbourhouseinn.co.uk

THE BRIERS COUNTRY HOUSE / 1 KM

GUEST HOUSE *** Newcastle BT33 0JJ T: 028 4372 4347 thebriers.co.uk

AMBLE IN /+ **BED & BREAKFAST**

Newcastle BT33 0EO T: 028 4372 4552 newcastlebandb.com

BEACH HOUSE /+ BED & BREAKFAST ****

Newcastle BT33 0AG T: 028 4372 2345 beachhouse-newcastle.co.uk

CASTLE CORRIGS HOUSE /+

BED & BREAKFAST Newcastle BT33 0JY T· 028 4372 6986 E: corrigs@btinternet.com

CHERRYHILL /+

Newcastle BT33 0PW T: 028 4372 4866 cherryhill-lodge.com

CHERRY VILLA /+

BED & BREAKFAST

Newcastle BT33 0EQ

T: 028 4372 4128 E: cherry.villa@btconnect.com

COOLGREENEY /+

BED & BREAKFAST Newcastle BT33 0AG T: 028 4372 6390 coolgreeney.com

DACARA / 2 KM **BED & BREAKFAST**

Newcastle BT33 0EY

T: 028 4372 6745 dacaraguesthouse.com

FAIRY GLEN /+ **BED & BREAKFAST**

Newcastle BT33 0DX T: 028 4372 3810 fairyglen.eu

INNISFREE HOUSE /+

BED & BREAKFAST Newcastle BT33 0BG T: 028 4372 2671 E: innisfreehouse.@hotmail.co.uk

MIDDLE TOLLYMORE HOUSE / 1 KM **BED & BREAKFAST** Newcastle BT33 0JJ T· 028 4372 2528

Newcastle BT33 0PW T: 028 4372 2550 mourneheights.com

NUMBER TEN /+

BED & BREAKFAST Newcastle BT33 0BZ T: 028 4372 3851

Newcastle BT33 011 T: 028 4372 6816 oakleigh-ireland.com

BED & BREAKFAST

SONA HOUSE /+ **BED & BREAKFAST**

Newcastle BT33 0LG T: 075 8442 8518 E: sonahouse@mail.com

TOLLYROSE **COUNTRY HOUSE /+ BED & BREAKFAST**

Brvansford BT33 0PX T: 028 4372 6077 tollyrose.com

Saint Patrick's Way: **The Pilgrim Walk**

VICTORIAN HOME @ SEA & MOUNTAINS / 2 KM **BED & BREAKFAST** Newcastle BT33 0HD T· 028 4372 2564 E: gmcclgil@hotmail.com

WHERE THE MOURNES SWEEP TO THE SEA / 4 KM **BED & BREAKFAST** Newcastle BT33 OLA

T: 028 4372 7639 E: bryanrutledge@btinternet.com

ANNIES COTTAGE @ THE BRIERS / 1 KM **SELF CATERING ******

Newcastle BT33 011 T: 028 4372 4347 thebriers couk

APARTMENT 1 THE LODGE / 1 KM

SELF CATERING Newcastle BT33 0TF T: 028 4377 8521 E: pjmcevoy40@yahoo.co.uk

APARTMENT D10 /+ SELF CATERING

Newcastle BT33 OWF T: 028 9084 8944 apartment-d10-newcastle.com

APARTMENT F1 WATERFOOT /+

SELF CATERING ****

Newcastle BT33 0AE T: 078 5901 4340 E: isabellrog@yahoo.com

APIARY COURT / 3 KM

SELF CATERING Newcastle BT33 0FB E: david.apiarycourt@gmail.com

ARMITAGE HOUSE / 4 KM SELF CATERING ****

Newcastle BT33 0EY T: 077 3326 1579 armitagehouse.promotemyplace. com

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E: Paulinestrachan@hotmail.com **MOURNE HEIGHTS /+ BED & BREAKFAST**

E: numbertenbanb@gmail.com

OAKLEIGH HOUSE / 1 KM

RYANS /+

Newcastle BT33 0LG T: 028 4372 7399 rvansnewcastle.com

ST PATRICK'S STREAM /3 KM

BED & BREAKFAST Newcastle BT33 OLB T: 028 4372 6371 stpatricksstream bedandbreakfast.co.uk



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DROM ALUINN /+

Newcastle BT33 0BL

dromaluinn.com

SELF CATERING ****

ENFIELD HOUSE /+

E: ursulahanna13@gmail.com

SELF CATERING

Newcastle BT33 0AG

T: 028 4372 3708

ASHLEE COTTAGE / 4 KM SELF CATERING

Newcastle BT33 ORU T: 028 3883 1808 E: fredymurph@yahoo.co.uk

BARNEY'S COTTAGE / 3 KM

SELF CATERING Newcastle BT33 00G

T: 028 9044 8955 barneyscottage.com

BEVERLEY COTTAGE & BEVERLEY ANNEX / 1 KM SELF CATERING

Newcastle BT33 0JN T: 028 4372 2018 tollymoreholidayhomes.co.uk

BONNY'S COTTAGE / 1 KM **SELF CATERING*****

Newcastle BT33 0PD T: 077 3454 0500 E: emlyn@bonnys.net

71 BRYANSFORD AVENUE /+ SELF CATERING

Newcastle BT33 0LG T: 077 3684 7453 E: donardviewselfcatering @gmail.com

CHERRYHILL LODGE /+ SELF CATERING Newcastle BT33 0PW

T: 028 4372 4866 cherryhill-lodge.com

COASTGUARD COTTAGE / 3 KM **SELF CATERING**

Newcastle BT33 0QT E: info@scionhillgatelodge.com

DISPENSARY COTTAGE /+ SELF CATERING

Newcastle BT33 5EN T: 028 3833 5792

DOWNSHIRE ARMS / 4 KM **SELF CATERING**

Saint Patrick's Way

Hilltown BT34 5UH T: 028 4063 8899 downshire-arms.com

56

T: 028 4372 3708 E: ursulahanna13@gmail.com

GORSE HILL / 1 KM SELF CATERING ****

Newcastle BT33 00D T: 028 4321 9314 mourneselfcatering.com

HARBOUR VIEW / 3 KM

SELF CATERING Newcastle BT33 0HD T: 028 4372 2849 E: l.sinnerton@btinternet.com

HOLLYBUSH HOUSE / 1 KM **SELF CATERING** ****

Newcastle BT33 0RN T: 020 7837 0964 hollybushhouse.co.uk

IVY COTTAGE / 3 KM **SELF CATERING** ****

Newcastle BT33 0HB T: 028 4372 4194 E: christinemcintosh @hotmail.com

LA PETITE HOUSE / 2 KM **SELF CATERING**

Newcastle BT33 0HT airbnb.co.uk/rooms/4095031 ?guests=1&s=rOaS_4JY

21 LARCHFIELD PARK /+ SELF CATERING

Newcastle BT33 0BB T: 078 7940 6640 ownersdirect.co.uk/ireland/IR643. htm

LOWER MURLOUGH COTTAGE /+ **SELF CATERING**

Newcastle BT33 0LW holidaylettings.co.uk/rentals/ dundrum,-co-down/5324042

LIGHTHOUSE VIEW / 3 KM SELF CATERING

Newcastle BT33 0HA T: 028 4379 8280 downpropertyservices.com

MEELMORE LODGE / 1 KM **SELF CATERING** Newcastle BT33 0QB T: 028 4372 6657

meelmorelodge.com

MERRION MEWS /+ **SELF CATERING *****

Newcastle BT33 0BJ T: 014 7184 4435 merrionmews.co.uk

MILLER'S CLOSE HOLIDAY COTTAGES /+ SELF CATERING

Newcastle BT34 5LW T: 028 4372 4177 pjmorgan1@hotmail.com

MOURNE COAST COTTAGE / 4 KM

SELF CATERING Newcastle BT33 0LA T: 079 6218 9132 mournecoast.co.uk

MOURNE RETREAT /+ SELF CATERING

Newcastle BT33 0LN E: sghassan@hotmail.co.uk

MOURNES SNUG / 3 KM **SELF CATERING**

Newcastle BT33 0TQ T: 028 4372 4642 mournes.snug@gmail.com

NEWCASTLE COUNTRY COTTAGES / 1 KM SELF CATERING

Newcastle BT33 0JU T: 028 4372 5286 newcastlecountrycottages.com (7 COTTAGES ON ONE SITE).

O'NEILLS COTTAGE / 4 KM

SELF CATERING Newcastle BT33 0LA T: 028 4372 2671 E: Jourdan_32@yahoo.co.uk

PARKLANDS SELF CATERING / 2 KM SELF CATERING

Newcastle BT33 0GS T: 028 4375 1206 E: ardileahouse@googlemail.com

27 RODEN COURT / 1 KM

SELF CATERING Newcastle BT33 ORE T: 028 9269 3804 E: iain@3millers.org

1 SEA HAVEN /+ **SELF CATERING** ****

Newcastle BT33 0RO E: annegoodwin16@yahoo.co.uk **SEAVIEW APARTMENT /** 4 KM

SELF CATERING

Newcastle BT33 0EX T: 028 9751 1122 seaviewapartment.co.uk

SHIMNA MILE / 1 KM

SELF CATERING Newcastle BT33 0TO T: 028 9047 1064 holiday-rentals.co.uk/p834769

SHIMNA WOOD /+ **SELF CATERING** **** Newcastle BT33 0TW

E: declanlooby@hotmail.co.uk

SNOOZE APARTMENTS / 1 KM

SELF CATERING

Newcastle BT33 0EX T· 028 4372 6002 snoozeapartments.co.uk (4 APARTMENTS ON ONE SITE).

SOUTH **PROMENADE / 3 KM**

SELF CATERING Newcastle BT33 0EY E: clough67@hotmail.com

SPINKWEE COTTAGE /+

SELF CATERING Newcastle BT33 0PW T: 028 4372 5048 E: janemckee@hotmail.com

THE BEACHES /+ Self Catering ***** Newcastle BT33 0AG T: 077 1420 3319

beachhouse-newcastle.co.uk

7 THE CARRIAGES /+ SELF CATERING ****

Newcastle BT33 0FF T: 028 4372 2077 downgolflinks.com

6 THE COURTYARD / 1 KM

SELF CATERING Newcastle BT33 0TF T: 028 9081 5442 E: lisa.whitcroft@mac.com

3 THE LODGE / 1 KM SELF CATERING

Newcastle BT33 0TF T: 074 4438 1379 E: the.4jacksons@hotmail.co.uk

THE JAYS / 2 KM SELF CATERING ***

Bryansford BT33 ORE T: 028 9079 1963 thejayshouse.co.uk

THE WEE HOUSE /+ SELF CATERING

Bryansford BT33 OQB T: 028 4372 6657 meelmorelodge.com

TOLLYMORE GATE /+ SELF CATERING ***

Newcastle BT33 ORE T: 028 9076 0985 tollymoregate.com

TOLLYMORE GATE LODGE / 1 KM SELF CATERING

Newcastle BT33 0PX T: 028 3834 4522 tollymoregatelodge.co.uk TOLLYMORE WALK / 1 KM **SELF CATERING***** Bryansford BT33 ORE

T: 028 9076 0985 wheeler_janet@yahoo.co.uk

TORY BUSH COTTAGES / 1 KM SELF CATERING Kilcoo BT34 5LD T: 028 4372 4348 torybush.com

Saint Patrick's Way:

The Pilgrim Walk

WIDOWS ROW / 3 KM SELF CATERING

Newcastle BT33 0HA T: 077 2707 7181 widowsrownewcastle.co.uk

WIDOWS ROW - SLIEVE DONARD COTTAGE / 3 KM **SELF CATERING *****

Newcastle BT33 0HA T: 028 3752 7172 slievedonardcottage.com

B2 WATERFOOT APARTMENT /† **SELF CATERING** ****

Newcastle BT33 0AE T: 028 4483 1233 b2waterfoot.weebly.com

C8 WATERFOOT APARTMENT /+ SELF CATERING

Newcastle BT33 0AE

F5 WATERFOOT

APARTMENT /+

Newcastle BT33 0AD

D3 WATERFOOT /+

SELF CATERING

Newcastle BT33 OWF

T: 0035 38 6381 7786

apartmentinnewcastle.com

Saint Patrick's Way 57

T: 028 4372 2717

SELF CATERING ****

E: anitaskingley@hotmail.com







7A WATERFOOT /+

SELF CATERING Newcastle BT33 0WF T: 028 4372 6891 7awaterfoot.co.uk WHITE GATE

LODGE /+ SELF CATERING

Newcastle BT33 OPZ T: 077 6670 4420 rentmyirishcottage.com

CLARE LODGE CENTRE /+ GUEST ACCOMMODATION

Newcastle BT33 0AB T: 028 4372 2849 E: brenda.mclarnon@svpni.co.uk

GLENADA YWCA/ YMCA / 1 KM GUEST

ACCOMMODATION

Newcastle BT33 0EX T: 028 4372 2402 glenada.co.uk

LOFT @ WHERE THE MOURNES SWEEP TO THE SEA / 4 KM GUEST ACCOMMODATION

Newcastle BT33 0LA T: 028 4372 7639 airbnb/rooms/9463195

> For information on places to eat and for special offers visit: visitmournemountains.co.uk

THE HAVEN / 1 KM GUEST ACCOMMODATION

Newcastle BT33 0EU T: 077 4249 2415 thehavennewcastle.co.uk

TOLLYMORE NATIONAL OUTDOOR CENTRE /+ GUEST ACCOMMODATION

Newcastle BT33 OPZ T: 028 4372 2158 tollymore.com

GREENHILL Y.M.C.A. NATIONAL CENTRE /†

HOSTEL Newcastle BT33 OGR T: 028 4372 3172 greenhill-ymca.org

THE HUTT HOSTEL /+

HOSTEL Newcastle BT33 0AG T: 028 4372 2133 hutthostel.com

SUNNYHOLME

T: 028 4372 2739 Newcastle BT33 0JY E: sunny.holme@yahoo.co.uk

TOLLYMORE CARAVAN PARK

T: 028 4377 8664 Newcastle BT33 0PW E: customer.forestservice@ daera-ni.gov.uk

THE ROCK / 4 KM AMENITY AREA Bryansford BT34 5LF

HILLTOWN

CLONMURR / 3.5 KM

BED & BREAKFAST Hilltown BT34 5XZ T: 028 4063 0110 E: c_fegan@hotmail.co.uk

72 RATHFRILAND ROAD

BED & BREAKFAST Hilltown BT34 5YW T: 028 4063 8495 E: spud7253@gmail.com

48 SLIEVENAGARRAGH / 4 KM

BED & BREAKFAST Hilltown BT34 5BF T: 077 2722 4095 slievebnb.com

SPELGA HOUSE /+

SELF CATERING **** Hilltown BT34 5XL T: 077 2043 2781 mourneholidays.co.uk

BRACKEN LODGE / 1 KM SELF CATERING

Hilltown BT34 5XS T: 028 4173 8839 E: noleenclerkin@gmail.com



See & Do Rostrevor to Newcastle

Spelga Dam

Hilltown BT34 5XL visitmournemountains.co.uk

Western Style Horse Riding Centre

Hilltown BT34 5XS T: 028 4063 8761 M: 077 8342 5341 E: info@lanewaylodge.com

Silent Valley

Kilkeel BT33 0HU M: 034 5744 0088

Tollymore Forest Park Bryansford T: 028 4377 8664 visitmournemountains.co.uk

Browne Knowe Art Gallery BT33 0LN T: 028 4372 2009 E: elizabethdonnellyartist@ live.co.uk

Newcastle Art Gallery

Newcastle BT33 0AD T: 028 4372 3555 Painted Earth Newcastle BT33 0HZ T: 028 4372 2510 E: shop@painted earth-ni.co.uk

Sugarisland Beads Newcastle BT33 0AE T: 028 4372 4683

Spy Pond Photo Space Gallery & Photo Studio Newcastle T: 028 4372 5869 E: spypondstudio @yahoo.com

Soak Seaweed Baths Newcastle BT33 0EX T: 028 4372 6002 E: info@soakseaweed baths.co.uk

> PLEASE CHECK FOR OPENING HOURS & SEASONAL VARIATIONS

Newcastle to Tyrella (F) 1Day

The penultimate section of The Pilgrim's Walk follows part of the Lecale Way, giving walkers fantastic views of the County Down coastline and rolling hills.

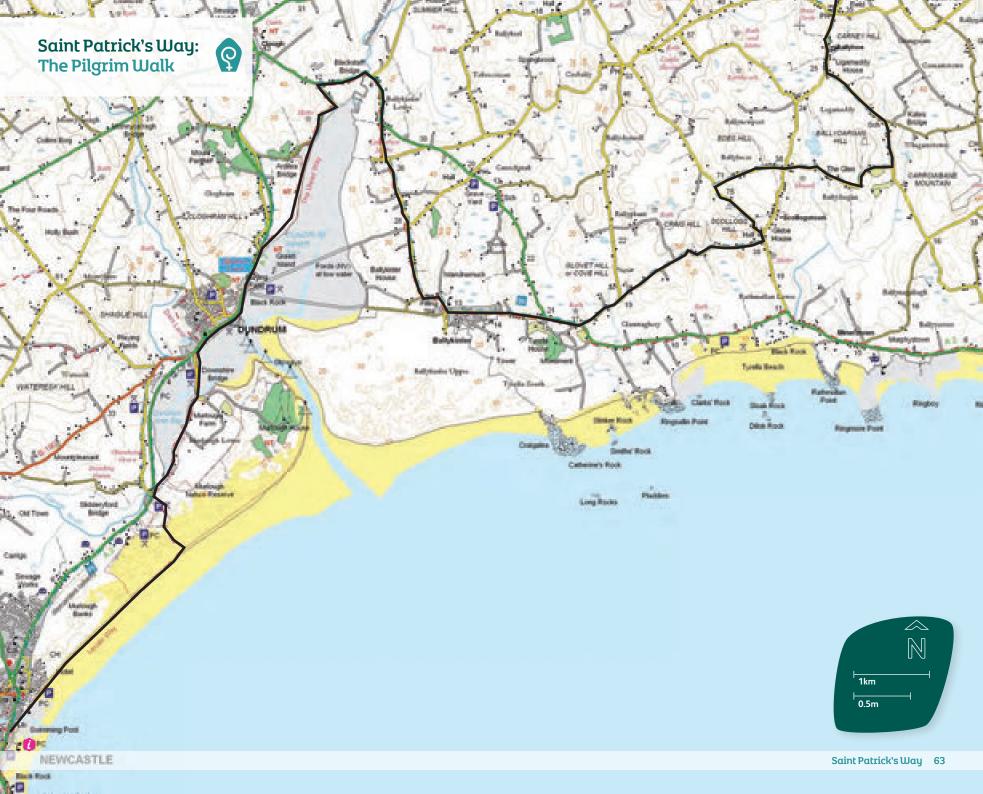
Leaving Newcastle, you pass the elegant facade of the Slieve Donard Resort and Spa, then the world-famous Royal County Down Golf Club that hosted the Irish Open 2015. The path then leads you to Murlough National Nature Reserve.

After exploring the ancient sand dune ecosystem, the Walk follows the inner bay to the villages of Dundrum and Clough. The coastal path which follows runs along a disused railway line that belonged to the Belfast and County Down Railway. Trains used to pass through here on the route between Belfast and Newcastle.

On one side, you'll see the tidal coastline of the inner bay and on the other a wooded area. Look out for wading birds on the mudflats as this is an important habitat for them.

Ballykinler and Tyrella give another coastal vista, then you head inland to Saint Patrick's Country in Downpatrick, where the patron saint established his first church and was later laid to rest.

18km



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Places to stay

Newcastle to Tyrella

KEY + = Places to stay on the route Radius Imile = 1.6km

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail. ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.

LUNCH BOX & FLASK REFILLS Ask your accommodation provider about lunch box and flask refills.

DRYING OUTDOOR CLOTHES Ask your accommodation provider about drying service. TRANSPORT Ask your accommodation provider about pick up & drop off service.

KINGS INN / 4 KM GUEST HOUSE

Castlewellan BT31 9DW T: 028 4377 8247 kingsinn.eu

ARLEY HOUSE / 1 KM BED & BREAKFAST

Dundrum BT33 0NG T: 028 4375 0949 arleyhousedundrum.co.uk

DOWNSHIRE MANOR /+ BED & BREAKFAST

Newcastle BT33 OLU T: 077 1160 9712 E: downshiremanorapartment @hotmail.co.uk

2 PARTERRE CRESCENT / 1 KM BED & BREAKFAST

Dundrum BT33 0WJ T: 028 4375 0808 E: harknessron@yahoo.co.uk

THE CARRIAGE HOUSE /+

BED & BREAKFAST Dundrum BT33 0LU T: 028 4375 1635 carriagehousedundrum.com

THE GATE LODGE /+

BED & BREAKFAST Dundrum BT33 0LU T: 028 4375 0902 E: johnarddundrum@me.com

TONLEGEE / 4 KM BED & BREAKFAST

Castlewellan BT31 9HY T: 028 4377 1398 tonlegee3@hotmail.com

BEAR COTTAGE / 4 KM SELF CATERING

Castlewellan BT31 9BQ T: 079 7692 9162 E: bearscottage@hotmail.com

CASTLE COTTAGE /+

SELF CATERING Dundrum BT33 0NF T: 028 4375 1320 jandncarey@gmail.com

CHANCES MOURNE VIEW APARTMENT /+

SELF CATERING Dundrum BT33 0LS T: 077 8680 5458 chancesmourneview.co.uk

CHERRY TREE FARMHOUSE / 4 KM SELF CATERING

Castlewellan BT31 9NS T: 077 3248 2983 E: hneill@mac.com

CURLETTS LODGE / 4 KM SELF CATERING

Castlewellan BT31 9BG T: 078 0388 4484 E: g.bragger@btinternet.com

DUNDRUM BAY HOLIDAY HOMES /+ SELF CATERING

Dundrum BT33 0LY T: 028 4372 4348 holidayhomes-ireland.com

DUNMEGAN COVE /+

SELF CATERING Dundrum BT33 0UJ T: 078 1460 4076 E: 87thequay@gmail.com

HILL HOUSE / 1 KM

Dundrum BT33 0NJ T: 028 4375 1464 visitcoastofdown.com/hillhouse

LOG CABIN /+

SELF CATERING Dundrum BT33 0NQ E: fionnuala10@hotmail.co.uk

MOURNE ESCAPE /+

SELF CATERING ***** Dundrum BT33 0LW T: 028 9268 8900 mourneescape.com

MOURNE HOUSE / 1 KM

SELF CATERING Dundrum BT33 0QG T: 028 9756 5769 E: mournehouse35@outlook.com

NEWTON LODGE / 4 KM SELF CATERING

Castlewellan BT31 9EX T: 028 4377 0256 accessibleholidaysni.co.uk

STONECROFT / 2 KM SELF CATERING

Castlewellan BT31 9HJ T: 028 4372 5396 E: carmelbill 123@hotmail.co.uk

THE ENGINE HOUSE /+ SELF CATERING

Newcastle BT33 OSX T: 077 4858 3493 dundrumaccommodation.com

THE LOFT / 4 KM SELF CATERING ****

Castlewellan BT31 9EX T: 078 5745 5745 E: roshmcm@gmail.com

33 THE QUAY /+ SELF CATERING

Dundrum BT33 OLS T: 078 3366 8660 E: jpentland@outlook.com

35 THE QUAY /+ SELF CATERING

Dundrum BT33 OLS T: 077 7542 6789 holiday-rentals.co.uk/p423951

39 THE QUAY /+ SELF CATERING

Dundrum BT33 OLS T: 079 8069 0250 E: janet.hamilton@yahoo.com

86 THE QUAY /+

SELF CATERING Dundrum BT33 0UJ T: 028 9753 2542 E: thequaydundrum@gmail.com

91 THE QUAY /+

SELF CATERING Dundrum BT33 0LS T: 028 9065 6474 E: pauline_wylie@hotmail.co.uk

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WATER'S EDGE APARTMENT /+ SELF CATERING

Dundrum BT33 0LS T: 028 4372 3445 E: watersedgedundrum @yahoo.com

CASTLEWELLAN FOREST PARK CARAVAN PARK

Castlewellan BT31 9BU T: 028 4377 8664 E: customer.forestservice@daera-ni. gov.uk

Saint Patrick's Way 65







See & Do Newcastle to Tyrella

Blue Beans Craft

Shop and Gallery Castlewellan BT31 9DQ T: 028 4377 0414 E: claireatbluebeans@ hotmail.co.uk

Castlewellan

Forest Park

Mount Pleasant Riding & Trekking Centre Castlewellan BT31 9BG T: 028 4377 8651 E: equestrian.

Seaforde Gardens & Tropical Butterfly House Seaforde BT30 8PG T: 028 4481 1225 E: plants@ seafordegardens.com PLEASE CHECK FOR OPENING HOURS & SEASONAL VARIATIONS

> For information on places to eat visit: saintpatrickscountry.com

Seaforde Gardens & Tropical Butterfly House

Castlewellan Forest Park

Down Catherral, Downpatrick

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Saint Patrick's Way: The Pilgrim Walk

Tyrella to Downpatrick (G) 16km

Downpatrick and the Lecale area, south-east of Strangford Lough, is known as 'Saint Patrick's Country', as the links to the saint's life and legacy are so significant.

The story of Christianity in Ireland began here, where Saint Patrick brought his boat ashore on Strangford Lough. Much of Lecale's Christian heritage is conserved.

Visitors can still walk in Saint Patrick's footsteps, from the site where he established his first church to his final resting place.

The coastal landscape around Tyrella and the rolling green farmland of Lecale is a treat for pilgrims. The landscape of trafficfree roads is dotted with churches and grand estates, as well as holy sites and historic buildings. Many Irish churches were destroyed by Viking raids, but they were often rebuilt. Later Norman invaders built new monasteries and abbeys here, as well as defensive buildings.

The spiritual centre of this section of The Pilgrim's Walk is Down Cathedral, a place of Christian worship since the 5th century. Downpatrick's town centre is compact, and many of the historically important sites are in a small area centred around the cathedral.

Other Christian Heritage sites are within a few miles of Downpatrick. The special atmosphere at these spiritual places is inspirational.



Why not download the app? walkdownpatrick.com



Saint Patrick's Way: The Pilgrim Walk

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Saint Patrick's Way 71

N. MEL





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Places to stay Tyrella to Downpatrick

Saint Patrick's Way:

The Pilgrim Walk



This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail. ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.

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DENVIR'S COACHING INN / 1 KM

GUEST HOUSE *** Downpatrick BT30 6AB T: 028 4461 2012 denvirs.com

THE MILL AT BALLYDUGAN / 1 KM

GUEST HOUSE *** Downpatrick BT30 8HZ T: 028 4461 3654 ballyduganmill.com

THE GRANARY / 1.5 KM

GUEST HOUSE Downpatrick BT30 8HZ T: 028 4461 3654 ballyduganmill.com

BALLYDUGAN HOUSE /+

BED & BREAKFAST Downpatrick BT30 8HA E: nicola.mb@ ballyduganhouse.com

BALLYMOTE HOUSE / 4 KM

BED & BREAKFAST **** Downpatrick BT30 8BJ T: 028 4461 5500 ballymotehouse.com

GATE LODGE AT OAKLEY /† BED & BREAKFAST

Downpatrick BT30 8AY T: 028 4485 1351 E: lenore.rea@googlemail.com

HILLSIDE / 2 KM BED & BREAKFAST

Downpatrick BT30 6DL T: 028 4461 3134 hillsidebb.co.uk

NUMBER NINE / 2.5 KM

BED & BREAKFAST Downpatrick BT30 6RP T: 028 4461 3907 numberninebandb.com

PADDY'S SLEEPY

ORCHARD / 4 KM BED & BREAKFAST Downpatrick BT30 6SX T: 028 4461 5750 paddysbarn.com

THE ROADHOUSES / 4 KM BED & BREAKFAST

Downpatrick BT30 7AA T: 028 4461 7490 E: denistumelty@tiscali.co.uk



BALLYDUGAN COTTAGES / 1.5 KM SELF CATERING ****

Downpatrick BT30 8HY T: 028 4483 9519 ballydugan.com (3 COTTAGES ON ONE SITE).

MILL COTTAGE / 4 KM

SELF CATERING **** Downpatrick BT30 7DX T: 028 4461 2767 millcottageireland.com

MILLER'S BARN / 4 KM

SELF CATERING **** Downpatrick BT30 7DX T: 028 4461 2767 millcottageireland.com

RATHDUNE GROVE / 1.8 KM

SELF CATERING Downpatrick BT30 6AT T: 077 0335 0683 E: adeleruthelisabeth@gmail.com

SALLY GARDENS COTTAGE / 2 KM SELF CATERING ****

Downpatrick BT30 8AB T: 028 4461 9772 E: edward.gordon1@hotmail.co.uk

THE BURREN – TYRELLA / 1.8 KM SELF CATERING

Downpatrick BT30 8SU theburren.co.uk



See & Do Tyrella to Downpatrick

Down Arts Centre Downpatrick BT30 6BP T: 028 4461 0747 www.downartscentre.com

Downpatrick & County Down Railway Downpatrick BT30 6LZ T: 028 4461 2233 www.downrail.co.uk

Quoile Countryside Centre Downpatrick BT30 7JB T: 028 4461 5520 E: louise.bain@doeni.gov.uk

Down Cathedral & St Patrick's Grave Downpatrick BT30 6AB T: 028 4461 4922 www.downcathedral.org Down County Museum Downpatrick BT30 6AH T: 028 4461 5218 www.downcountymuseum.co

Saul Church Downpatrick BT30 6PE T: 028 4461 3101

The Saint Patrick Centre Downpatrick BT30 6LZ T: 028 4461 9000 www.saintpatrickcentre.com PLEASE CHECK FOR OPENING HOURS & SEASONAL VARIATIONS

Ballynoe Stone Circle

Inch Abbey

Struell Wells visitstranafordlouah.co.uk

The Mound of Down visitstrangfordlough.co.uk





DOWN COUNTY MINISTS



Saint Patrick's Way: The Pilgrim Walk



Visit Saint Patrick's Country, Downpatrick

Where history & heritage live

saintpatrickscountry.com

See & Do Downpatrick

Downpatrick - Saint Patrick's Town

C/O Downpatrick Visitor Information Centre Downpatrick BT30 6LZ T: 028 4461 2233 saintpatrickscountry.com

Downpatrick is built on three drumlins and until very recently almost entirely surrounded by water and marshes. This made it an excellent defensive site in pre-historic and medieval times The early medieval Irish name Dun Lethglaise could mean "fort of the green sided place" There are many publications eq., Historic Walking Tour of Downpatrick, Saint Patrick's Country and now in this digital age, there is a much used App titled walkdownpatrick.com for everyone.

Down Cathedral & Saint Patrick's Grave

Downpatrick BT30 6AB T: 028 4461 4922 downcathedral.org

Down Cathedral was built on the ancient hill of Down in the 12th Century and has become a place of pilgrimage for 1,500 years. The massive granite stone marks Saint Patrick's Grave and it is here that people from all traditions leave wreaths on the grave every March.

Down County Museum

Downpatrick BT30 6AH T: 028 4461 5218 saintpatrickscountry.com

Situated in a Georgian gaol of 1796, Down County Museum is close to Down Cathedral and St Patrick's Grave, being the location of St Malachy's 12thcentury Monastery of the Irish. Today you can walk through modern galleries to see artwork relating to Saint Patrick and Early Christian and medieval artefacts from Downpatrick, Saul, Raholp, Maghera, Nendrum, Struell Wells and Inch Abbey. You can explore these in the 'Down Through Time' exhibition in the central Governor's Residence building and in the new extension at the rear of the old Cell Block, where the 10th-century Downpatrick High Cross and the 17th-century silver shrine of Saint Patrick's Jaw are to be found.

You can also relax in the Cathedral View Tearoom and visit the Gatehouse Shop or see the gaol cells and regular temporary exhibitions on local history.

> Down County Museum







See & Do Downpatrick

Mound Of Down

Downpatrick BT30 6AU T: 028 9082 3207 saintpatrickscountry.com

You can see one of the most important and dramatic early medieval Irish forts beside the River Quoile behind Down County Museum. It is the site of a motte for a timber castle, built by the Norman John De Courcy, who founded Inch Abbey on the other side of the river.

The Saint Patrick Centre

Downpatrick BT30 6LZ T: 028 4461 9000 saintpatrickcentre.com

Located in Downpatrick, this is the only permanent exhibition in the world dedicated to telling the story of Saint Patrick and includes an interactive exhibition and Imax presentation. The Centre offers a café, art gallery, craft shop, terraced gardens and Visitor Information Centre. It is a must-see stop for travellers with an interest in Christian Ireland. Guided tours of Saint Patrick's Country can be organised via the Centre.

Downpatrick & County Down Railway

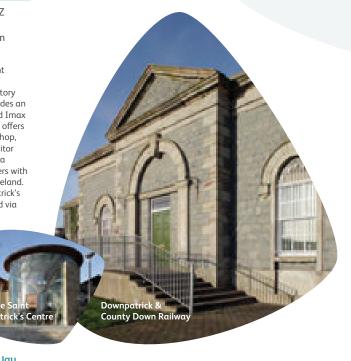
Downpatrick BT30 6LZ T: 074 8218 6019 downrail.co.uk

Journey through the drumlin countryside of County Down - St. Patrick's Country - over the River Quoile and under the graceful Down Cathedral. With a mix of steam and diesel trains, and vintage carriages. Run by volunteers, society membership gives you free travel. Whilst waiting for the train visit the Museum and Heritage Gallery.

St Patrick's Roman Catholic Church

Downpatrick BT30 6DN T: 028 4461 2084 parishofdownpatrick.org

The foundation stone of this church was laid by Bishop Dorrian in 1886. The church and neighbouring convent of the Sisters of Mercy were built in Gothic Revival style. The church spire was added in 1895 and a transept in 1993 incorporating a mosaic shrine in honour of Saint Patrick.



See & Do Downpatrick

Inch Abbey

Downpatrick BT30 9AX T: 028 9082 3207 saintpatrickscountry.com

Having destroyed the nearby Cistercian Abbey of Erenagh in 1177 on the grounds that it was fortified against him, John de Courcy rebuilt a monastery at Inch for this order as an act of atonement in the 1180s, inviting over Cistercians from Furness in Lancashire. It became the centre of English influence in East Ulster.



Quoile Castle and Quoile Pondage Nature Reserve

Downpatrick BT30 7JB T: 028 9082 3207 saintpatrickscountry.com

Quoile Castle is built on River Quoile for local notable Captain West at the end of the 16th Century. Nearby is Quoile Pondage Nature Reserve adjacent to the Quoile Estuary, which was created by the construction of a tidal barrier across the estuary of the River Quoile in 1957.

Saul Church

Downpatrick BT30 6PE T: 028 4461 3101 downcathedral.org

The first ecclesiastical site in Ireland was given to Patrick by the local ruler Dichu, one of his first converts when he landed at Inbher Slane (the Slaney River). The word Sabhall means barn in Irish and the site developed into a monastery which was restored by Saint Malachy around 1140.

Slieve Patrick

Downpatrick BT30 7JG T: 028 4461 2525 saulandballeeparish.com

Slieve Patrick is a giant statue of Saint Patrick which greets the visitor at the summit of Slieve Patrick mountain. The statue was erected in 1938 to commemorate the 1500th anniversary of Patrick's return to Ireland. It overlooks the spot to the north where Patrick landed his boat at St Patrick's Landing Site. There are interpretative panels located at the site.

St Tassach's Church, Raholp

Downpatrick BT30 7JR T: 028 9082 3207 saintpatrickscountry.com

Here lies the ruin of a church, two miles from Saul, which is one of the earliest Christian Buildings in Ireland associated with St Tassach, who administered the last rites to the dying St Patrick on 17 March 461.

Struell Wells

Downpatrick BT30 6RA T: 028 9082 3207 saintpatrickscountry.com

Among the first Holy Wells in Ireland, and blessed by Patrick when he arrived in Down, the Wells have attracted pilgrims since at least the Middle Ages.

Pilgrims have wandered down the secluded valley among the wells and have taken the waters which are claimed to have healing powers. The site also contains a ruined church and ancient Bath Houses which are unique in Ireland.

Ballynoe Stone Circle

Downpatrick BT30 6AR T: 028 9082 3207 saintpatrickscountry.com

Ballynoe Stone Circle is a Neolithic monument near Downpatrick where a 100ft Stone Circle encloses an ellipse of stones and a pre-historic burial mound. Dated to around 200BC. It is thought Ballynoe was begun in the Bronze Age.

Leave no trace

The area from Navan Centre & Fort to Downpatrick is rich in culture, heritage and biodiversity. Help preserve this stunning region and respect the natural environment by following these 7 handy hints to leave no trace.

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Plan Ahead and Prepare

Before you go check, where possible, if access is allowed and your activity is permitted in the area you wish to visit.

Respect any signs, regulations, policies and special concerns for the area that you wish to visit. Permits may sometimes be needed for activities on public lands.

Where possible travel by public transport or share cars; consider the availability of parking. Ensure you have the skills and equipment needed for your activity and to cope with emergencies that could arise.

Check the weather forecast and always be prepared for changing weather conditions.

For environmental and

safety reasons, and to minimise your impact on other users, keep group numbers small; split larger parties into smaller groups.

Be Considerate of Others

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Respect the people who live and work in the countryside. Park appropriately - avoid blocking gateways, forest entrances or narrow roads.

Remember that farm machinery, local residents and the emergency services may need access at all times.

Take care not to damage property, especially walls, fences and crops.

Respect other visitors and protect the quality of their experience. Let nature's sounds prevail. Keep noise to a minimum.

Respect Farm Animals and Wildlife

Dogs should be kept under close control and should only be brought onto hills or farmland with the landowner's permission. Some public areas stipulate that dogs must be kept on a lead at all times, please adhere to local guidelines.

Observe wild animals and birds from a distance. Avoid disturbing them, particularly at sensitive times: mating, nesting and raising young (mostly between spring and early summer).

Keep wildlife wild, don't feed wild animals or birds - our foods damage their health and leave them vulnerable to predators.

Farm animals are not pets: remain at a safe distance.

leave no trace

For more information visit: leavenotraceireland.org

Travel and Camp on Durable Ground

Durable ground includes established tracks and campsites, rock, gravel, dry grasses or snow.

In popular areas:

Concentrate use on existing tracks and campsites. To avoid further erosion, travel in single file in the middle of the track even when wet or muddy.

In more remote areas: Disperse use to prevent the creation of new tracks and campsites.

Avoid places where impacts are just beginning to show.

If camping: Protect water quality by

camping at least 30m from lakes and streams.

Keep campsites small and discreet. Aim to leave your campsite as you found it, or better.

5

Leave What You Find

Respect property. For example, farming or forestry machinery, fences, stone walls etc. Leave gates as you find them (open or closed).

Preserve the past: examine - without damaging - archaeological structures, old walls and heritage artefacts e.g. holy wells, mine workings, monuments.

Conserve the present:

leave rocks, flowers, plants, animals and all natural habitats as you find them. Fallen trees are a valuable wildlife habitat: do not remove or use for firewood. Avoid introducing nonnative plants and animals e.g. zebra mussels in rivers and lakes.

Do not build rock cairns. structures or shelters.

Dispose of Waste Properly

"If You Bring It In, Take It Out" - take home all litter and leftover food (including tea bags, fruit peels and other biodegradable foods). To dispose of solid human waste, dig a hole 15-20cms deep and at least 30m from water, campsites and tracks. Cover and disguise the hole when finished.

Bring home toilet paper and hygiene products. Wash yourself or your dishes 30m away from streams

or lakes and if necessary use small amounts of biodegradable soap. Bring home any solids and scatter strained dishwater. For more information on sanitation in the outdoors read the "Where to go in the outdoors" leaflet available on the website.

7 Minimise the **Effects of Fire**

Fires can cause lasting impacts and be devastating to forests, natural habitats and farmland. Therefore when camping use a lightweight stove for cooking.

Where fires are permitted: Use established fire rings, barbecues or create a mound fire.

Keep fires small. Only use sticks from the ground that can be broken by hand. Do not use growing vegetation for use as firewood.

Avoid burning plastics or other substances: which emit toxic fumes.

Burn all fires to ash, put out fires completely, and then scatter cool ashes.

Saint Patrick's Way: The Pilgrim Walk

Saint Patrick's Way: The Pilgrim Walk



Home of Saint Patrick's Festival

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Bound together by the importance and significance of their locations in the life of Saint Patrick, his legacy and mission, venues across Armagh and Downpatrick provide an impressive and eclectic mix of theatre, music, comedy, dance, poetry, exhibitions, lectures and a series of special walks and talks to suit all tastes in the annual Saint Patrick's Festival.

The festival schedule also features an inspiring range of spiritual events, many of which draw on the significance of Saint Patrick and the important role he played in bringing Christianity to Ireland and which allow visitors to reflect and retrace his steps. In addition, thought-provoking tours and church services allow the true meaning of his legacy to be remembered.

For more information and programme details please visit saintpatrickscountry.com







Armagh to Downpatrick, Northern Ireland

PILGRIM'S GUIDE

Visitor Information Centres

Armagh Visitor Information Centre T: 028 3752 1800

Banbridge Visitor Information Centre T: 028 4062 0232

Downpatrick Visitor Information Centre T: 028 4461 2233

Newcastle Visitor Information Centre T: 028 4372 2222

Newry Visitor Information Centre T: 028 3031 3170



an Iúir, Mhúrn agus an Dúin Newry, Mourne and Down



tourism northernireland

@PatricksCountry 9 f PatricksCountry

Walk in the footsteps of Saint Patrick

Dial 999 in an emergency requiring Police, Fire, Ambulance, Coastguard or Mountain Rescue

Emergency Contacts

In a non-emergency case, dial 101 for the **Police Service** of Northern Ireland