

Saint Patrick's Way: The Pilgrim Walk



Armagh to Downpatrick, Northern Ireland

PILGRIM'S GUIDE



Walk in the
footsteps of
Saint Patrick



Saint Patrick's life, legacy and landscape

Saint Patrick, the missionary who brought Christianity to Ireland, was born around AD 400, near the west coast of Roman Britain. Brought to Ireland as a slave around age 16, he tended animals, possibly on Slemish Mountain in County Antrim.

After escaping his captors and travelling to England and France, he studied to become a cleric, and eventually became Bishop. Patrick returned to Ireland in AD 432 as a missionary, believing he had been called by the angel Victorinus.

Saint Patrick brought his boat ashore on Strangford Lough in County Down, at the mouth of the River Slaney near Downpatrick. He went on to establish Ireland's first Christian church in AD 432, in the barn of a local chieftain at Saul near Downpatrick.

His name and legacy are linked to many spiritual sites in County Down, and Patrick also died in this county. His final resting place is beside Down

Cathedral in Downpatrick. Saint Patrick's link with Armagh is equally significant. During his mission, Patrick travelled around Ireland, converting thousands of pagans and baptising royal chieftains. At this time, Ireland was ruled by tribal chiefs. The Ulaid was one of the kingdoms in the north of the country. Its capital was Emain Macha, or Navan, close to Armagh.

Following negotiations with a local chieftain, Daire, Patrick was given a site on the hill at Armagh, where he built his church. The present-day Church of Ireland cathedral stands in this sacred spot. Patrick established Armagh as a great seat of Christian learning, and today it remains the ecclesiastical centre of Ireland.



I bind unto myself today
The virtues of the starlit heaven,
The glorious sun's life-giving ray,
The whiteness of the moon at even,
The flashing of the lightning free,
The whirling wind's tempestuous shocks,
The stable earth, the deep salt sea,
Around the old eternal rocks.

Saint Patrick's Breastplate

(The old lyrics of this traditional hymn have been attributed to Saint Patrick, and interpreted as a call for protection on a symbolic journey.)



Saint Patrick's Statue, Slieve Patrick



Walk in the footsteps of Saint Patrick

Saint Patrick's Way: The Pilgrim's Walk is a 132km (82 mile) trail connecting Armagh and Downpatrick as the two locations on the island of Ireland most closely related to Saint Patrick. Saint Patrick's Way is suitable for leisure walking and pilgrimages. The Walk begins at the Navan Centre outside Armagh City, winding through beautiful landscapes and historic cities, to end at Saint Patrick's final resting place at Down Cathedral in Downpatrick.

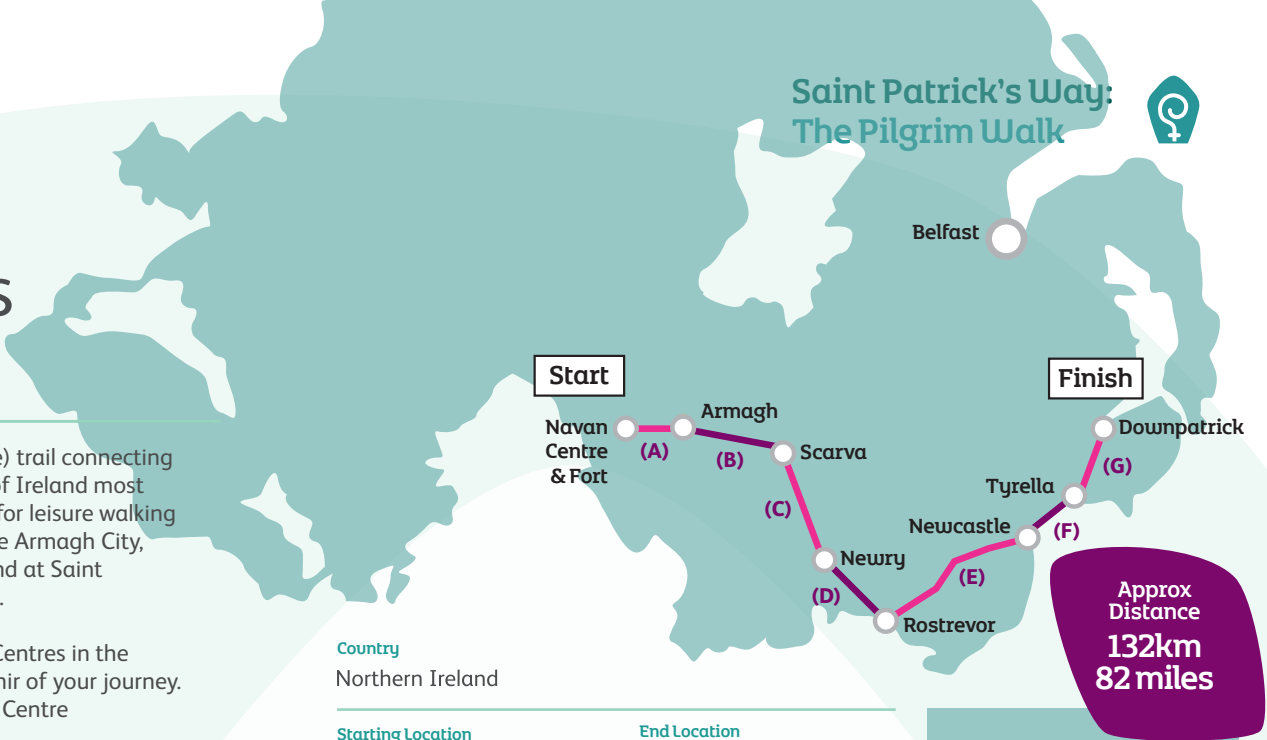
Pick up a Pilgrim's Passport at any of the Visitor Information Centres in the area. Stamp it at the 10 locations along the route, as a souvenir of your journey. When you show your completed Passport at The Saint Patrick Centre in Downpatrick, you receive a Certificate of Achievement.

The Pilgrim's Walk takes between 6 -10 days, depending on your pace. While the Walk is signposted and divided into manageable sections, as detailed here, it is recommended that you accompany this information with Ordnance Survey maps, available from Visitor Information Centres.



Get your Pilgrim's Passport stamped at all 10 locations along the route.

Follow the signposts along the route.



Country
Northern Ireland

Starting Location	End Location
Navan Centre & Fort	Downpatrick

Every day is different

The route covers varied topography, from rolling hills to canal towpaths. Every day offers different views and terrain, with a combination of off- and on-road trails. With plenty to do and see along the way, there are many cafés, restaurants and picnic sites for refuelling.

Armagh, the spiritual centre of Ireland and its oldest city is the starting point for exploring Saint Patrick's life and legacy. Fittingly called the 'Orchard County', Armagh has 4,000 acres of apple orchards. Beautiful pink blossom adorns the trees in May at the start of apple season. Saint Patrick

himself planted an apple tree at Ceangoba, an ancient settlement east of Armagh.

The Pilgrim's Walk leads you through Armagh and Down's rural, industrial and linen heritage, via canal towpath to the historic city of Newry.

The Walk takes a scenic route through the stunning Mourne Mountains, through beautiful forest to the seaside town of Newcastle. From here, the Walk travels through the untamed landscape of Murlough Bay Nature Reserve, by Dundrum Castle, Tyrella Beach and finally to Downpatrick.

ROUTE SECTIONS

- (A) Navan to Armagh & City Tour 5km/1 Day
- (B) Armagh to Scarva 20km/1 Day
- (C) Scarva to Newry 20km/1 Day
- (D) Newry to Rostrevor 15km/1 Day
- (E) Rostrevor to Newcastle 38km/2-3 Days
- (F) Newcastle to Tyrella 18km/1 Day
- (G) Tyrella to Downpatrick 16km/1 Day

All distances are approximate.



Alan Graham

Founder of the
Saint Patrick's Way

How did I get the idea of an Irish Pilgrimage route?

"Well it goes back many years, after I read the exploits of the famous Irish explorer Sir Ernest Shackleton on his adventures in the Antarctic, in particular his epic journey from Elephant Island to South Georgia, in which he saved his men from certain death. The words that had a big impression on me, were how Shackleton described his inner feelings, that he was not alone, he knew there was another invisible force encouraging him to save his men. As I have been on many Arctic and Alpine exhibitions, I could

understand what Sir Ernest Shackleton meant, and how hardship on a long walk can develop your personality and spirituality.

When I was walking the Camino de Santiago I was lying in my bunk wide awake due to the noise of my fellow pilgrims and it came to me as if from that voice that Shackleton heard, why not develop a pilgrimage route for Saint Patrick?

I thought Saint Patrick should be honoured with a pilgrim route in his name. I asked many pilgrims en route and they encouraged

me to pursue the project. When I got home, I started to plan the route of the Pilgrimage. I looked to Armagh as the starting point. Saint Patrick had made Armagh the most important site for religion in Ireland and as he is buried in Downpatrick it was obvious to me that this would be the initial route for the walk. I did investigate another route from Croagh Patrick in County Mayo to Armagh, but it would need a lot of work to make it happen - perhaps someday it will be a great coast to coast route across the Island. What has been developed is a wonderful pilgrim route with many variations of countryside from rural country lanes to canal

towpaths, over hills and wild places, reaching as far as the sea.

Saint Patrick's Way is a walk of many colours, feelings and memories to cherish. It is ideal for those who want to have the experience of nature and time to themselves."

ALAN GRAHAM



Navan Centre to Armagh (A) 1 Day

5km

Your journey begins in County Armagh, at the Navan Centre and the ancient city of Armagh.

The area is important archaeologically, with 7,500 years of history discovered here. Earthworks, settlement sites and sacred places have revealed many buried remains.

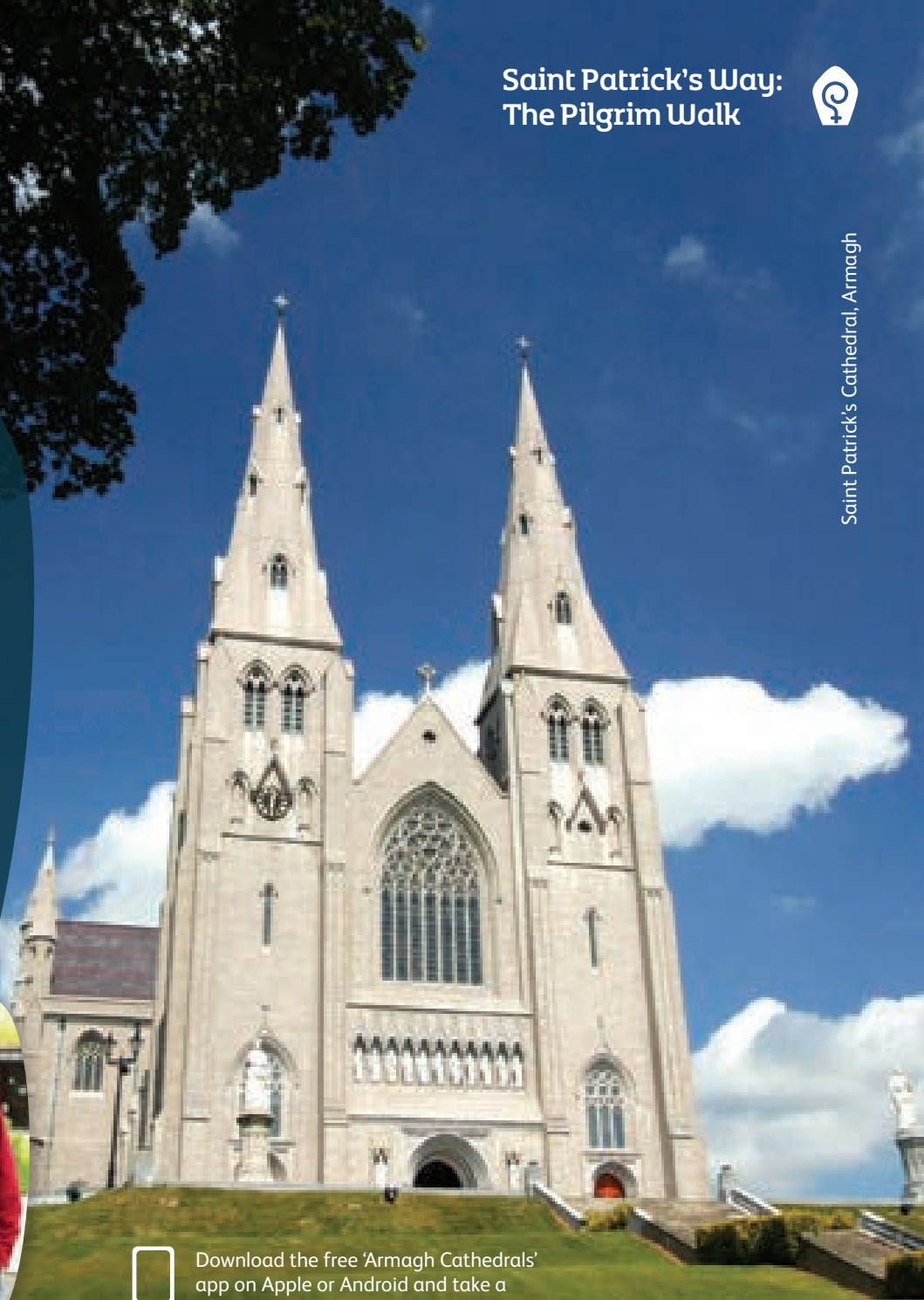
As Emain Macha, Navan Fort was the ancient seat of Kings and earliest capital of Ulster.

Saint Patrick is thought to have healed a local chieftain, Daire, who then gave him the site on the hill in Armagh to build his church. In Ard Macha, or Armagh, Saint Patrick established the city as a great seat of Christianity, as it remains today, and the city grew around

his church. The sacred site on the hilltop is known as Sally Hill, from the Old Irish "Druim Saileach".

Brian Boru, last High King of Ireland came to Navan around 1005. In Armagh, a plaque marks the area beside St Patrick's Church of Ireland Cathedral where he was buried in 1014.

Armagh is the seat of the Primate of All Ireland for both the Roman Catholic Church and the Church of Ireland. The city is rich in elegant architecture and fascinating Christian heritage. The tree-lined Mall, Georgian streets and heritage sites are all must see.



Saint Patrick's Cathedral, Armagh



Download the free 'Armagh Cathedrals' app on Apple or Android and take a self-guided tour

Armagh City Centre Street Map

Navan Centre & Fort Starting point of Saint Patrick's Way

Pilgrim's Walk

1

Navan Centre

START

Navan Fort

KILLYLEA ROAD A28

NAVAN FORT ROAD

KEY

T Toilets

KEY

T Toilets

Church

Visitor Information

STAMPER LOCATIONS

- 1 Navan Centre & Fort, Armagh
- 2 Abbey St/Dawson St, Armagh
- 3 The Palace Demesne, Armagh





Armagh to Scarva (B)

1 Day

20km

Moving out of Armagh City, you can see the range of mountains ahead and you get a vivid sense of the challenges to come and the prize that lies beyond, when your pilgrimage is complete.

From Armagh, the countryside is scenic, passing Lowry Lakes then Gosford Forest, then on towards Tandragee. The destination for this section of the Walk is Scarva, with its award-winning floral displays and canal paths, close to the town of Banbridge. Scarva Cycle Hire offers a range of bicycle hire options for adults and children (seasonal opening).

The area offers brisk cycle routes and historical trails which trace the history of Newry Canal. Explore the charm and beauty of the local area with 20 miles of leisurely traffic free, family friendly trails.

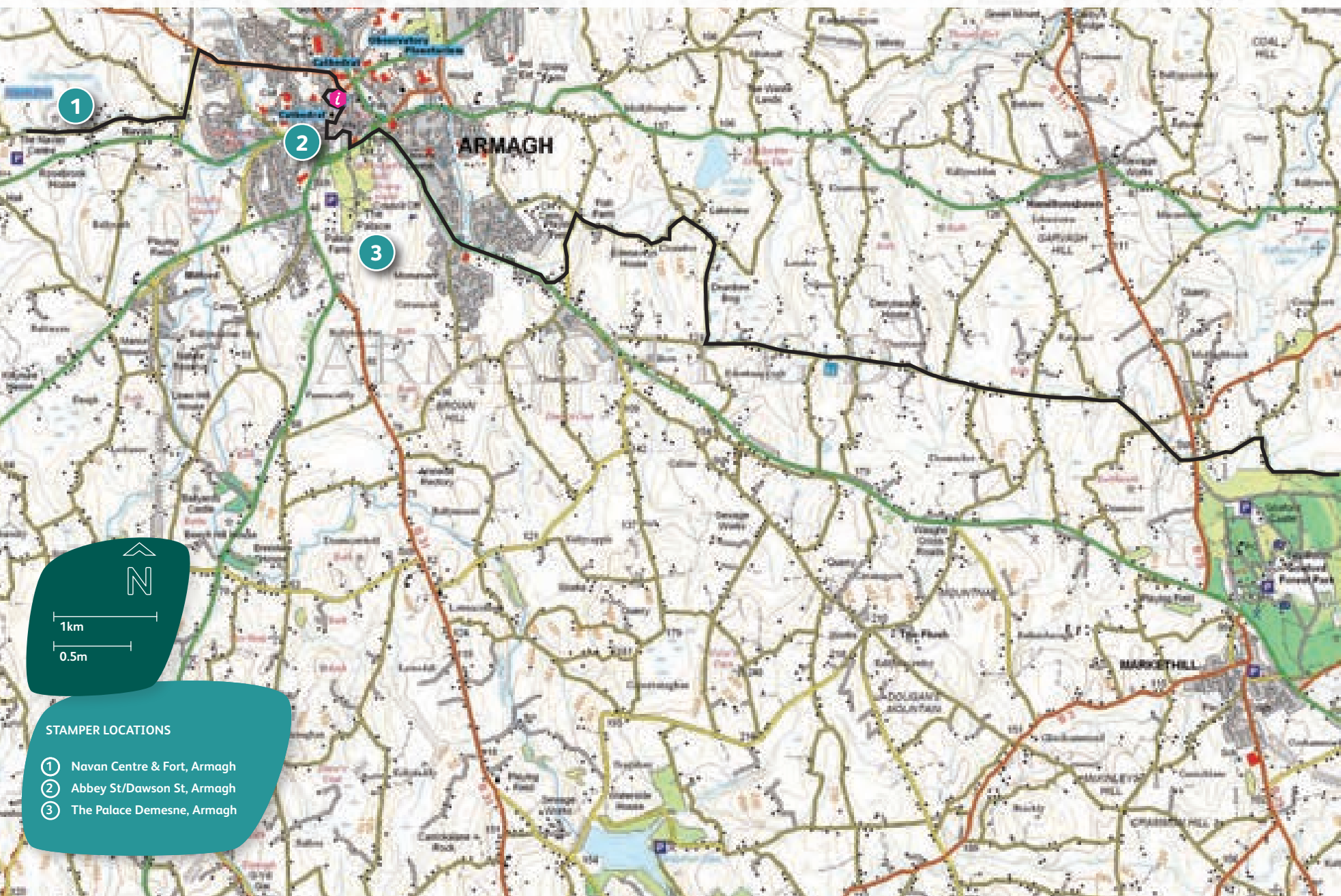
Banbridge is only a short distance from Scarva, and worth the detour. Proximity to the River Bann helped develop the linen industry in the area, and the town still flourishes. It's a friendly place with excellent visitor facilities.

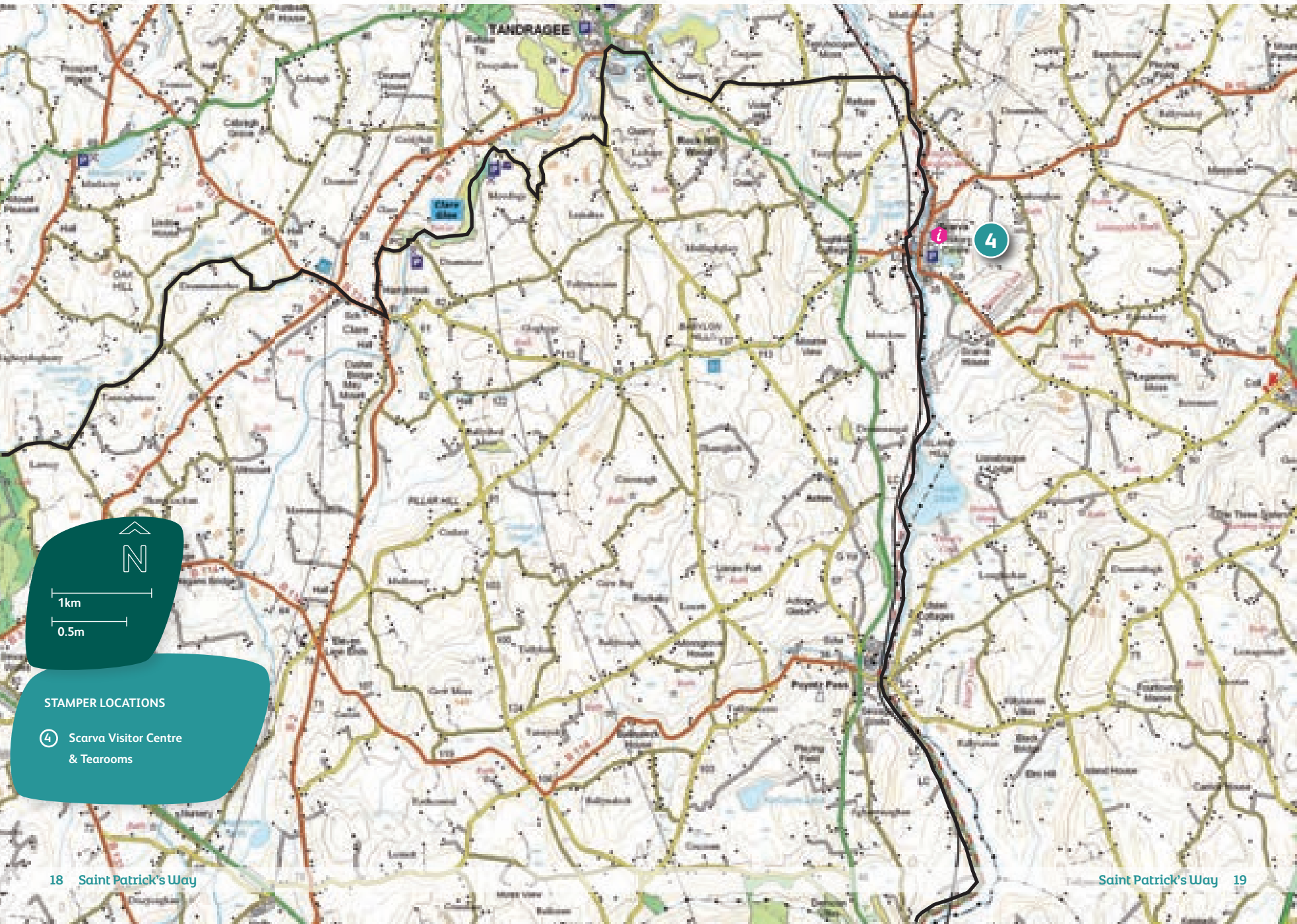
The Crozier Monument in Banbridge celebrates the town's most famous citizen - Captain Crozier of the North West Passage. Four polar bears look up at Crozier, who faces north-west.

You'll find great shopping in the town centre, with many family-run stores and high street favourites, as well as cafés, restaurants and a Visitor Information Centre.

Come and visit the F.E. McWilliam Gallery and Studio, located one mile from Banbridge Town Centre. The F.E. McWilliam Gallery and Studio is dedicated to the memory of Banbridge-born sculptor Frederick Edward McWilliam, one of Ireland's most influential and successful artists.

Frederick Edward McWilliam was born in Banbridge on the 30th April 1909. He died in London in 1992 and the executors of his estate donated the sculptor's studio and its contents to the town of his birth. The gallery and studio houses the collection in a superb exhibition facility of gallery, garden and reconstructed studio. The Gallery hosts four significant exhibitions per year as well as seasonal displays in the Sculpture Garden. It also provides a Visitor Information Centre, Café and Craft Shop.







PLEASE CHECK
FOR OPENING
HOURS & SEASONAL
VARIATIONS

See & Do Navan Centre to Armagh to Scarva

Saint Patrick's Cathedral

[Roman Catholic]
Cathedral Road
Armagh BT61 7QX
T: 028 3752 2813
armaghparish.net

Saint Patrick's Cathedral

[Church of Ireland]
Cathedral Close
Armagh BT61 7EE
T: 028 3752 3142
stpatricks-cathedral.org

The Navan Centre

81 Killylea Road
Armagh BT60 4LD
T: 028 3752 9644
navan.com

Armagh Planetarium

College Hill
Armagh BT61 9DB
T: 028 3752 3689
armaghplanet.com

Armagh Public Library

43 Abbey Street
Armagh BT61 7DY
T: 028 3752 3142
armaghpubliclibrary.arm.ac.uk

No 5 Vicars' Hill

No 5 Vicar's Hill
Armagh BT61 7ED
T: 028 3752 3142
armaghpubliclibrary.arm.ac.uk

Royal Irish Fusiliers Museum

Sovereign's House
The Mall Armagh BT61 9DL
T: 028 3752 2911
royalirishfusiliersmuseum.com

Armagh County Museum

The Mall East
Armagh BT61 9BE
T: 028 3752 3070
armagh.co.uk/
armaghcountymuseum

Cardinal Thomas O'Fiaich Memorial Library

15 Moy Road
Armagh BT61 7LY
T: 028 3752 2981
ofiaich.ie

Armagh Observatory

College Hill
Armagh BT61 9DG
T: 028 3752 2928
star.arm.ac.uk &
climate.arm.ac.uk

Irish and Local Studies Library

39c Abbey Street
Armagh BT61 7EB
T: 028 3752 7851
librariesni.org.uk

Craftswirl & Visitor Information Centre

40 English Street
Armagh BT61 7BA
T: 028 3752 1800
armagh.co.uk

Milford House Collections

3 Victoria Street
Armagh BT61 3DS
T: 028 3752 5467
milfordhouse.org.uk

William McCrum Park - Home of Penalty Kick

Milford Village
T: 028 3752 5467
milfordhouse.org.uk

Tayto Factory

The Square
Tandragee BT62 2AB
T: 028 3884 0249
tayto.com

The Market Place Theatre

Market Street
Armagh
BT61 7BW
T: 028 3752 1821
marketplacearmagh.com

Gosford Forest Park Markethill

7 Gosford Demesne
Markethill BT60 1UD
T: 028 3755 1277
gosford.org.uk

The Palace Demesne Public Park

The Palace Demesne
Armagh BT60 4EL
T: 028 3752 9600
armagh.co.uk

The Mall

The Mall Armagh
BT61 9AX

Clare Glen

Markethill Road
(Moodage Road)
Tandragee BT62 2ET
T: 028 3884 1110
clareglen.co.uk

F.E. McWilliam Gallery & Studio

200 Newry Road
Banbridge BT32 3NB
T: 028 4062 3322
femcwilliam.com

Thomas Ferguson Irish Linen

54 Scarva Rd
Banbridge BT32 3QD
T: 028 4062 3491
fergusonsirishlinen.com





Places to stay

Navan Centre & Fort to Armagh to Scarva

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail.

ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.



ARMAGH CITY HOTEL & CONFERENCE CENTRE

/ +
HOTEL ***
2 Friary Road
Armagh BT60 4FR
T: 028 3751 8888
armaghcityhotel.com

DOWNSHIRE ARMS HOTEL / 7KM

HOTEL ***
95 Newry Street
Banbridge BT32 3EF
T: 028 4066 2638
downshirearmshotel.com

BELMONT HOTEL / 7.5KM

HOTEL **
Rathfriland Road
Banbridge BT32 3LH
T: 028 4066 2517
E: hotelbelmont@btconnect.com

THE CHARLEMONT ARMS HOTEL / +

HOTEL **
57-63 English Street
Armagh BT61 7LB
T: 028 3752 2028
charlemontarmshotel.com

8km
Radius

1mile = 1.6km

KEY
+ = Places
to stay
on the route

Ask your
accommodation
provider about:

LUNCH BOX &
FLASK REFILLS

TRANSPORT
Pick up & Drop
Off Service

DRYING
OUTDOOR
CLOTHES

BLACKWELL HOUSE / 3KM

GUEST HOUSE *****
33 Mullabrack Road Scarva
Banbridge BT63 6BP
T: 028 3883 2752
blackwellhouse.co.uk

MONTAGU ARMS / +

GUEST HOUSE
9-19 Church Street
Tandragee BT62 2AF
T: 028 3884 0219
montagu-arms.com

DESART / +

BED & BREAKFAST
Desart Lane Cathedral Road
Armagh BT61 8AE
T: 028 3752 2387
E: sylviamcroberts@yahoo.co.uk

DRUMINARGLE HOUSE / 3KM

BED & BREAKFAST
29 Poyntzpass Road
Scarva BT63 6LE
T: 028 3831 8206
druminarglehouse.co.uk

DRUMSPITTAL HOUSE / 5KM

BED & BREAKFAST
9 Ballynagolan Road
Milford BT60 3PW
T: 028 3751 5305
dotsteenson@hotmail.com

FAIRYLANDS COUNTRY HOUSE / +

BED & BREAKFAST
25 Navan Fort Road
Armagh BT60 4PN
T: 028 3751 0315
fairylands.net

FRESH WINDS / 5KM

BED & BREAKFAST
30 Ringsend Road
Banbridge BT32 3QQ
T: 028 4062 2943
freshwindsbed
andbreakfast.co.uk

HILLVIEW LODGE / 3KM

BED & BREAKFAST
33 Newtownhamilton Road
Armagh BT60 2PL
T: 028 3752 2000
hillviewlodge.com

THE LAURELS / 2KM

BED & BREAKFAST
20 Monaghan Road
Armagh BT60 4DA
T: 028 3752 5318
E: thelaurelsarmagh@hotmail.com

THE MEADOWS / 2KM

BED & BREAKFAST
18 Monaghan Road
Armagh BT60 4DA
T: 028 3752 5257
E: gerardmcgleenan@hotmail.com

15 VICTORIA STREET / 1KM

BED & BREAKFAST
15 Victoria Street
Armagh BT61 9DS
T: 028 3752 4256
E: elizabeth.switzer@btinternet.com

BALLINAHONE LODGE / 2.5KM

SELF CATERING
42 Hamiltonsbawn Road
Armagh BT60 1EB
T: 028 3752 2594
E: davidsonsursery@
googlemail.com

GOLFKEEL / 7KM

SELF CATERING *****
15 Ballykeel Road Ballykeel
Banbridge BT32 3UE
T: 028 4062 5580
golfkeel.co.uk

LIMEWOOD / 6KM

SELF CATERING ***
53 Limewood, Scarva Road,
Banbridge BT32 3FH
T: 028 4062 8395
banbridgeselfcatering.com

LOUGHBRICKLAND COURTYARD / 4.5KM

SELF CATERING *****
Loughbrickland House,
Scarva Street,
Loughbrickland BT32 3NH
T: 078 7329 0504
loughbricklandcourtyard.com

PRIMROSE COTTAGE & CHESTNUT HOUSE / 5KM

SELF CATERING
87 Killylea Road
Armagh BT60 4QL
T: 075 4070 6255
armaghcountrycottages.co.uk

TANDRAGEE GATE LODGE / 5KM

SELF CATERING **
36 Tandragee Road
Markethill BT60 1TF
T: 028 3752 4256
tandrageegatelodge.com

ARMAGH CITY YOUTH HOSTEL / +

HOSTEL
45 Abbey Street
Armagh BT61 7DY
T: 028 3751 1800
armagh.co.uk

CLARE GLEN CARAVAN PARK / +

CARAVAN PARK *****
Moodage Road
Tandragee BT62 2ET
T: 028 3884 1110
clareglen.co.uk

GOSFORD FOREST PARK / +

CARAVAN PARK
54 Gosford Road
Markethill BT60 1UG
T: 028 3755 1277
T: 028 3755 2169

TEEPPE VALLEY CAMPSITE / 5KM

CAMPSITE
20 Shanecrackan Road
Markethill BT60 1TS
T: 028 3755 2092
teeppevalleycampsite.co.uk



Places to eat

Food is at the heart of Counties Armagh and Down. From independent award winning eateries to quirky cafés, enjoy an eclectic mix of new and traditional dishes and tastes made with the freshest of local ingredients.

We are proud of our local foods, not least the PGI ("protected geographical indication") status held by the humble Bramley Apple, grown throughout the Orchard County of Armagh. Sample the simple pleasure of apple tart, or a crisp glass of refreshing cooled cider or apple juice. We celebrate our delicious seafood, caught fresh in local waters and brought ashore to be enjoyed. Taste the fresh juicy langoustines, turbot, plaice, brill and shellfish for starters.

Artisan producers abound across Saint Patrick's Country – sample locally produced beers, ciders, delis & patisseries, baked produce and much more.

If you want to practice your culinary skills, you can spend time at a local cookery school. Nearby, the Mourne Seafood Cookery School, Kilkeel is a must for seafood lovers, with expert staff helping you to develop your skills.

For information
on places to eat visit:
saintpatrickscountry.com



Mourne Seafood Cookery School





Scarva to Newry (C)

20km

1 Day

This section of your journey is via Newry Canal towpath, on mainly flat waterside paths.

Newry Canal is the oldest summit-level canal in Britain and Ireland, and opened in 1742, connecting Portadown and Newry. It once had 14 lock gates. The workers who dug the canal were known as 'navvies'. These men lived in camps alongside the canal as they worked.

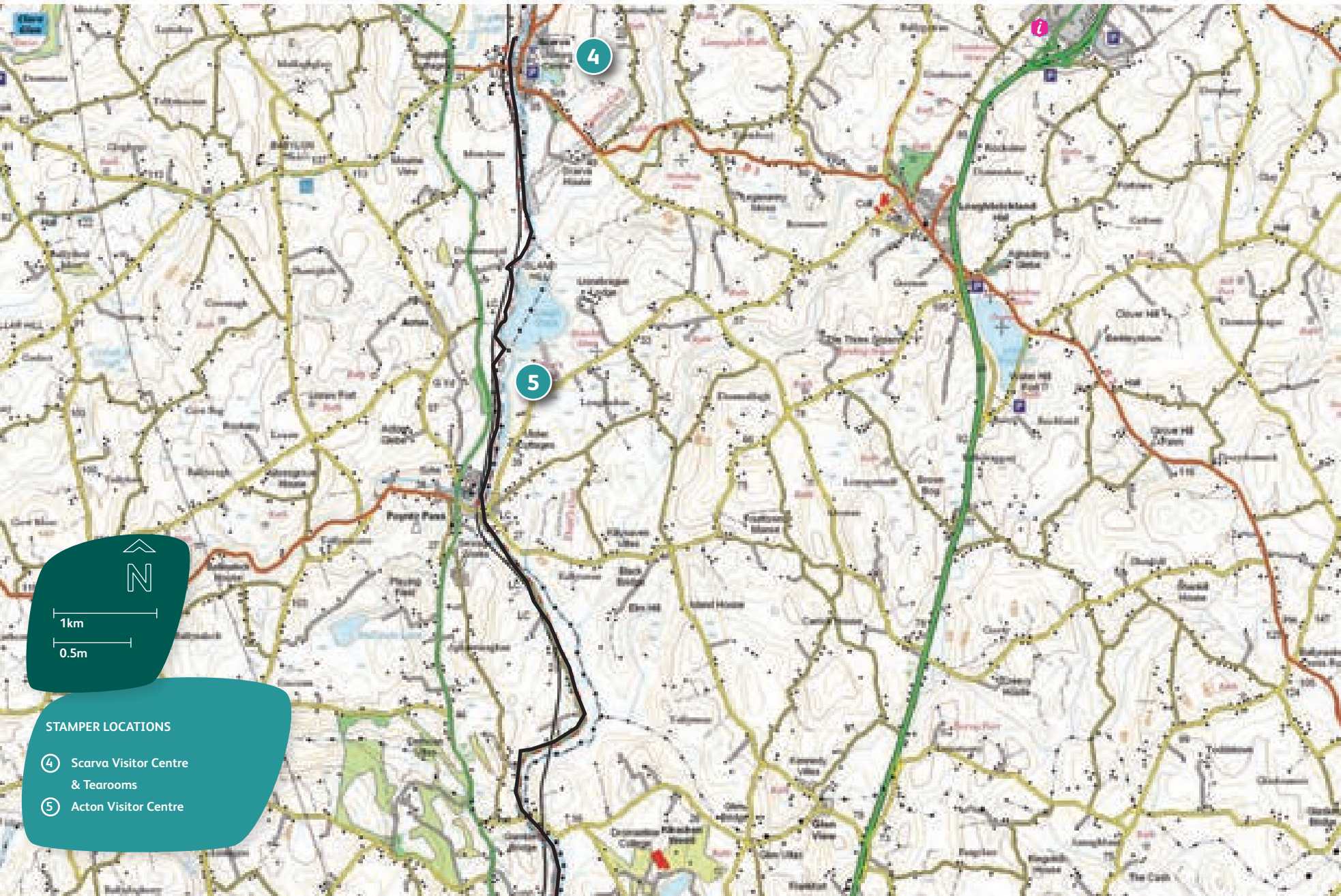
The canal was a vital link to transport coal from Coalisland in County Tyrone.

Navigation stopped here in 1946. Around this area is much bogland, making it an important habitat for wildlife. There were once only three 'passes' through the bog - Scarva (once called Scarvagh Pass), Poyntzpass and Jerrettspass. These three villages still flourish today, and you will pass them en route.

There are also woods and a lough nearby (Lough Shark or Acton Lake), with plenty of places to stop and enjoy the birdlife and scenery.

Your towpath walk will bring you to the historic city of Newry. While travelling on his mission in Ireland, Saint Patrick spent time in a place called Glen Righe, or Clanrye. Patrick planted a yew tree here above the Clanrye River that flows through Newry, as a symbol of his faith. Today, Newry city's coat of arms shows Saint Patrick between yew trees.

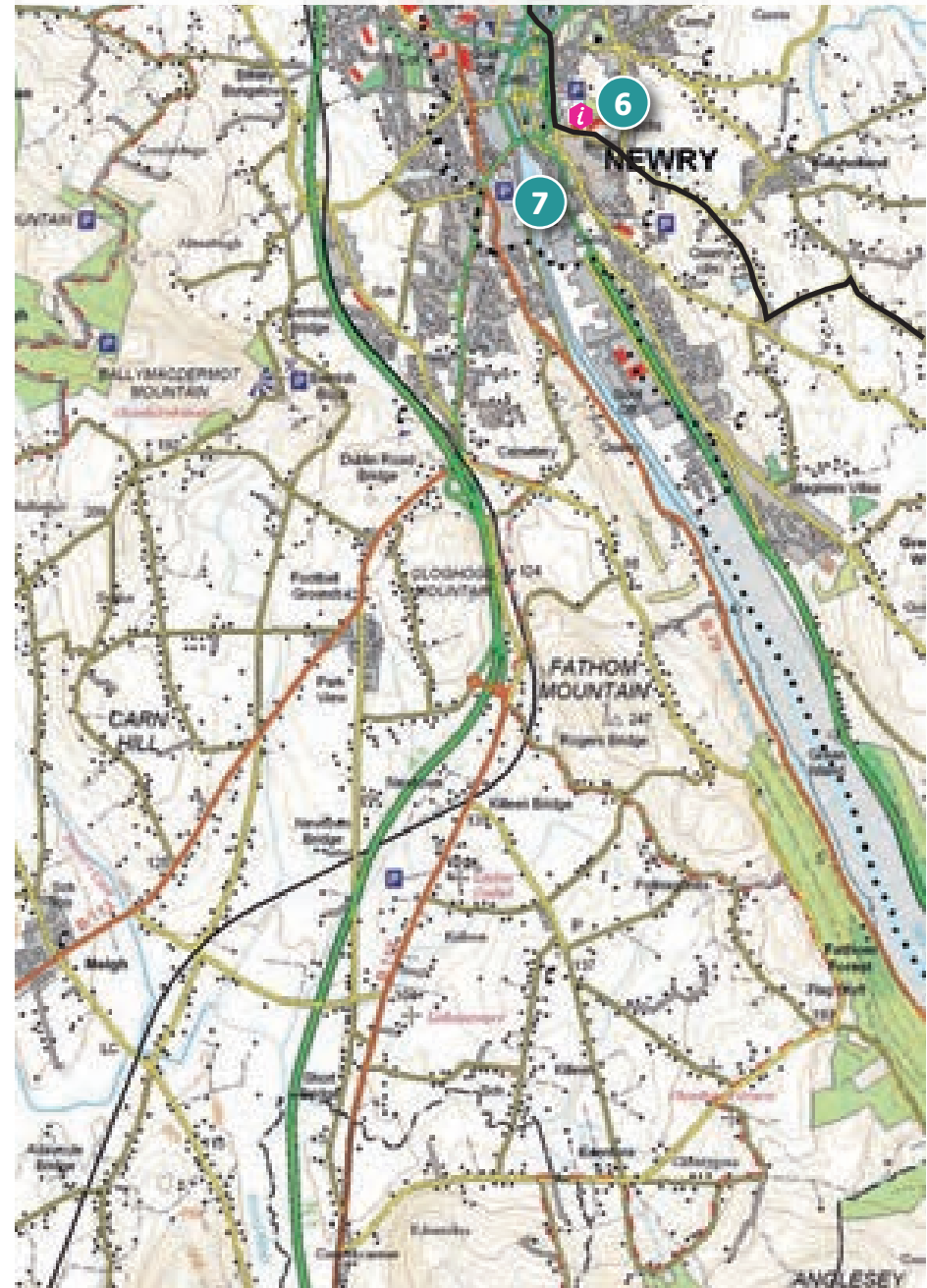
The city itself is vibrant, with bars, restaurants and plenty of shopping, as well as an interesting heritage trail and flourishing arts scene.



Saint Patrick's Way: The Pilgrim Walk



Saint Patrick's Way: The Pilgrim Walk





PLEASE CHECK
FOR OPENING
HOURS & SEASONAL
VARIATIONS

See & Do Scarva to Newry

Newry and Mourne
Museum -
Bagenal's Castle



Sluicekeeper's Heritage Centre

Towpath between
Poynitzpass and Scarva
M: 077 4227 7775
iwai.ie/newry

Bessbrook Model Village

Bessbrook BT35 7HD
T: 028 3084 8190
visitmournemountains.co.uk

Craigmore Viaduct

Newry BT35 6JR
T: 028 3031 3170
visitmournemountains.co.uk

Derrymore House

Bessbrook BT35 7EF
T: 028 8778 4753
[nationaltrust.org.uk/
derrymore-house](http://nationaltrust.org.uk/derrymore-house)

Millworker's House

Bessbrook BT35 7HD
T: 028 3083 7143
visitmournemountains.co.uk

Camlough Lake

Camlough BT35 7JJ
T: 028 3031 3170
visitmournemountains.co.uk

Newry Heritage Trail (walking trail)

Newry BT34 2BY
T: 028 3031 3170
visitmournemountains.co.uk

Newry and Mourne Museum - Bagenal's Castle

Newry BT34 2BY
T: 028 3031 3178
bagenalscastle.com

Albert Basin

Newry BT35 8QS
T: 028 3031 3170
visitmournemountains.co.uk

Newry Variety Market

Newry BT34 2BP
T: 028 3026 3004
visitmournemountains.co.uk

Cathedral of Saint Patrick & Saint Colman

Newry BT34 1AT
T: 028 3026 4154
newrycathedralparish.org

Newry Town Hall

Newry BT35 6HR
T: 028 3031 3180
visitmournemountains.co.uk

St. Patrick's Church of Ireland

Newry BT34 1HJ
stpatricks-newry.com

Craigmore Viaduct



Saint Patrick's Way: The Pilgrim Walk

Saint Patrick's Way: The Pilgrim Walk



- Visitor Information
- Public Library
- Bank/Bank Machine

- Public Toilet
- Post Office
- Hotel

- Newry Leisure Centre
- Bureau de Change
- Shuttle Bus to Train Station

- National Cycle Route Newry Canal Towpath
- Hospital
- Church

- Taxi
- Museum
- Cinema

Free City Centre Wifi

Newry



Places to stay

Scarva to Newry

**8km
Radius**

1mile = 1.6km

KEY
+ = Places
to stay
on the route

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail.

ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.



Ask your
accommodation
provider about:

**LUNCH BOX &
FLASK REFILLS**

**DRYING
OUTDOOR
CLOTHES**

TRANSPORT
Pick up & Drop
Off Service



CANAL COURT HOTEL AND SPA / + **HOTEL ******

Newry BT35 8HF
T: 028 3025 1234
canalcourthotel.com

FRANCIS COURT HOTEL / + **HOTEL**

Newry BT35 8BQ
T: 028 3026 6926
franciscourthotel.com

MOURNE COUNTRY HOTEL / 1KM **HOTEL**

Newry BT34 1TR
T: 028 3026 7922
mournecountryhotel.co.uk

BELMONT HALL / 1KM **GUEST HOUSE**

Newry BT34 1EE
T: 028 3026 2163
belmont-hall.co.uk

FLAGSTAFF LODGE / 4KM **GUEST HOUSE**

Newry BT35 8LZ
T: 028 3026 3871
E: enquiries@flagstafflodgenewry.com
com flagstafflodgenewry.com

MOURNE DRIVE GUEST ACCOMMODATION / 2KM **GUEST HOUSE**

Newry BT34 1BN
T: 028 3026 1660
E: stephendcdowney
@live.co.uk

ASHDENE HOUSE / 1KM **BED & BREAKFAST**

Newry BT34 1EG
T: 028 3026 7530
bandbireland.com/
accommodation/3646/down/
ashdene-house.html

HIGHFIELDS B&B / 4KM **BED & BREAKFAST**

Newry BT35 8UQ
T: 028 3026 2335
highfieldsbandbnewry.com

LISMORE HOUSE / 4KM **BED & BREAKFAST**

Newry BT35 8QP
T: 028 3026 1984
lismorehouse.com

MILLVALE HOUSE / 1.5KM **BED & BREAKFAST**

Bessbrook BT35 7LP
T: 028 3026 3789
E: catherinefarello2@gmail.com

RAILWAY HOUSE / + **SELF CATERING**

Jerrettspass BT35 6LU
T: 028 3082 1342
E: ferrisgillian@yahoo.com





Newry to Rostrevor (D)

15km

1 Day

From Newry you can see Carlingford Lough and mountain views on either side.

The Walk takes you through stunning scenery as you approach Warrenpoint and then Rostrevor. Looking across Carlingford Lough you can see the Cooley Mountains, while looking north-east, the Mourne Mountains tower before you. The walk towards Warrenpoint and Rostrevor leads you to approach the Mourne Mountains from the south.

The picturesque village of Rostrevor contains many fine eighteenth and nineteenth century homes, Rostrevor has barely changed from its Edwardian heyday.

From the charming C.S Lewis inspired Narnia Trail to its world-class mountain bike trails, Kilbroney Park in Rostrevor offers a host of attractions. Rostrevor is also home to the Holm Oak Tree, Northern Ireland's representative for the 'European Tree of The Year 2017' competition.

On this stretch of walk, you'll get a great sense of the changing landscape. Where a short time ago you walked along an inland canal towpath, now you are in the midst of mountains, and can see the coastline.



6

7

8

NEWRY

PATHOM MOUNTAIN

CRAIGNAMORE
SLEVEACARNANE

LECKAN
MORE

THUNDERS
HILL

ANGLESEY MOUNTAIN

WARRENPOINT

ROSTREVOR

STAMPER LOCATIONS

- ⑥ Sean Hollywood Arts Centre, Newry
- ⑦ Newry and Mourne Museum - Bagenal's Castle, Newry
- ⑧ Kilbroney Park, Rostrevor



Places to stay Newry to Rostrevor

8km
Radius

1mile = 1.6km

KEY
+ = Places
to stay
on the route

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail.

ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.



LUNCH BOX & FLASK REFILLS
Ask your accommodation provider about lunch box and flask refills.

DRYING OUTDOOR CLOTHES
Ask your accommodation provider about drying service.

TRANSPORT
Ask your accommodation provider about pick up & drop off service.

WHISTLEDOWN HOTEL / 4KM
HOTEL ***
Warrenpoint BT34 3NH
T: 028 4175 4174
thewhistledownhotel.com

SEAVIEW GUESTHOUSE / 4KM
GUEST HOUSE
Rostrevor BT34 3AD
T: 028 4173 9143
seaviewguesthouseireland.com

THE BALMORAL / 4KM
GUEST HOUSE
Warrenpoint BT34 3NJ
T: 028 4175 4093
balmoralwarrenpoint.co.uk

THE LOUGH AND QUAY / 4KM
GUEST HOUSE
Warrenpoint BT34 3NB
T: 028 4175 2082
theloughandquay.com

THE OYSTERCATCHER /+
GUEST HOUSE
Rostrevor BT34 3EU
T: 079 6171 5772
oystercatcher.ie

THE ROSTREVOR INN /+
GUEST HOUSE
Rostrevor BT34 3BG
T: 028 4173 9911
therostrevorinn.com

FIR TREES / 2.5 KM
BED & BREAKFAST ****
Rostrevor BT34 3AD
T: 028 4173 8602
firtrees.co.uk

GREAT GEORGES STREET B&B / 4 KM
BED & BREAKFAST
Warrenpoint BT34 3HR
T: 075 1549 7611
E: kellymgrant@gmail.com

MOURNEFOOT / 1 KM
BED & BREAKFAST
Mayobridge BT34 2JG
T: 028 3085 1501

ROSS HOUSE / 1 KM
BED & BREAKFAST
Rostrevor BT34 3DE
T: 028 4173 8127
rosshouserostrevor.co.uk

THE SANDS / 1 KM
BED & BREAKFAST
Rostrevor BT34 3EU
T: 028 4173 8151
thesandsbandbrostrevor.co.uk

WARING BANK
BED & BREAKFAST
Rostrevor BT34 3AB
T: 028 4173 8065
waringbank.com

AN RADHAIRC / 1KM
SELF CATERING
Rostrevor BT34 3AX
T: 00 353 47 85951
rostrevorselfcatering.com

BAILE / 2.5KM
SELF CATERING
Warrenpoint BT34 3TU
T: 078 3501 6836
E: fionnuala.gonzalez@outlook.com

CEDAR COTTAGE / 4 KM
SELF CATERING *****
Warrenpoint BT34 3NW
T: 028 4175 2999
cedarcottage44.com

CROTLIEVE BARN /+
SELF CATERING
Rostrevor BT34 3DD
T: 028 4173 8868
crotlievebarn.com

DOLLY'S COTTAGE / 4 KM
SELF CATERING
Warrenpoint BT34 3NJ
T: 028 4177 3669
dollyselfcateringcottage.com

GLENSHEELIN /+
SELF CATERING
Rostrevor BT34 3AA
T: 028 4173 8577
glensheelin.com

GLENWOOD COTTAGE / 4 KM
SELF CATERING
Mayobridge BT34 2HY
T: 028 3085 1278
E: elizabethfegan@btinternet.com

NARROW WATER CASTLE / 4 KM
SELF CATERING *****
Warrenpoint BT34 3LE
T: 077 8473 0826
E: ramonaoneill@gmail.com

ROSTREVOR HOLIDAYS / 1KM
SELF CATERING
Rostrevor BT34 3BW
T: 028 4173 8727
rostrevorholidays.com
(10 COTTAGES ON ONE SITE).

SALLY'S GARDEN /+
SELF CATERING
Warrenpoint BT34 3PY
T: 077 4903 8101
sallysgardencottage.com

SEAMOURNE / 4 KM
SELF CATERING
Warrenpoint BT34 3NL
T: 077 8443 5796
E: seamourne@gmail.com

12 SEAVIEW / 4 KM
SELF CATERING
Warrenpoint BT34 3NJ
T: 028 4063 1025
E: julie@analoguecat.com

TEACH NEID / 4 KM
SELF CATERING
Mayobridge BT34 2HZ
T: 028 3085 1506
teachneidselfcatering.com

THE RATH BARN / 4 KM
SELF CATERING
Mayobridge BT34 2JG
T: 028 3085 1451
rathbarn.co.uk

KNOCKBARRAGH HOSTEL / 4 KM
HOSTEL ***
Rostrevor BT34 3LN
T: 028 4173 9923
eastcoastadventure.com

THE KILBRONEY CENTRE / 2 KM
HOSTEL ****
Rostrevor BT34 3BT
T: 078 2486 1723
kilbroneycentre.com

KILBRONEY CARAVAN PARK /+
CARAVAN PARK ****
Rostrevor BT34 3AA
T: 028 4173 8134
visitmournemountains.co.uk



PLEASE CHECK
FOR OPENING
HOURS & SEASONAL
VARIATIONS

See & Do Newry to Rostrevor

Burren Heritage Centre

Burren BT34 3QT
T: 028 4177 3378

Donaghaguy Reservoir

Warrenpoint BT34 3RZ
visitmournemountains.co.uk

The Coronation Stone

Warrenpoint BT34 3PF
T: 028 4175 2256
visitmournemountains.co.uk

Warrenpoint Municipal Park

Warrenpoint BT34 3HZ
T: 028 4175 2256
visitmournemountains.co.uk

Warrenpoint Harbour

Warrenpoint BT34 3JR
T: 028 4175 2878
warrenpointharbour.co.uk

Narrow Water Castle

Warrenpoint BT34 3LE
T: 028 4175 2256
visitmournemountains.co.uk

Ross Monument

Rostrevor BT34 4ET
T: 028 4175 2256
visitmournemountains.co.uk

Kilbroney Park & Cloughmore Stone

Rostrevor BT34 3DQ
T: 028 4173 8134
visitmournemountains.co.uk

Kilbroney Old Graveyard

Rostrevor BT34 3BW
visitmournemountains.co.uk

Mill Pond Donaghaguy

(Fishing)
Newry BT34 2PT
visitmournemountains.co.uk

Annett's Garden & Outdoor Living Centre

Warrenpoint BT34 3RX
T: 028 4177 3237
E: annettgc@aol.com
annettsgardencentre.com

Castle Cruises Ltd

Warrenpoint BT34 3UE
T: 028 4175 3425
E: castlecruises3@yahoo.co.uk

Castaway Seaview Spa (Including seaweed baths)

Warrenpoint BT34 3HN
T: 028 4177 3075
E: info@castaway.co.uk
castawayspa.co.uk

Cloughmore Trail

Rostrevor BT34 3DQ
T: 028 4173 8134
visitmournemountains.co.uk

Narnia Trail

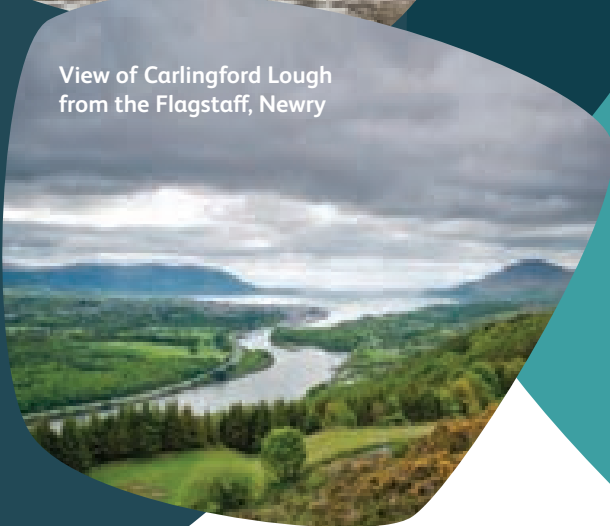
Rostrevor BT34 3DQ
T: 028 4173 8134
visitmournemountains.co.uk

Killowen Outdoor Education Centre

(Residential Youth
Summer Courses)
Killowen BT34 3AF
T: 028 4173 8297
selb.org/killowen



Narrow Water Castle



View of Carlingford Lough
from the Flagstaff, Newry

Saint Patrick is believed to have converted local hill folk in the Mourne Mountains. A rock in the small stream which marks the boundary of the Kingdom of Mourne is rumoured to have Saint Patrick's handprint on it, at the spot where he knelt to drink the water. Another legend persists that Saint Patrick banished the snakes from Ireland at the foothill of Slieve Donard.



Rostrevor to Newcastle (E) 38km

2/3 Days

This section begins and ends with a scenic town and forest trail, with the drama of the Mourne Mountains in between.

You'll follow parts of the Ulster Way and Mourne Way, through the foothills of the mountains on spectacular terrain. As with all sections of The Pilgrim's Walk, keep your camera close to hand!

The first part takes you through Rostrevor Forest towards Spelga Dam. CS Lewis, author of *The Chronicles of Narnia*, holidayed in the Mournes near Rostrevor, and the location inspired his fictional landscapes.

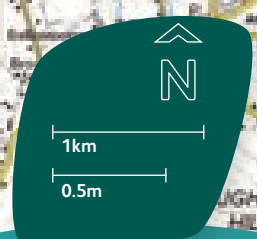
The Pilgrim's Walk then takes you around Slieve Bearnagh into Tollymore Forest Park and following through into Newcastle. Slieve Bearnagh is the fourth highest mountain in the range, with two large granite tors at the summit and a col lying between them.

This is an Area of Outstanding Natural Beauty. The town of Newcastle is on the Irish Sea coast, at the base of Slieve Donard, the highest peak in Northern Ireland. Newcastle is the town that inspired Percy French when he wrote the famous song words "where the Mountains of Mourne sweep down to the sea".

Walking in the Mournes is exciting because of the varied terrain and wonderful views. You'll come across forest, water, sea views, and majestic granite tors and peaks.

Links with Saint Patrick are many. The summit of Slieve Donard has a hermit's cell in the Great Cairn and an oratory in the Lesser Cairn, both constructed by Saint Donard. He was the son of a local pagan chieftain, and an important disciple of Saint Patrick.

Donard's conversion to Christianity is said to have been prompted by Saint Patrick bringing Donard's bull back to life after it had been butchered.



⑧ Kilbroney Park, Rostrevor

Saint Patrick's Way: The Pilgrim Walk





↑
N

1km
0.5m

STAMPER LOCATIONS

9 Newcastle Visitor Information Centre



Places to stay Rostrevor to Newcastle

8km
Radius

1mile = 1.6km

KEY
+ = Places
to stay
on the route

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail.

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LUNCH BOX & FLASK REFILLS

Ask your accommodation provider about lunch box and flask refills.

DRYING OUTDOOR CLOTHES

Ask your accommodation provider about drying service.

TRANSPORT

Ask your accommodation provider about pick up & drop off service.

BURRENDALE HOTEL, COUNTRY CLUB AND SPA /+

HOTEL ****
Newcastle BT33 0JJ
T: 028 4372 2599
burrendale.com

SLIEVE DONARD RESORT AND SPA /+

HOTEL ****
Newcastle BT33 0AH
T: 028 4372 1066
hastingshotels.com

DONARD HOTEL /+

HOTEL **
Newcastle BT33 0AD
T: 028 4372 2203
donardhotel.co.uk

AVOCA HOTEL /+

HOTEL *
Newcastle BT33 0HH
T: 028 4372 2253
avocahotel.co.uk

ENNISKEEN COUNTRY HOUSE HOTEL /+

HOTEL
Newcastle BT33 0LF
T: 028 4372 2392
enniskeenhotel.com

GOLF LINKS HOUSE /+

GUEST HOUSE
Newcastle BT33 0LN
T: 028 4372 2054
golfinkshouse.com

HARBOUR HOUSE INN / 2 KM

GUEST HOUSE
Newcastle BT33 0EX
T: 028 4372 3445
harbourhouseinn.co.uk

THE BRIERS COUNTRY HOUSE / 1 KM

GUEST HOUSE ***
Newcastle BT33 0JJ
T: 028 4372 4347
thebriers.co.uk

AMBLE IN /+

BED & BREAKFAST
Newcastle BT33 0EQ
T: 028 4372 4552
newcastlebandb.com

BEACH HOUSE /+

BED & BREAKFAST ****
Newcastle BT33 0AG
T: 028 4372 2345
beachhouse-newcastle.co.uk

CASTLE CORRIGS HOUSE /+

BED & BREAKFAST
Newcastle BT33 0JY
T: 028 4372 6986
E: corrigs@btinternet.com

CHERRYHILL /+

BED & BREAKFAST
Newcastle BT33 0PW
T: 028 4372 4866
cherryhill-lodge.com

CHERRY VILLA /+

BED & BREAKFAST
Newcastle BT33 0EQ
T: 028 4372 4128
E: cherryvilla@btconnect.com

COOLGREENEY /+

BED & BREAKFAST
Newcastle BT33 0AG
T: 028 4372 6390
coolgreeney.com

DACARA / 2 KM

BED & BREAKFAST
Newcastle BT33 0EY
T: 028 4372 6745
dacaraguesthouse.com

FAIRY GLEN /+

BED & BREAKFAST
Newcastle BT33 0DX
T: 028 4372 3810
fairyglen.eu

INNISFREE HOUSE /+

BED & BREAKFAST
Newcastle BT33 0BG
T: 028 4372 2671
E: innisfreehouse@hotmail.co.uk

MIDDLE TOLLYMORE HOUSE / 1 KM

BED & BREAKFAST
Newcastle BT33 0JJ
T: 028 4372 2528
E: Paulinestrachan@hotmail.com

MOURNE HEIGHTS /+

BED & BREAKFAST
Newcastle BT33 0PW
T: 028 4372 2550
mourneheights.com

NUMBER TEN /+

BED & BREAKFAST
Newcastle BT33 0BZ
T: 028 4372 3851
E: numbertenbanb@gmail.com

OAKLEIGH HOUSE / 1 KM

BED & BREAKFAST
Newcastle BT33 0JJ
T: 028 4372 6816
oakleigh-ireland.com

RYANS /+

BED & BREAKFAST
Newcastle BT33 0LG
T: 028 4372 7399
ryansnewcastle.com

ST PATRICK'S STREAM / 3 KM

BED & BREAKFAST
Newcastle BT33 0LB
T: 028 4372 6371
stpatrickstream
bedandbreakfast.co.uk

SONA HOUSE /+

BED & BREAKFAST
Newcastle BT33 0LG
T: 075 8442 8518
E: sonahouse@mail.com

TOLLYROSE COUNTRY HOUSE /+

BED & BREAKFAST
Bryansford BT33 0PX
T: 028 4372 6077
tollyrose.com

VICTORIAN HOME @ SEA & MOUNTAINS / 2 KM

BED & BREAKFAST
Newcastle BT33 0HD
T: 028 4372 2564
E: gmcclgil@hotmail.com

WHERE THE MOURNES SWEEP TO THE SEA / 4 KM

BED & BREAKFAST
Newcastle BT33 0LA
T: 028 4372 7639
E: bryanrutledge@btinternet.com

ANNIES COTTAGE @ THE BRIERS / 1 KM

SELF CATERING ****
Newcastle BT33 0JJ
T: 028 4372 4347
thebriers.co.uk

APARTMENT 1 THE LODGE / 1 KM

SELF CATERING
Newcastle BT33 0TF
T: 028 4377 8521
E: pjmcvey40@yahoo.co.uk

APARTMENT D10 /+

SELF CATERING
Newcastle BT33 0WF
T: 028 9084 8944
apartment-d10-newcastle.com

APARTMENT F1 WATERFOOT /+

SELF CATERING ****
Newcastle BT33 0AE
T: 078 5901 4340
E: isabellrog@yahoo.com

APIARY COURT / 3 KM

SELF CATERING
Newcastle BT33 0FB
E: david.apiarycourt@gmail.com

ARMITAGE HOUSE / 4 KM

SELF CATERING ****
Newcastle BT33 0EY
T: 077 3326 1579
armitagehouse.promotemyplace.com



ASHLEE COTTAGE / 4 KM
SELF CATERING
Newcastle BT33 ORU
T: 028 3883 1808
E: fredymurph@yahoo.co.uk

BARNEY'S COTTAGE / 3 KM
SELF CATERING
Newcastle BT33 OQJ
T: 028 9044 8955
barneycottage.com

BEVERLEY COTTAGE & BEVERLEY ANNEX / 1 KM
SELF CATERING
Newcastle BT33 OJN
T: 028 4372 2018
tollymoreholidayhomes.co.uk

BONNY'S COTTAGE / 1 KM
SELF CATERING ***
Newcastle BT33 OPD
T: 077 3454 0500
E: emlyn@bonnys.net

71 BRYANSFORD AVENUE /†
SELF CATERING
Newcastle BT33 OLG
T: 077 3684 7453
E: donardviewselfcatering@gmail.com

CHERRYHILL LODGE /†
SELF CATERING
Newcastle BT33 OPW
T: 028 4372 4866
cherryhill-lodge.com

COASTGUARD COTTAGE / 3 KM
SELF CATERING
Newcastle BT33 OQT
E: info@scionhillgatelodge.com

DISPENSARY COTTAGE /†
SELF CATERING
Newcastle BT33 5EN
T: 028 3833 5792

DOWNSHIRE ARMS / 4 KM
SELF CATERING
Hilltown BT34 5UH
T: 028 4063 8899
downshire-arms.com

DROM ALUINN /†
SELF CATERING ****
Newcastle BT33 OBL
dromaluinn.com

ENFIELD HOUSE /†
SELF CATERING
Newcastle BT33 OAG
T: 028 4372 3708
E: ursulahanna13@gmail.com

ENFIELD LODGE /†
SELF CATERING
Newcastle BT33 OAG
T: 028 4372 3708
E: ursulahanna13@gmail.com

GORSE HILL / 1 KM
SELF CATERING ****
Newcastle BT33 OQD
T: 028 4321 9314
mourneselfcatering.com

HARBOUR VIEW / 3 KM
SELF CATERING
Newcastle BT33 OHD
T: 028 4372 2849
E: l.sinnerton@btinternet.com

HOLLYBUSH HOUSE / 1 KM
SELF CATERING ****
Newcastle BT33 ORN
T: 020 7837 0964
hollybushhouse.co.uk

IVY COTTAGE / 3 KM
SELF CATERING ****
Newcastle BT33 OHB
T: 028 4372 4194
E: christinemcintosh@hotmail.com

LA PETITE HOUSE / 2 KM
SELF CATERING
Newcastle BT33 OHT
airbnb.co.uk/rooms/4095031
?guests=1&s=r0a5_4JY

21 LARCHFIELD PARK /†
SELF CATERING
Newcastle BT33 OBB
T: 078 7940 6640
ownersdirect.co.uk/ireland/IR643.htm

LOWER MURLOUGH COTTAGE /†
SELF CATERING
Newcastle BT33 OLW
holidaylettings.co.uk/rentals/
dundrum,-co-down/5324042

LIGHTHOUSE VIEW / 3 KM
SELF CATERING
Newcastle BT33 OHA
T: 028 4379 8280
downpropertyservices.com

MEELMORE LODGE / 1 KM
SELF CATERING
Newcastle BT33 OQB
T: 028 4372 6657
meelmorelodge.com

MERRION MEWS /†
SELF CATERING ***
Newcastle BT33 OBJ
T: 014 7184 4435
merrionmews.co.uk

MILLER'S CLOSE HOLIDAY COTTAGES /†
SELF CATERING
Newcastle BT34 5LW
T: 028 4372 4177
pjmorgan1@hotmail.com

MOURNE COAST COTTAGE / 4 KM
SELF CATERING
Newcastle BT33 OLA
T: 079 6218 9132
mournecoast.co.uk

MOURNE RETREAT /†
SELF CATERING
Newcastle BT33 OLN
E: sg Hassan@hotmail.co.uk

MOURNES SNUG / 3 KM
SELF CATERING
Newcastle BT33 OTQ
T: 028 4372 4642
mournes.snug@gmail.com

NEWCASTLE COUNTRY COTTAGES / 1 KM
SELF CATERING
Newcastle BT33 OJU
T: 028 4372 5286
newcastlecountrycottages.com
(7 COTTAGES ON ONE SITE).

O'NEILLS COTTAGE / 4 KM
SELF CATERING
Newcastle BT33 OLA
T: 028 4372 2671
E: Jourdan_32@yahoo.co.uk

PARKLANDS SELF CATERING / 2 KM
SELF CATERING
Newcastle BT33 OGS
T: 028 4375 1206
E: ardileahouse@googlemail.com

27 RODEN COURT / 1 KM
SELF CATERING
Newcastle BT33 ORE
T: 028 9269 3804
E: iain@3millers.org

1 SEA HAVEN /†
SELF CATERING ****
Newcastle BT33 ORQ
E: annegoodwin16@yahoo.co.uk

SEAVIEW APARTMENT / 4 KM
SELF CATERING
Newcastle BT33 OEX
T: 028 9751 1122
seaviewapartment.co.uk

SHIMNA MILE / 1 KM
SELF CATERING
Newcastle BT33 OTQ
T: 028 9047 1064
holiday-rentals.co.uk/p834769

SHIMNA WOOD /†
SELF CATERING ****
Newcastle BT33 OTW
E: declanlooby@hotmail.co.uk

SNOOZE APARTMENTS / 1 KM
SELF CATERING
Newcastle BT33 OEX
T: 028 4372 6002
snoozeapartments.co.uk
(4 APARTMENTS ON ONE SITE).

SOUTH PROMENADE / 3 KM
SELF CATERING
Newcastle BT33 OEY
E: clough67@hotmail.com

SPINKWEE COTTAGE /†
SELF CATERING
Newcastle BT33 OPW
T: 028 4372 5048
E: janemckee@hotmail.com

THE BEACHES /†
Self Catering *****
Newcastle BT33 OAG
T: 077 1420 3319
beachhouse-newcastle.co.uk

7 THE CARRIAGES /†
SELF CATERING ****
Newcastle BT33 OFF
T: 028 4372 2077
downgolfinks.com

6 THE COURTYARD / 1 KM
SELF CATERING
Newcastle BT33 OTE
T: 028 9081 5442
E: lisa.whitcroft@mac.com

3 THE LODGE / 1 KM
SELF CATERING
Newcastle BT33 OTF
T: 074 4438 1379
E: the.4jacksons@hotmail.co.uk

THE JAYS / 2 KM
SELF CATERING ***
Bryansford BT33 ORE
T: 028 9079 1963
thejayshouse.co.uk

THE WEE HOUSE /†
SELF CATERING
Bryansford BT33 OQB
T: 028 4372 6657
meelmorelodge.com

TOLLYMORE GATE /†
SELF CATERING ***
Newcastle BT33 ORE
T: 028 9076 0985
tollymoregate.com

TOLLYMORE GATE LODGE / 1 KM
SELF CATERING
Newcastle BT33 OPX
T: 028 3834 4522
tollymoregatelodge.co.uk

TOLLYMORE WALK / 1 KM
SELF CATERING ***
Bryansford BT33 ORE
T: 028 9076 0985
wheeler_janet@yahoo.co.uk

TORY BUSH COTTAGES / 1 KM
SELF CATERING
Kilcoo BT34 5LD
T: 028 4372 4348
torybush.com

WIDOWS ROW / 3 KM
SELF CATERING
Newcastle BT33 OHA
T: 077 2707 7181
widowsrownnewcastle.co.uk

WIDOWS ROW - SLIEVE DONARD COTTAGE / 3 KM
SELF CATERING ***
Newcastle BT33 OHA
T: 028 3752 7172
slievedonardcottage.com

B2 WATERFOOT APARTMENT /†
SELF CATERING ****
Newcastle BT33 OAE
T: 028 4483 1233
b2waterfoot.weebly.com

C8 WATERFOOT APARTMENT /†
SELF CATERING
Newcastle BT33 OAE
E: anitaskingley@hotmail.com

F5 WATERFOOT APARTMENT /†
SELF CATERING ****
Newcastle BT33 OAD
T: 028 4372 2717

D3 WATERFOOT /†
SELF CATERING
Newcastle BT33 OWF
T: 0035 38 6381 7786
apartmentinnewcastle.com



7A WATERFOOT /+ SELF CATERING

Newcastle BT33 0WF
T: 028 4372 6891
7awaterfoot.co.uk
WHITE GATE

LODGE /+ SELF CATERING

Newcastle BT33 0PZ
T: 077 6670 4420
rentmyirishcottage.com

CLARE LODGE CENTRE /+ GUEST ACCOMMODATION

Newcastle BT33 0AB
T: 028 4372 2849
E: brenda.mcclarnon@svpni.co.uk

GLENADA YWCA/ YMCA / 1 KM GUEST ACCOMMODATION

Newcastle BT33 0EX
T: 028 4372 2402
glenada.co.uk

LOFT @ WHERE THE MOURNES SWEEP TO THE SEA / 4 KM GUEST ACCOMMODATION

Newcastle BT33 0LA
T: 028 4372 7639
airbnb/rooms/9463195

THE HAVEN / 1 KM GUEST ACCOMMODATION

Newcastle BT33 0EU
T: 077 4249 2415
thehavennewcastle.co.uk

TOLLYMORE NATIONAL OUTDOOR CENTRE /+ GUEST ACCOMMODATION

Newcastle BT33 0PZ
T: 028 4372 2158
tollymore.com

GREENHILL Y.M.C.A. NATIONAL CENTRE /+ HOSTEL

Newcastle BT33 0GR
T: 028 4372 3172
greenhill-ymca.org

THE HUTT HOSTEL /+ HOSTEL

Newcastle BT33 0AG
T: 028 4372 2133
hutthostel.com

SUNNYHOLME CARAVAN PARK

T: 028 4372 2739
Newcastle BT33 0JY
E: sunny.holme@yahoo.co.uk

TOLLYMORE CARAVAN PARK

T: 028 4377 8664
Newcastle BT33 0PW
E: customer.forests@daera-ni.gov.uk

THE ROCK / 4 KM AMENITY AREA

Bryansford BT34 5LF

HILLTOWN

CLONMURR / 3.5 KM BED & BREAKFAST

Hilltown BT34 5XZ
T: 028 4063 0110
E: c_fegan@hotmail.co.uk

72 RATHFRILAND ROAD BED & BREAKFAST

Hilltown BT34 5YW
T: 028 4063 8495
E: spud7253@gmail.com

48 SLIEVENAGARRAGH / 4 KM BED & BREAKFAST

Hilltown BT34 5BF
T: 077 2722 4095
slievebnb.com

SPELGA HOUSE /+ SELF CATERING ****

Hilltown BT34 5XL
T: 077 2043 2781
mourneholidays.co.uk

BRACKEN LODGE / 1 KM SELF CATERING

Hilltown BT34 5XS
T: 028 4173 8839
E: noleenclerkin@gmail.com

For information
on places to eat and for
special offers visit:
visitmournemountains.co.uk





See & Do

Rostrevor to Newcastle

Spelga Dam

Hilltown BT34 5XL
visitmournemountains.co.uk

Western Style Horse Riding Centre

Hilltown BT34 5XS
T: 028 4063 8761
M: 077 8342 5341
E: info@lanewaylodge.com

Silent Valley

Kilkeel BT33 0HU
M: 034 5744 0088
visitmournemountains.co.uk

Tollymore Forest Park

Bryansford
T: 028 4377 8664
visitmournemountains.co.uk

Browne Knowe Art Gallery

BT33 0LN
T: 028 4372 2009
E: elizabethdonnellyartist@live.co.uk

Newcastle Art Gallery

Newcastle BT33 0AD
T: 028 4372 3555
Painted Earth
Newcastle BT33 0HZ
T: 028 4372 2510
E: shop@paintedearth-ni.co.uk

Sugarisland Beads

Newcastle BT33 0AE
T: 028 4372 4683

Spy Pond Photo Space Gallery & Photo Studio

Newcastle
T: 028 4372 5869
E: spypondstudio@yahoo.com

Soak Seaweed Baths

Newcastle BT33 0EX
T: 028 4372 6002
E: info@soakseaweedbaths.co.uk

PLEASE CHECK
FOR OPENING
HOURS & SEASONAL
VARIATIONS



Newcastle to Tyrella (F)

1 Day

18km

The penultimate section of The Pilgrim's Walk follows part of the Lecale Way, giving walkers fantastic views of the County Down coastline and rolling hills.

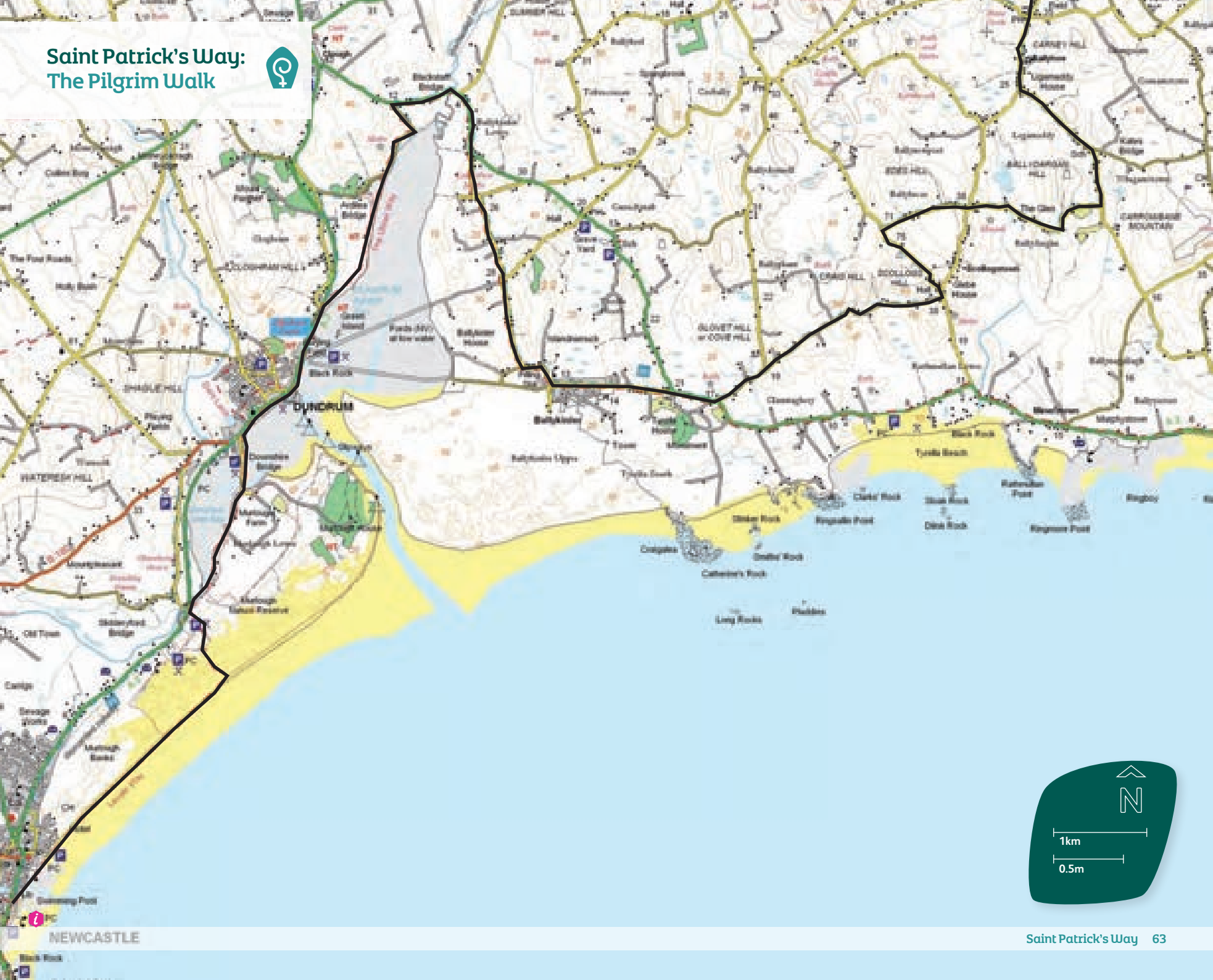
Leaving Newcastle, you pass the elegant facade of the Slieve Donard Resort and Spa, then the world-famous Royal County Down Golf Club that hosted the Irish Open 2015. The path then leads you to Murlough National Nature Reserve.

After exploring the ancient sand dune ecosystem, the Walk follows the inner bay to the villages of Dundrum and Clough.

The coastal path which follows runs along a disused railway line that belonged to the Belfast and County Down Railway. Trains used to pass through here on the route between Belfast and Newcastle.

On one side, you'll see the tidal coastline of the inner bay and on the other a wooded area. Look out for wading birds on the mudflats as this is an important habitat for them.

Ballykinler and Tyrella give another coastal vista, then you head inland to Saint Patrick's Country in Downpatrick, where the patron saint established his first church and was later laid to rest.





Places to stay Newcastle to Tyrella

**8km
Radius**

1mile = 1.6km

KEY
+ = Places
to stay
on the route

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail.

ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.



LUNCH BOX & FLASK REFILLS

Ask your accommodation provider about lunch box and flask refills.

DRYING OUTDOOR CLOTHES

Ask your accommodation provider about drying service.

TRANSPORT

Ask your accommodation provider about pick up & drop off service.

KINGS INN / 4 KM GUEST HOUSE

Castlewellan BT31 9DW
T: 028 4377 8247
kingsinn.eu

ARLEY HOUSE / 1 KM BED & BREAKFAST

Dundrum BT33 ONG
T: 028 4375 0949
arleyhousedundrum.co.uk

DOWNSHIRE MANOR /+ BED & BREAKFAST

Newcastle BT33 OLU
T: 077 1160 9712
E: downshireremanagerapartment@hotmail.co.uk

2 PARTERRE CRESCENT / 1 KM BED & BREAKFAST

Dundrum BT33 OWJ
T: 028 4375 0808
E: harknessron@yahoo.co.uk

THE CARRIAGE HOUSE /+ BED & BREAKFAST

Dundrum BT33 OLU
T: 028 4375 1635
carriagehousedundrum.com

THE GATE LODGE /+ BED & BREAKFAST

Dundrum BT33 OLU
T: 028 4375 0902
E: johnardddundrum@me.com

TONLEGGEE / 4 KM BED & BREAKFAST

Castlewellan BT31 9HY
T: 028 4377 1398
tonlegee3@hotmail.com

BEAR COTTAGE / 4 KM SELF CATERING

Castlewellan BT31 9BQ
T: 079 7692 9162
E: bearscottage@hotmail.com

CASTLE COTTAGE /+ SELF CATERING

Dundrum BT33 ONF
T: 028 4375 1320
jandncarey@gmail.com

CHANCES MOURNE VIEW APARTMENT /+ SELF CATERING

Dundrum BT33 OLS
T: 077 8680 5458
chancesmournereview.co.uk

CHERRY TREE FARMHOUSE / 4 KM SELF CATERING

Castlewellan BT31 9NS
T: 077 3248 2983
E: hneill@mac.com

CURLETTS LODGE / 4 KM SELF CATERING

Castlewellan BT31 9BG
T: 078 0388 4484
E: g.bragger@btinternet.com

DUNDRUM BAY HOLIDAY HOMES /+ SELF CATERING

Dundrum BT33 OLY
T: 028 4372 4348
holidayhomes-ireland.com

DUNMEGAN COVE /+ SELF CATERING

Dundrum BT33 OUJ
T: 078 1460 4076
E: 87thequay@gmail.com

HILL HOUSE / 1 KM SELF CATERING

Dundrum BT33 ONJ
T: 028 4375 1464
visitcoastofdown.com/hillhouse

LOG CABIN /+ SELF CATERING

Dundrum BT33 ONQ
E: fionnuala10@hotmail.co.uk

MOURNE ESCAPE /+ SELF CATERING *****

Dundrum BT33 OLV
T: 028 9268 8900
mourneescape.com

MOURNE HOUSE / 1 KM SELF CATERING

Dundrum BT33 OQG
T: 028 9756 5769
E: mounehouse35@outlook.com

NEWTON LODGE / 4 KM SELF CATERING

Castlewellan BT31 9EX
T: 028 4377 0256
accessibleholidaysni.co.uk

STONECROFT / 2 KM SELF CATERING

Castlewellan BT31 9HJ
T: 028 4372 5396
E: carmelbill_123@hotmail.co.uk

THE ENGINE HOUSE /+ SELF CATERING

Newcastle BT33 OSX
T: 077 4858 3493
dundrumaccommodation.com

THE LOFT / 4 KM SELF CATERING ****

Castlewellan BT31 9EX
T: 078 5745 5745
E: roshmcm@gmail.com

33 THE QUAY /+ SELF CATERING

Dundrum BT33 OLS
T: 078 3366 8660
E: jpentland@outlook.com

35 THE QUAY /+ SELF CATERING

Dundrum BT33 OLS
T: 077 7542 6789
holiday-rentals.co.uk/p423951

39 THE QUAY /+ SELF CATERING

Dundrum BT33 OLS
T: 079 8069 0250
E: janet.hamilton@yahoo.com

86 THE QUAY /+ SELF CATERING

Dundrum BT33 OUJ
T: 028 9753 2542
E: thequaydundrum@gmail.com

91 THE QUAY /+ SELF CATERING

Dundrum BT33 OLS
T: 028 9065 6474
E: pauline_wylie@hotmail.co.uk

WATER'S EDGE APARTMENT /+ SELF CATERING

Dundrum BT33 OLS
T: 028 4372 3445
E: watersedgedundrum@yahoo.com

CASTLEWELLAN FOREST PARK CARAVAN PARK

Castlewellan BT31 9BU
T: 028 4377 8664
E: customer.forests@daera-ni.gov.uk



See & Do

Newcastle to Tyrella

Blue Beans Craft Shop and Gallery

Castlewellan
BT31 9DQ
T: 028 4377 0414
E: claireatbluebeans@hotmail.co.uk

Castlewellan Forest Park

Castlewellan Forest Park
Castlewellan
BT31 9BU
T: 028 4377 8664
E: customer.forests@dnrdni.gov.uk

Mount Pleasant Riding & Trekking Centre

Castlewellan
BT31 9BG
T: 028 4377 8651
E: equestrian.mountpleasant@virgin.net

Seaforde Gardens & Tropical Butterfly House

Seaforde
BT30 8PG
T: 028 4481 1225
E: plants@seafordegardens.com

PLEASE CHECK
FOR OPENING
HOURS & SEASONAL
VARIATIONS



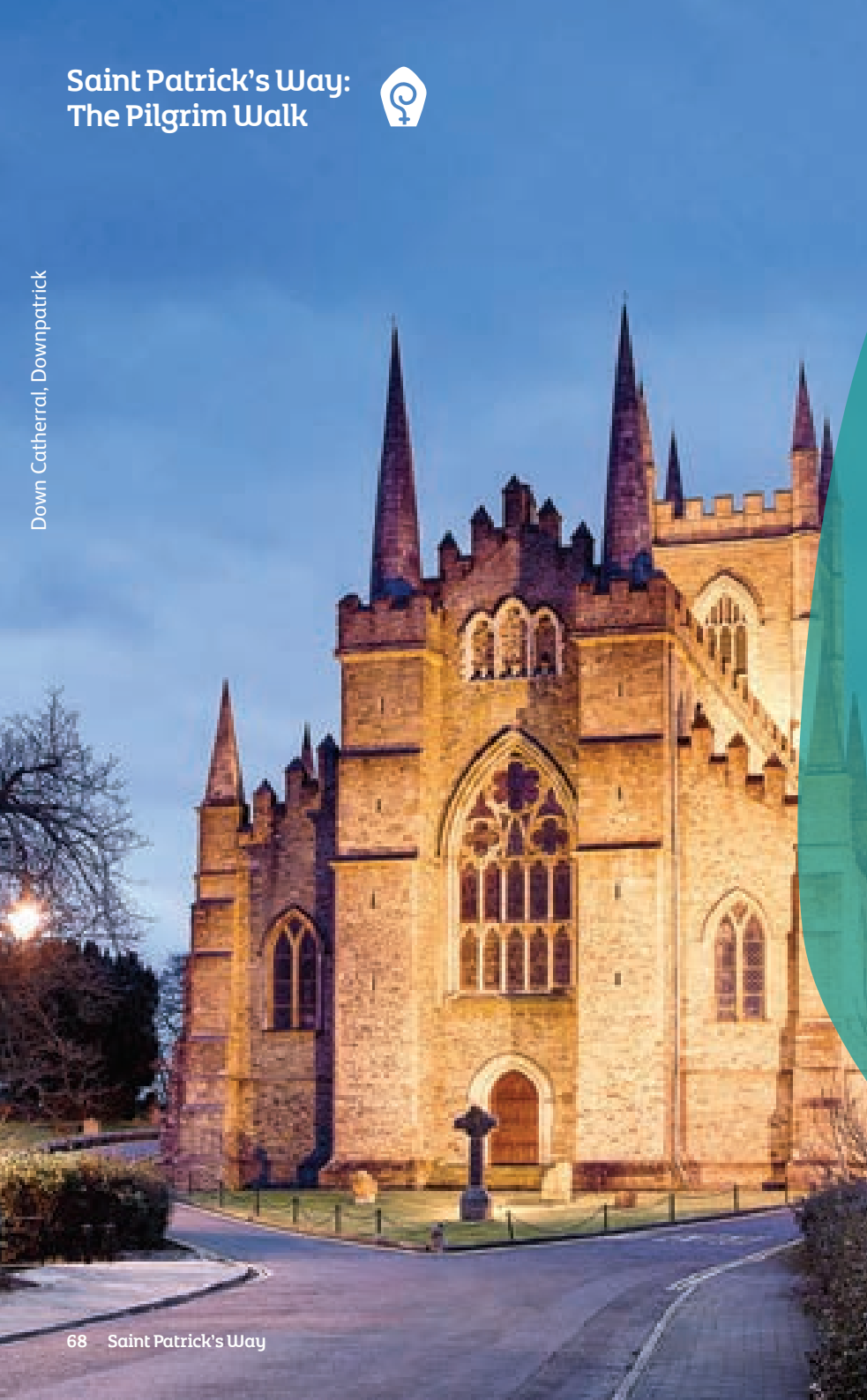
Seaforde Gardens &
Tropical Butterfly House



For information
on places to eat visit:
saintpatrickscountry.com



Castlewellan Forest Park



Tyrella to Downpatrick (G)

16km

1 Day

Downpatrick and the Lecale area, south-east of Strangford Lough, is known as 'Saint Patrick's Country', as the links to the saint's life and legacy are so significant.

The story of Christianity in Ireland began here, where Saint Patrick brought his boat ashore on Strangford Lough. Much of Lecale's Christian heritage is conserved.

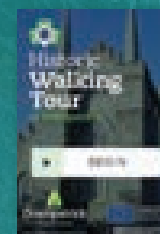
Visitors can still walk in Saint Patrick's footsteps, from the site where he established his first church to his final resting place.

The coastal landscape around Tyrella and the rolling green farmland of Lecale is a treat for pilgrims. The landscape of traffic-free roads is dotted with churches and grand estates, as well as holy sites and historic buildings.

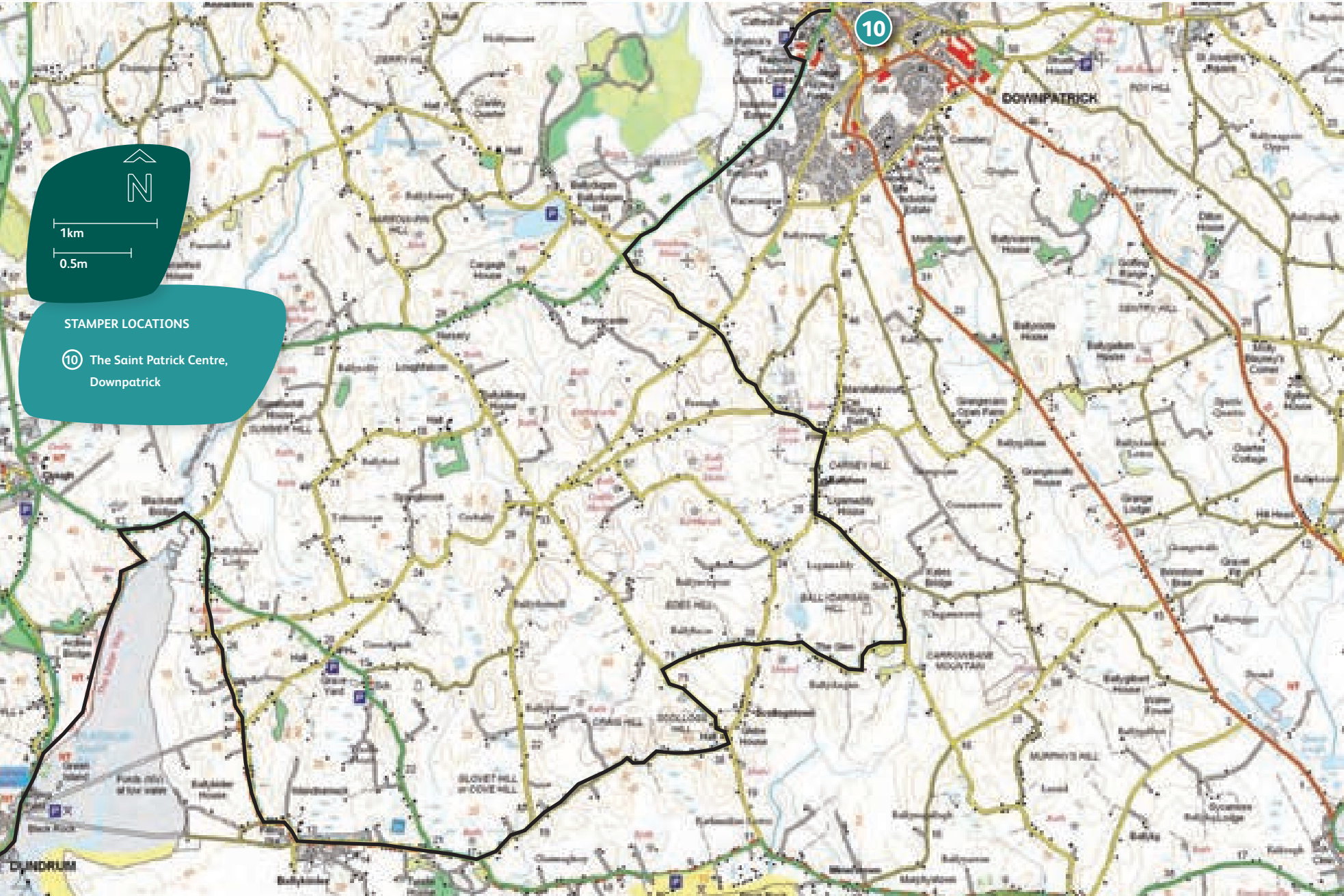
Many Irish churches were destroyed by Viking raids, but they were often rebuilt. Later Norman invaders built new monasteries and abbeys here, as well as defensive buildings.

The spiritual centre of this section of The Pilgrim's Walk is Down Cathedral, a place of Christian worship since the 5th century. Downpatrick's town centre is compact, and many of the historically important sites are in a small area centred around the cathedral.

Other Christian Heritage sites are within a few miles of Downpatrick. The special atmosphere at these spiritual places is inspirational.



Why not download the app?
walkdownpatrick.com



1km
0.5m

STAMPER LOCATIONS

10 The Saint Patrick Centre,
Downpatrick



Downpatrick Town Centre Street Map

KEY

-  TOILETS
-  CHURCH
-  VISITOR INFORMATION



Saint Patrick's Way: The Pilgrim Walk





Places to stay Tyrella to Downpatrick

This listing provides a range of accommodation to suit all tastes and needs, located within an 8km radius of the trail.

ASK AT YOUR ACCOMMODATION ABOUT FREE WIFI.



KEY
+ = Places
to stay
on the route

**8km
Radius**
1mile = 1.6km

Ask your
accommodation
provider about:

**LUNCH BOX &
FLASK REFILLS**

TRANSPORT
Pick up & Drop
Off Service

Local
produce
fresh from
the oven

**DRYING
OUTDOOR
CLOTHES**



**DENVIR'S
COACHING INN / 1 KM**
GUEST HOUSE ***
Downpatrick BT30 6AB
T: 028 4461 2012
denvirs.com

**THE MILL AT
BALLYDUGAN / 1 KM**
GUEST HOUSE ***
Downpatrick BT30 8HZ
T: 028 4461 3654
ballyduganmill.com

THE GRANARY / 1.5 KM
GUEST HOUSE
Downpatrick BT30 8HZ
T: 028 4461 3654
ballyduganmill.com

BALLYDUGAN HOUSE /+
BED & BREAKFAST
Downpatrick BT30 8HA
E: nicola.mb@
ballyduganhouse.com

BALLYMOTE HOUSE / 4 KM
BED & BREAKFAST ****
Downpatrick BT30 8BJ
T: 028 4461 5500
ballymotehouse.com

**GATE LODGE
AT OAKLEY /+**
BED & BREAKFAST
Downpatrick BT30 8AY
T: 028 4485 1351
E: lenore.rea@googlemail.com

HILLSIDE / 2 KM
BED & BREAKFAST
Downpatrick BT30 6DL
T: 028 4461 3134
hillsidebb.co.uk

NUMBER NINE / 2.5 KM
BED & BREAKFAST
Downpatrick BT30 6RP
T: 028 4461 3907
numbenninebandb.com

**PADDY'S SLEEPY
ORCHARD / 4 KM**
BED & BREAKFAST
Downpatrick BT30 6SX
T: 028 4461 5750
paddysbarn.com

THE ROADHOUSES / 4 KM
BED & BREAKFAST
Downpatrick BT30 7AA
T: 028 4461 7490
E: denistumelty@tiscali.co.uk

TYRELLA HOUSE / 1.8 KM
BED & BREAKFAST
Downpatrick BT30 8SU
T: 028 4485 1422
hidden-ireland.com/tyrella

**BALLYDUGAN
COTTAGES / 1.5 KM**
SELF CATERING ****
Downpatrick BT30 8HY
T: 028 4483 9519
ballydugan.com
(3 COTTAGES ON ONE SITE).

MILL COTTAGE / 4 KM
SELF CATERING ****
Downpatrick BT30 7DX
T: 028 4461 2767
millcottageireland.com

MILLER'S BARN / 4 KM
SELF CATERING ****
Downpatrick BT30 7DX
T: 028 4461 2767
millcottageireland.com

RATHDUNE GROVE / 1.8 KM
SELF CATERING
Downpatrick BT30 6AT
T: 077 0335 0683
E: adeleruthelizabeth@gmail.com

**SALLY GARDENS
COTTAGE / 2 KM**
SELF CATERING ****
Downpatrick BT30 8AB
T: 028 4461 9772
E: edward.gordon1@hotmail.co.uk

**THE BURREN –
TYRELLA / 1.8 KM**
SELF CATERING
Downpatrick BT30 8SU
theburren.co.uk





See & Do Tyrella to Downpatrick

PLEASE CHECK
FOR OPENING
HOURS & SEASONAL
VARIATIONS

Down Arts Centre

Downpatrick BT30 6BP
T: 028 4461 0747
www.downartscentre.com

Downpatrick & County Down Railway

Downpatrick BT30 6LZ
T: 028 4461 2233
www.downrail.co.uk

Quoile Countryside Centre

Downpatrick BT30 7JB
T: 028 4461 5520
E: louise.bain@doeni.gov.uk

Down Cathedral & St Patrick's Grave

Downpatrick BT30 6AB
T: 028 4461 4922
www.downcathedral.org

Down County Museum

Downpatrick BT30 6AH
T: 028 4461 5218
www.downcountymuseum.com

Saul Church

Downpatrick BT30 6PE
T: 028 4461 3101

The Saint Patrick Centre

Downpatrick BT30 6LZ
T: 028 4461 9000
www.saintpatrickcentre.com

Ballynoe Stone Circle

visitstrangfordlough.co.uk

Inch Abbey

visitstrangfordlough.co.uk

Struell Wells

visitstrangfordlough.co.uk

The Mound of Down

visitstrangfordlough.co.uk





Visit Saint Patrick's Country, Downpatrick

Where history
& heritage live

saintpatrickscountry.com



See & Do Downpatrick

Downpatrick - Saint Patrick's Town

C/O Downpatrick Visitor
Information Centre
Downpatrick BT30 6LZ
T: 028 4461 2233
saintpatrickscountry.com

Downpatrick is built on three drumlins and until very recently almost entirely surrounded by water and marshes. This made it an excellent defensive site in pre-historic and medieval times. The early medieval Irish name Dun Lethglaise could mean "fort of the green sided place". There are many publications eg., Historic Walking Tour of Downpatrick, Saint Patrick's Country and now in this digital age, there is a much used App titled walkdownpatrick.com for everyone.

Down Cathedral & Saint Patrick's Grave

Downpatrick BT30 6AB
T: 028 4461 4922
downcathedral.org

Down Cathedral was built on the ancient hill of Down in the 12th Century and has become a place of pilgrimage for 1,500 years. The massive granite stone marks Saint Patrick's Grave and it is here that people from all traditions leave wreaths on the grave every March.

Down County Museum

Downpatrick BT30 6AH
T: 028 4461 5218
saintpatrickscountry.com

Situated in a Georgian gaol of 1796, Down County Museum is close to Down Cathedral and St Patrick's Grave, being the location of St Malachy's 12th-century Monastery of the Irish. Today you can walk through modern galleries to see artworks relating to Saint Patrick and Early Christian and medieval artefacts from Downpatrick, Saul, Raholp, Maghera, Nendrum, Struell Wells and Inch Abbey. You can explore these in the 'Down

Through Time' exhibition in the central Governor's Residence building and in the new extension at the rear of the old Cell Block, where the 10th-century Downpatrick High Cross and the 17th-century silver shrine of Saint Patrick's Jaw are to be found.

You can also relax in the Cathedral View Tearoom and visit the Gatehouse Shop or see the gaol cells and regular temporary exhibitions on local history.



Down County
Museum



See & Do Downpatrick

Mound Of Down

Downpatrick BT30 6AU
T: 028 9082 3207
saintpatrickscountry.com

You can see one of the most important and dramatic early medieval Irish forts beside the River Quoile behind Down County Museum. It is the site of a motte for a timber castle, built by the Norman John De Courcy, who founded Inch Abbey on the other side of the river.

The Saint Patrick Centre

Downpatrick BT30 6LZ
T: 028 4461 9000
saintpatrickcentre.com

Located in Downpatrick, this is the only permanent exhibition in the world dedicated to telling the story of Saint Patrick and includes an interactive exhibition and Imax presentation. The Centre offers a café, art gallery, craft shop, terraced gardens and Visitor Information Centre. It is a must-see stop for travellers with an interest in Christian Ireland. Guided tours of Saint Patrick's Country can be organised via the Centre.

Downpatrick & County Down Railway

Downpatrick BT30 6LZ
T: 074 8218 6019
downrail.co.uk

Journey through the drumlin countryside of County Down - St. Patrick's Country - over the River Quoile and under the graceful Down Cathedral. With a mix of steam and diesel trains, and vintage carriages. Run by volunteers, society membership gives you free travel. Whilst waiting for the train visit the Museum and Heritage Gallery.

St Patrick's Roman Catholic Church

Downpatrick BT30 6DN
T: 028 4461 2084
parishofdownpatrick.org

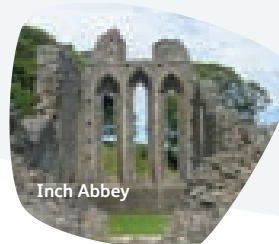
The foundation stone of this church was laid by Bishop Dorrian in 1886. The church and neighbouring convent of the Sisters of Mercy were built in Gothic Revival style. The church spire was added in 1895 and a transept in 1993 incorporating a mosaic shrine in honour of Saint Patrick.

See & Do Downpatrick

Inch Abbey

Downpatrick BT30 9AX
T: 028 9082 3207
saintpatrickscountry.com

Having destroyed the nearby Cistercian Abbey of Erenagh in 1177 on the grounds that it was fortified against him, John de Courcy rebuilt a monastery at Inch for this order as an act of atonement in the 1180s, inviting over Cistercians from Furness in Lancashire. It became the centre of English influence in East Ulster.



Inch Abbey

Quoile Castle and Quoile Pondage Nature Reserve

Downpatrick BT30 7JB
T: 028 9082 3207
saintpatrickscountry.com

Quoile Castle is built on River Quoile for local notable Captain West at the end of the 16th Century. Nearby is Quoile Pondage Nature Reserve adjacent to the Quoile Estuary, which was created by the construction of a tidal barrier across the estuary of the River Quoile in 1957.

Saul Church

Downpatrick BT30 6PE
T: 028 4461 3101
downcathedral.org

The first ecclesiastical site in Ireland was given to Patrick by the local ruler Díchu, one of his first converts when he landed at Inbher Slane (the Slaney River). The word Sabhall means barn in Irish and the site developed into a monastery which was restored by Saint Malachy around 1140.

Slieve Patrick

Downpatrick BT30 7JG
T: 028 4461 2525
saulandballeeparish.com

Slieve Patrick is a giant statue of Saint Patrick which greets the visitor at the summit of Slieve Patrick mountain. The statue was erected in 1938 to commemorate the 1500th anniversary of Patrick's return to Ireland. It overlooks the spot to the north where Patrick landed his boat at St Patrick's Landing Site. There are interpretative panels located at the site.

St Tassach's Church, Raholp

Downpatrick BT30 7JR
T: 028 9082 3207
saintpatrickscountry.com

Here lies the ruin of a church, two miles from Saul, which is one of the earliest Christian Buildings in Ireland

associated with St Tassach, who administered the last rites to the dying St Patrick on 17 March 461.

Struell Wells

Downpatrick BT30 6RA
T: 028 9082 3207
saintpatrickscountry.com

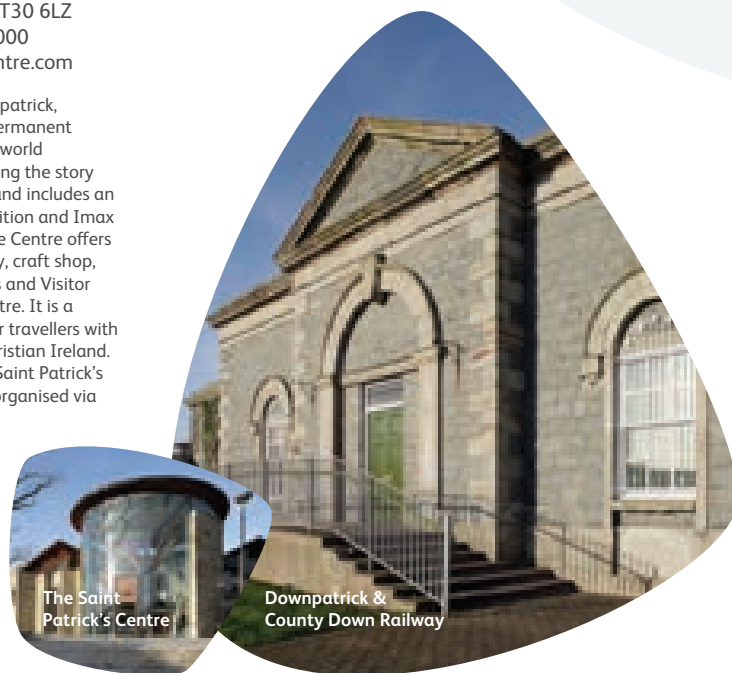
Among the first Holy Wells in Ireland, and blessed by Patrick when he arrived in Down, the Wells have attracted pilgrims since at least the Middle Ages.

Pilgrims have wandered down the secluded valley among the wells and have taken the waters which are claimed to have healing powers. The site also contains a ruined church and ancient Bath Houses which are unique in Ireland.

Ballynoe Stone Circle

Downpatrick BT30 6AR
T: 028 9082 3207
saintpatrickscountry.com

Ballynoe Stone Circle is a Neolithic monument near Downpatrick where a 100ft Stone Circle encloses an ellipse of stones and a pre-historic burial mound. Dated to around 200BC. It is thought Ballynoe was begun in the Bronze Age.



The Saint Patrick's Centre

Downpatrick & County Down Railway



Leave no trace

The area from Navan Centre & Fort to Downpatrick is rich in culture, heritage and biodiversity. Help preserve this stunning region and respect the natural environment by following these 7 handy hints to leave no trace.

1 Plan Ahead and Prepare

Before you go check, where possible, if access is allowed and your activity is permitted in the area you wish to visit.

Respect any signs, regulations, policies and special concerns for the area that you wish to visit. Permits may sometimes be needed for activities on public lands.

Where possible travel by public transport or share cars; consider the availability of parking. Ensure you have the skills and equipment needed for your activity and to cope with emergencies that could arise.

Check the weather forecast and always be prepared for changing weather conditions.

For environmental and safety reasons, and to minimise your impact on other users, keep group numbers small; split larger parties into smaller groups.

2 Be Considerate of Others

Respect the people who live and work in the countryside. Park appropriately - avoid blocking gateways, forest entrances or narrow roads.

Remember that farm machinery, local residents and the emergency services may need access at all times.

Take care not to damage property, especially walls, fences and crops.

Respect other visitors and protect the quality of their experience. Let nature's sounds prevail. Keep noise to a minimum.

3 Respect Farm Animals and Wildlife

Dogs should be kept under close control and should only be brought onto hills or farmland with the landowner's permission. Some public areas stipulate that dogs must be kept on a lead at all times, please adhere to local guidelines.

Observe wild animals and birds from a distance. Avoid disturbing them, particularly at sensitive times: mating, nesting and raising young (mostly between spring and early summer).

Keep wildlife wild, don't feed wild animals or birds - our foods damage their health and leave them vulnerable to predators.

Farm animals are not pets; remain at a safe distance.



IRELAND leave no trace

For more information visit:
leavenotraceireland.org

4 Travel and Camp on Durable Ground

Durable ground includes established tracks and campsites, rock, gravel, dry grasses or snow.

In popular areas:
Concentrate use on existing tracks and campsites. To avoid further erosion, travel in single file in the middle of the track even when wet or muddy.

In more remote areas:
Disperse use to prevent the creation of new tracks and campsites.

Avoid places where impacts are just beginning to show.

If camping:
Protect water quality by camping at least 30m from lakes and streams.

Keep campsites small and discreet. Aim to leave your campsite as you found it, or better.

5 Leave What You Find

Respect property. For example, farming or forestry machinery, fences, stone walls etc. Leave gates as you find them (open or closed).

Preserve the past:
examine - without damaging - archaeological structures, old walls and heritage artefacts e.g. holy wells, mine workings, monuments.

Conserve the present:
leave rocks, flowers, plants, animals and all natural habitats as you find them. Fallen trees are a valuable wildlife habitat; do not remove or use for firewood. Avoid introducing non-native plants and animals e.g. zebra mussels in rivers and lakes.

Do not build rock cairns, structures or shelters.

6 Dispose of Waste Properly

"If You Bring It In, Take It Out" - take home all litter and leftover food (including tea bags, fruit peels and other biodegradable foods). To dispose of solid human waste, dig a hole 15-20cms deep and at least 30m from water, campsites and tracks. Cover and disguise the hole when finished.

Bring home toilet paper and hygiene products. Wash yourself or your dishes 30m away from streams

or lakes and if necessary use small amounts of biodegradable soap. Bring home any solids and scatter strained dishwater. For more information on sanitation in the outdoors read the "Where to go in the outdoors" leaflet available on the website.

7 Minimise the Effects of Fire

Fires can cause lasting impacts and be devastating to forests, natural habitats and farmland. Therefore when camping use a lightweight stove for cooking.

Where fires are permitted: Use established fire rings, barbecues or create a mound fire.

Keep fires small. Only use sticks from the ground that can be broken by hand. Do not use growing vegetation for use as firewood.

Avoid burning plastics or other substances: which emit toxic fumes.

Burn all fires to ash, put out fires completely, and then scatter cool ashes.



Home of Saint Patrick's Festival

Bound together by the importance and significance of their locations in the life of Saint Patrick, his legacy and mission, venues across Armagh and Downpatrick provide an impressive and eclectic mix of theatre, music, comedy, dance, poetry, exhibitions, lectures and a series of special walks and talks to suit all tastes in the annual Saint Patrick's Festival.

The festival schedule also features an inspiring range of spiritual events, many of which draw on the significance of Saint Patrick and the important role he played in bringing Christianity to Ireland and which allow visitors to reflect and retrace his steps. In addition, thought-provoking tours and church services allow the true meaning of his legacy to be remembered.

For more information and programme details please visit saintpatrickscountry.com



The Home of
**Saint Patrick
Festival**
Armagh & Down

Saint Patrick's Way: The Pilgrim Walk



Armagh to Downpatrick, Northern Ireland

PILGRIM'S GUIDE

Visitor Information Centres

Armagh Visitor Information Centre

T: 028 3752 1800

Banbridge Visitor Information Centre

T: 028 4062 0232

Downpatrick Visitor Information Centre

T: 028 4461 2233

Newcastle Visitor Information Centre

T: 028 4372 2222

Newry Visitor Information Centre

T: 028 3031 3170

Emergency Contacts

Dial 999 in an emergency
requiring Police, Fire,
Ambulance, Coastguard
or Mountain Rescue

In a non-emergency
case, dial 101 for the
Police Service
of Northern Ireland



 @PatricksCountry

 PatricksCountry

saintpatrickscountry.com

Walk in the
footsteps of
Saint Patrick