

# Inspired by FE McWilliam

# Lesson plans for Secondary School by Artist, Deborah Malcomson





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# Introduction

The F.E. McWilliam Gallery and Studio celebrates the work of the sculptor, Frederick Edward McWilliam, who was born in Newry Street, Banbridge on 30 April 1909. A contemporary and friend of Henry Moore, McWilliam made his name in London and established a reputation as one of the most important sculptors of his generation.

The facility consists of a beautifully designed open exhibition space. A permanent collection of McWilliam Sculptures are always on view. The Studio is a replica of McWilliam's studio-workshop. Looking through the glass walls, the viewer can see the workshop just as F.E. McWilliam left it. The studio itself houses a large collection of maquettes which are preparatory works for sculpted bronzes. The works can be seen from the earliest stages of construction, from wire armature to sculpted plaster.Inspired by the work of FE McWilliam (1909-1992), this resource pack supports the development of creative skills for year 10 sculpture in 5 stages.

Follow these five stages to develop drawing skills, explore ideas through investigation of materials, learn techniques and process: (1) Line Drawing; (2) 3D Construction with Paper; (3) Wire Armature; (4) Malleable Materials; and (5) Casting.



1. Woman in a Bomb Blast



2. Legs Static



**3. Princess Macha** 



4. Banner Series



5. Chocolate Soldier





# About F.E. McWilliam

Born on 30th April 1909

McWilliam died in London, on 13 May 1992

Son of a local Doctor

Attended Banbridge Academy

Studied at Belfast College of Art between 1926 and 1928

Studied at Slade School of Art, London

He planned to be a painter but under the influence of A.H. Gerrard he left committed to sculpture

During World War II he served in India between 1944 - 1946

On his return to England he taught sculpture at the Slade School of Art until 1968

In 1950 he and his wife Beth moved to Holland Park, London, where they entertained many artistic friends including Henry Moore and William Scott.

1950s and 1960s he worked on public commissions

On 4 March 1972 a bomb exploded at the Abercorn Tea-Rooms in Belfast. Two women were killed, two more lost both legs. McWilliam, who had never before used his sculpture for direct comment, was moved by this tragedy to create a series of small bronzes known collectively as Women of Belfast.

#### About FE McWilliam

# FE McWilliam sketch book

Examples of how FE McWilliam sketched his subjects before moving into 3D.



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# About FE McWilliam







# Stage 1: Line Drawing



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## Stage 1: Line Drawing



# **Lesson Plan**

#### Sources

- Woman in a Bomb Blast
- Life model
  i.e. class mates



#### **Materials & Tools**

- Timer
- Lots of paper of all sizes
- Drawing tools: Pen, pencils, charcoal, makers, crayons, ink, pastel

# Have all your materials ready to start your exercises

#### **Techniques**

These drawing techniques develop confidence and encourage your eye and hand to work together.

# 1 Movement drawing

It's a great warm up exercise. Get your life model to pose in a position as if a bomb has just gone off.

Get the timer set for 60 seconds, then draw. Start again on a new page now and draw for 30 seconds. Next try 20 seconds and so on. This forces you to draw using fast expressive lines, capturing basic forms and proportions.

#### Continuous line drawing

It's a great way to create form.

Get your life model to pose in a position. Draw the figure without lifting your pencil/pen from the page. This makes you create additional lines and internal shapes.

#### Blind contour drawing

This is a great way to observe shapes closely.

Get your life model to pose in a position. Draw the figure without looking at the piece of paper. This makes you study the object closely, observing shapes and edges with your eye.



A Banbridge Academy Student's line drawing

### Tips

- Make lots and lots of drawings
- Try different sizes of paper
- Move around the life model
- Experiment with as many different drawing tools as you can
- Don't rub out make another









# Tips

 Try turning the line 3D by using string or wire instead of a pencil.





Legs Static — FE McWilliam, 1978

## Techniques

Paper sculpture is a great way to make simple abstract forms 3D. Paper sculpture techniques include fringe, folding, chains, spirals, curling feather, spring, cones, cylinders and cutting or tearing shape edges.



#### Source

Legs Static



### **Materials & Tools**

- Scissors
- Pencil and paper/ sketch pad for drawing
- Paper or light card
- Glue or tape

Have all your materials ready to start your abstract figurative form



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# 2 Start with a line drawing

Create a series of line drawing of the sculpture 'Legs Static'.

**Note:** Pencil is only required for drawing – not needed for creating forms out of paper.





#### 3 Create your paper sculpture

Use your drawings as a guide to cut paper or light card to create your main form/ shape. Add more shapes to complete your figure. Fix your figure together with glue or tape.







**Stage 3: Wire Armature** 



Princess Macha — FE McWilliam, 1957

## Stage 3: Wire Armature Techniques



#### Source

Princess Macha



# Materials & Tools

- Wire cutters and safety glasses
- Pencil and paper/ sketch pad for drawing
- Approx 4 metres of 1.0 mm/2,00 mm wire (thick but bendable)

#### **Health and Safety**

Have plenty of room to work with long pieces of wire and wear eye protection.



Cut your wire into two lengths of approx 2 meters





Bend the wire in half. Fold down the ends of both length of wire for safety.





3 Head

At the bend of the wire create the head by twisting together. Head is approx. 3cm.





First make the shoulder (approx 3cm) by bending the wire up to the head, then bend straight for the forearm (approx 6cm). Repeat this step again on the other side.







## 5 Hand and arms

Fold the wire back to create a small loop for the hand and twist the wire back on itself to the shoulder point. Repeat this step again on the other side.



#### Body 6

Create the body shape by bringing the two pieces of wire together (body length is 6 cm to the hips).

Twist at this point. Create the hip approx 3 cm twist and squash up to make the hips.





### Stage 3: Wire Armature



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# 7 Legs

#### Measure the wire up to the head approx 9cm

Like the arm, make a small loop for the foot and twist up to the hip. Repeat this step again on the other side.



Try this technique to make a wire armature of Princess Macha



# 8 Wrap

The wire left will be coming out of the hips. Use this wire and add more to loosely wrap around the whole body to add depth and shape.





# Stage 4: Malleable Materials on Armature



Example Princess Macha Materials used: String and wire

## Stage 4: Malleable Materials on Armature techniques



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#### Source

Princess Macha



#### **Materials & Tools**

- Masking tape
- Modelling Clay or wax
- Clay tool optional

## Pose the wire figure

Pose your wire figure you have already created in stage 3 (Wire Armature). You may want to attach the feet hoops to a piece of card or wood block with a stapler.



# 2 Fill in gaps

Fill in large gaps with masking tape or tin foil.



### Stage 4: Malleable Materials on Armature techniques

#### **3** Add clay or wax

Add the clay or wax to armature to cover whole figure. Finish the figure by adding detail using your hands or clay tools.



#### Tips

Use a hair-dryer to warm the wax / modelling clay, makes it easier to smooth and shape

You can also use other materials instead of clay or wax like string tinfoil masking tape Mod rock etc

> Try this technique on the wire armature of Princess Macha







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#### Stage 4: Wire and Malleable Materials



#### Source

Banner Series



## Materials & Tools

- Safety equipment:
  Eye protection
- Wire cutters
- Pencil and paper/ sketch book
- 1.0mm wire bendable and fine wire
- Masking tape
- Modelling material: Clay, wax, mod rock or other materials
- Optional wooden board to secure your wire figure on
- Clay tool





Create an outline drawing of the figure as a guide for the sculpture.





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### Note

 The figure will get smaller due to the twisting of the wire



Bend and twist the wire to pose the figure. Attach the wire figure to a base if needed. Add body and shape by loosely wrapping wire around the whole body.





# 6 Layer up

Finish by adding another layer over masking tape like mod rock, clay, string etc.





# Stage 5: Casting



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Chocolate Soldier — FE McWilliam, 1977

# Stage 5: Casting — Sand Relief Techniques



#### Source

- Chocolate Soldier



#### **Materials & Tools**

- Clay sand and tray
- Objects
- Plaster of paris
- Jug, spoon and water for mixing
- Cleaning paint brush and carving knife

#### **Health and Safety**

Always follow pack instructions when making plaster. Never pour plaster down a sink.



Empty the clay sand into the tray. Get your object and press it into the sand to make a relief

Take the objects from the sand to leave an imprint.



### 2 Mix plaster

Mix up the plaster of paris, ratio 1½ plaster to 1 part water. Note: add the plaster into the water gradually and stir add more plaster if needed.



# **3** Pour the plaster

Pour the plaster in to the sand mould and wait for it to set before removing it from the sand.

Remove the plaster from the sand, brush the sand of the cast and use a craft knife to take away excess plaster.

To add detail, you can carve into the plaster with a knife it also can also be painted.





## Stage 5: Casting — Clay Relief Techniques



#### Source

- Chocolate Soldier



#### **Materials & Tools**

- Modelling clay
- Objects
- Plaster of paris
- Jug, spoon and water for mixing
- Cleaning paint brush and carving knife

## Health and Safety

Always follow pack instructions when making plaster. Never pour plaster down a sink.

# If you don't have clay sand, you can use clay to make a relief mould

# Roll

Roll out the clay and cut into a square.



# 2 Press the object

Create a design by pressing object in the clay to leave an imprint.











Prepare the plaster and pour in to the mould. Allow to set hard.



# Stage 5: Casting — Clay Relief





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#### Stage 5: Casting — Sand Relief



# **Lesson Plan**

#### Source

- Chocolate Soldier



#### **Materials & Tools**

- Clay sand and tray
- Modelling clay, objectschocolate box trays
- Cleaning brush
- Carving knife
- Paint
- Optional mod rock
- Plaster of paris
- Jug, spoon and water for mixing

#### **Health and Safety**

Always follow pack instructions when making plaster. Never pour plaster down a sink.



Empty the clay sand into the tray. Get your object and press it into the sand to make a relief. Take the objects from the sand to leave an imprint.



### Mix the plaster

Mix up the plaster of paris, ratio 1½ plaster to 1 part water. Note: add the plaster into the water gradually and stir add more plaster if needed.



### Stage 5: Casting — Sand Relief



## **3** Pour plaster

Pour the plaster in to the sand mould and wait for it to set before removing it from the sand.



# 4 Remove plaster when set

Remove the plaster from the sand, brush the sand of the cast and use a craft knife to take away excess plaster.





To add detail you can carve into the plaster with a knife. It can also be painted.



# **Experiment more**

Why not try creating more sculptures from found or recyclable objects, like this FE McWilliam sculpture.



Created by FE McWilliam Gallery and Studio, Deborah Malcomson, and Andy Henry

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